In ovo application of antagomiRs indicates a role for miR-196 in patterning the chick axial skeleton through Hox gene regulation

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Patterning of the vertebrate axial skeleton requires precise spatial and temporal control of Hox gene expression during embryonic development. MicroRNAs (miRNAs) are recently described modulators of gene activity, and members of the miR-196 and miR-10 families have been shown to target several Hox genes in vivo. Testing miRNA function in mice is complicated by potential redundancy between family members. To circumvent this, we have developed protocols for introducing modified antisense oligonucleotides (antagomiRs) in ovo during chick development. Using this approach, we identify a layer of regulatory control provided by the miR-196 family in defining the boundary of Hox gene expression along the anterior-posterior (A-P) embryonic axis. Following knockdown of miR-196, we observe a homeotic transformation of the last cervical vertebra toward a thoracic identity. This phenotypic alteration is, in part, due to an anterior expansion of Hoxb8 gene expression and consolidates in vivo relevance of post-transcriptional Hox gene regulation provided by miRNAs in the complex hierarchies governing axial patterning.

The distinct morphologies of vertebras in different regions of the spine are essential to enable the axial skeleton to perform its structural and protective functions. Individual vertebra arise from a serially repeating unit, the somite, which itself is generated following sequential segmentation of a region of the caudal embryo known as the presomitic mesoderm (PSM). Although nascent somites appear morphologically homogenous regardless of A-P position, classic heterotopic grafting experiments indicate that all of the required information regarding their final A-P position is imparted at presegmentation stages (1). The nature of this positional information is thought to be largely a reflection of a cell’s combinatorial Hox gene expression at a given axial level (2).

Hox genes are transcription factors orthologous to the HomC genes in Drosophila. When the function of these genes is altered, the insects exhibit striking alterations where one segment, or a part of a segment, develops with the morphology normally characteristic of a different segment. Such structural alterations are known as homeotic transformations (3, 4). Over the course of vertebrate evolution, a single ancestral HOM complex underwent duplication to produce four gene clusters, which when combined with gene loss within clusters resulted in the 39 Hox genes found in all extant mammals. Each cluster, HoxA through HoxD, contains 9–11 protein-coding genes dispersed among 13 paralogous groups. Within each cluster, all genes are transcribed in the same 5′-to-3′ orientation, allowing the clusters to be considered as having a 5′ and a 3′ end. This unique chromosomal organization facilitates coordination of Hox-cluster expression, such that genes located at the 3′ end of the cluster are expressed more anteriorly and earlier, whereas genes more 5′ are expressed progressively more posteriorly and at later stages of development (5, 6). This temporal and spatial colinearity of Hox gene expression, when coupled to a steady rate of PSM expansion and segmentation, establishes a staggered yet overlapping arrangement of Hox gene expression along the A-P axis.

A little-discussed but important aspect of this mechanism to consider is that it is initially not very robust. The spatial domains of Hox expression established during PSM segmentation do not precisely align with the somite boundaries and, moreover, at the edges of the Hox gene expression domains, gene activity is graded rather than being sharply delineated. This implies that there must be additional regulatory mechanisms to reproducibly achieve accurate regional identities. Indeed, in addition to global and local cis-regulatory elements, which drive colinear Hox expression, other layers of control are known to exist to regulate the final Hox protein output of a cell, however, they remain poorly defined. An important class of regulatory molecules that could potentially serve to sharpen and align Hox expression domains in the developing axial tissue is the miRNAs.

miRNAs are approximately 23 nucleotide RNA species that bind to even shorter complementary sequences generally in the 3′UTR of protein-coding transcripts to negatively regulate their expression (reviewed in ref. 7). In some cases, miRNAs appear to function to reinforce developmental decisions, dampening inappropriate expression of miRNAs in tissues where they do not belong, rather than as primary determinants of gene activity or cell fate (8–12); reviewed in (13). Intriguingly, two miRNA gene families are present, each with several members, within the Hox clusters themselves, and moreover have been shown to target multiple Hox genes. mir-10a and mir-10b lie upstream of Hox4 paralogs, and their genomic position and sequence is conserved in the Drosophila Hom complex (14). The mir-196 family members, of which there are three, lie upstream of Hox9 paralogs in the A, B, and C clusters (15). Although mir-196 appears only in vertebrate lineages, a distinct miRNA, mir-ia8-4, is present at the syntentic region in Drosophila and targets the more 3′ gene Ubx with miRNAs produced from both DNA strands (15–19). Both of these miRNA families target multiple Hox genes, however, there is bias such that the majority of their targets are genes located more 3′ in the cluster than themselves (15, 20–22). Thus expression of miRNAs encoded at a particular locus within a Hox cluster will limit activity of Hox genes 3′ to that locus, while leaving intact the activity of Hox genes lying 5′ to that locus. This, in principle, could serve to reinforce the general phenomenon of axial patterning.
known a “posterior prevalence,” the phenotypic dominance of 5’ Hox genes over 3’ Hox coexpressed in the same cell (21).

Although targets of miR-10 and miR-196 have been predicted in silico, and in some cases experimentally supported in vitro, loss-of-function studies to address the in vivo relevance of these interactions is complicated due to the potential redundancy between different miRNA family members. Each of these two miRNA families shares near identical sequence and the same predicted targets. Moreover, each parologue of mir-10 and of mir-196 lies in an equivalent location within their respective Hox clusters, and are likely regulated spatially and temporally like the adjacent Hox genes (20). Thus genetically determining the function of the Hox-embedded miRNAs in mice would potentially require constructing double or triple knockouts. To circumvent this issue and get at least an initial indication of the in vivo role of the Hox-embedded miRNAs in higher vertebrates, we turned to a knockdown strategy.

A modified antisense oligonucleotide technology (antagomiRs) has been described that is capable of efficiently and irreversibly knocking down miRNA function when applied systemically in adult mice (23). Due to its accessibility, we reasoned that the chicken embryo might be a context where these reagents could be readily used. First, to assess efficiency of delivery methods, we monitored the distribution of a fluorescently labeled 5’-Cy3-antagomiR following injection in ovo. For this analysis we used a control antagomiR complementary to miR-122, a liver-specific miRNA that would not be predicted to disrupt early developmental functions. Fluorescence signal was detected immediately throughout the circulatory system following injection into the extra-embryonic vitelline vein of stage-14–18 chick embryos (Fig. 1A). Weak signal could be observed within the embryo proper up to 27 h post injection. Given our interest in targeting progenitors of the axial skeleton, we also attempted a more localized method of antagomiR delivery, directly into the presomitic mesoderm of stage 11–12 embryos (Fig. 1B). High-level fluorescent signal could be observed extending beyond the injection site, although with a clear caudal bias at 27 h post injection (Fig. 1B) and maintained up to at least 44 h. Stability of fluorescence conjugation to the antagomiR has been assessed in other in vivo settings and fluorescence signal shown to correlate to active antagomiR function (24).

To establish the general applicability of the approach we wanted to judge the ability of antagomiRs to appreciably knock down levels of even relatively highly expressed miRNAs. We therefore chose to assess miR-206, which exhibits high expression in the somitic subcompartment the myotome (25) and whose
distinctive spatial distribution can be easily detected by whole-mount in situ hybridization using locked nucleic acid (LNA) riboprobes (26). Embryos were injected either systemically or directly into the PSM as above, and assessed for miRNA expression 2 days post injection (stage 21–22) (Fig. 1C). Strong myotomal expression of miR-206 in uninjected embryos was no longer detected following systemic injection of antagomiR206 (n = 5/5). A significant reduction also was observed following PSM injection (n = 5/5), although the loss of detectable miR-206 expression was highest near the site of injection (green arrow head) and faint striped miR-206 expression could still be detected in the anterior-most somites (black arrow heads). Together, these data suggest that antagomiR-based technology could be adapted to provide a rapid and efficient method for assessing developmental roles of individual miRNA families in the chick. These results encouraged us to use the method to examine the in vivo role of miR-196.

Knockdown of miR-196 in Ovo Results in Vertebral Transformations at the Cervical-Thoracic Boundary. To assess a potential role for miR-196 in patterning of the axial skeleton, we knocked down miRNA levels via localized delivery of antagomiR196 into the PSM. This method was chosen because it allowed unilateral treatment and hence direct comparison of skeletal morphology on the left and right sides of the embryo. The three chick miR-196 genes share 100% sequence similarity across the entire mature miRNA, and thus our antagomiR approach will simultaneously knock down all miR-196 species.

Embryos were unilaterally injected in the PSM with a single dose of antagomiR196 or a control antagomiR122 at stage 11–12 of development, a timepoint correlating to generation of mid-cervical (prevertebrae pv8), and more caudal vertebrae. Day 11 skeletons were assessed for deviations from a wild-type axial body pattern of 14 cervical, 7 thoracic, 4 lumbar, and up to 19 sacral vertebral. Phenotypic variation of individual vertebral identity was assessed on the basis of the shape of the vertebral body and the presence or absence of a rib. Vertebral identities were compared to the standard avian axial formula, and deviations were scored as transformations. In contrast, the majority of C14 transformations in antagomiR196-injected embryos were unilateral, on the injected (right-hand) side of the embryo, and consisted of a large rib process that was beginning to ossify as indicated by the presence of alizarin red (Fig. 3A). Unilateral left-hand side ectopic C14 ribs were never observed. In addition, we observed posteriorizing transformations at C2, with the appearance of C3- and C4-specific foramina. However these occurred at a frequency similar to that seen in uninjected/control embryos, suggesting that this alteration reflected natural variation.

We also analyzed the occurrence of vertebral transformations following systemic knockdown of miR-196 by a single dose of antagomiR196 injected through the vitelline vein at stage 14–18. The same trend of increased C14 to thoracic transformation was observed as seen with the localized injections (Fig. S1), although given the number of injections performed the deviation from wild type did not reach statistical significance. Systemic injections were not pursued further as no additional phenotypes were observed by this approach, and because unilateral effects could not be used to help parse out induced transformations from natural variation.

Decrease in miR-196 Activity in Ovo Results in Upregulation of Predicted Target Gene Expression. According to current predictions, the miR-196 family may target at least nine Hox genes in chick (Hoxb1, Hoxa5, Hoxb6, Hoxa7, Hoxb7, Hoxb8, Hoxc8, Hoxa9, and Hoxb9) (21, 28), and a number of these have been supported experimentally (10, 15, 20). In most vertebrates, Hoxb8 has extensive complementarity to the miRNA, which leads to mRNA cleavage in the center of the site (15). Although in chick this extensive complementarity has been replaced by a more typical seed-pairing interaction, Hoxb8 mRNA degradation following miR-196 overexpression has been demonstrated (10). We therefore assessed the mRNA localization of Hoxb8 in chick 4–6 h following antagomiR injection. We observed a shift at C14 was observed in 22/49 (45%) of antagomiR196 embryos, which was higher than that observed in either uninjected (5/75; 7%), or control-antagomiR-injected (9/72; 12.5%) embryos (Figs. 2 and 3C). Low-level variation in the axial formulae between wild-type individuals has been observed previously (27), and we observed this particularly at both thoracic transition points (Fig. 2). However, the low-frequency C14 transformations observed in uninjected or control-injected embryos almost always consisted of very short bilateral unossified cartilaginous elements. In contrast, the majority of C14 transformations in antagomiR196-injected embryos were unilateral, on the injected (right-hand) side of the embryo, and consisted of a large rib process that was beginning to ossify as indicated by the presence of alizarin red (Fig. 3A). Unilateral left-hand side ectopic C14 ribs were never observed. In addition, we observed posteriorizing transformations at C2, with the appearance of C3- and C4-specific foramina. However these occurred at a frequency similar to that seen in uninjected/control embryos, suggesting that this alteration reflected natural variation.

Fig. 2. Homeotic transformations of the axial skeleton observed following PSM antagomiR196 injection. Homeotic transformations observed for each individual vertebral segment, expressed as a percentage of total embryo number for each condition. The asterisk represents statistical significance (p value <0.05) of the frequency of defects at a given position, calculated by Fisher’s Exact Test.
in the anterior boundary of Hoxb8 on the injected (right-hand) side of the embryo \( (n = 8/15) \) (Fig. 3D). Moreover, the anterior boundary appeared more graded in these cases, with a less abrupt transition from Hoxb8-expressing to Hoxb8-nonexpressing somites (Fig. 3D). This anterior shift of approximately 1–3 somites correlates well with the anterior extent and unilateral nature of the observed phenotype. It is highly likely that the phenotype results from a combined derepression of multiple Hox transcripts, including Hoxb6, Hoxa7, and Hoxb7 in addition to Hoxb8.

**AntagomiR Injection Results in Vertebral Malformation.** In addition to homeotic transformations, numerous malformations of vertebral elements were observed following PSM-injection of either antagomiR196 or control antagomiR (Fig. 4). These malformations included defects in both vertebral segmentation and formation, ranging from minor alterations in transverse process morphology to more severe cases of split vertebrae, hemivertebrae and vertebral fusions (Fig. 3B). We also observed numerous alterations in rib formation such as fused (Fig. 3B) or absent ribs. With the possible exception of C6 vertebrae, no significant difference in vertebral malformation number was observed across the axial skeleton when comparing antagomiR196- and control antagomiR-treated embryos, suggesting such malformations are a nonspecific consequence of PSM antagomiR treat-

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ment. Nonetheless, analysis of vertebral malformations following systemic antagomiR delivery indicated a statistically significant increase of antagonimR196-induced malformation of 10 vertebral segments, suggesting a role for miR-196 in later aspects of vertebrae differentiation (Fig. S1). The discrepancy observed between alternate injection techniques will await clarification following complete genetic removal of miR-196 in mouse.

Discussion

We demonstrate here the in ovo application of antagomiRs to successfully knock down miRNA function in chick embryos. Using this technique we have uncovered a role for miR-196 in refining the anterior extent of somitic Hoxb8 expression and consequently, in appropriate regionalization of the axial skeleton.

In Ovo Knockdown of miRNAs Using AntagomiRs. Knockdown of miRNA function, revealing a proneurogenic role for miR-124 in the early chicken embryo, has previously been achieved following electroporation of either LNA-stabilized (29) or 2′-0-methyl modified (30) antisense oligos into the developing neural tube. This delivery method however is not suited to many embryonic contexts. The success of systemic antagomiR delivery in mouse for knocking down miRNA expression across a wide range of adult tissues (23) prompted us to trial this technology, and indeed, we show a dramatic reduction in miRNA detection following systemic or more localized delivery in chick embryos (Fig. 1). It is possible that the observed reduction in miR-206 detection following antagomiR treatment represented either miRNA degradation (31) or competitive inhibition of its transcript by the antagomiR. However, even in the latter case, the continued presence of the antagomiR would likely allow it to interfere with binding to its target, just as it would with the microRNA from the hybridization probe. Moreover, our functional analysis strongly suggests that the loss of miRNA signal in the in situ hybridization correlates with a loss of miRNA activity in vivo. The methods described here coupled with the wealth of information currently being generated from deep sequencing and in situ hybridization screens detailing tissue-specific miRNA expression in chick (25, 33, 34) will enable rapid functional assessment of individual miRNAs during development. These approaches will complement lengthier knockout approaches in mouse, or may help elucidate species-specific miRNA functions given the observation of miRNAs unique to the avian lineage (34), as well as the divergence of some miRNA expression patterns between species (35).

miR-196 Regulates Hox Expression and Vertebral Identity. Given the widespread predicted regulation of Hox genes by miR-196, we have focused our knockdown studies on addressing the role of this miRNA family in patterning the axial skeleton. Many of the Hox genes predicted to be targets of miR-196 are known to influence vertebral identity at the thoracic level; however interpretation of the Hox code at this axial level is not straightforward. Analogous to homeotic phenotypes in fly, loss of Hox function often results in anterior transformations while gain of Hox function into more anterior domains leads to a posteriorizing effect. Contrary to these general trends, Hoxa5, a target of miR-196 in chick, exhibits posteriorization upon loss of function (36) suggesting derepression of this gene is unlikely to contribute to the observed phenotype following miR-196 loss-of-function. Conversely, a T1 to C7 transformation is observed in Hoxa6 single and Hoxa7;Hoxb7 double mutant embryos (37, 38). These genes are predicted targets of miR-196, Hoxa7 harboring up to five conserved 8-mer binding sites for this miRNA family (21). The sufficiency of these Hox genes to posteriorize when ectopically expressed in a more anterior location has been tested at least for Hoxb7, and indeed, ectopic rib formation was observed on the last cervical vertebrae (39). Similar extension of the anterior boundary of Hoxb8 led to dramatic homeotic transformations, with ectopic ribs observed on up to five cervical vertebrae (40). Our observation that loss of miR-196 leads to a derepression of Hoxb8 expression in more anterior somites thus provides at least partial mechanistic insight into the observed phenotype.

Mechanism of Regulation of Hox Targets by miR-196. With such extensive predicted Hox gene regulation, it is somewhat surprising that the phenotype we observe is relatively subtle. While this may be a reflection of the transient knockdown approach, it does fit well with increasing data across many species that miRNAs themselves sometimes do not drive cell fate specification, but rather, act to fine tune or reinforce genetic pathways during development (8, 9, 12, 13). In considering this, it is important to address the degree of coexpression between a miRNA and its targets. The expression domain of miR-196, while broadly conforming to Hox cluster constraints (20) is yet to be precisely defined. Its positioning between Hoxb9 and 10 paralogs along with the overlapping nature of axial Hox gene expression suggests miR-196 will be, perhaps to a large extent, coexpressed with its target Hox transcripts. In addition to this, the location of miR-196 paralogs more 5′ in the cluster than any of its target hox genes (21) would predict that miR-196 expression will extend more posteriorly, and at this location may prevent aberrant posterior expansion of these target genes ("fail-safe" interaction). In support of a fail-safe interaction, miR-196 is known to prevent spurious Hoxb8 expression in the developing vertebrate hindlimb (10). In Drosophila, miR-iab-4 exhibits a largely reciprocal pattern of expression with its target Ubx, although some areas of overlap do exist (16). Loss of miR-iab-4 function yields a subtle posterior expansion of Ubx expression in the nerve cord (19), consistent with our own subtle phenotype. The lack of posterior axial defects does not rule out a role for miR-196 in shaping the posterior limit of target Hox gene expression. It is possible that, given the early stage of our injections, by the time more caudal axial progenitors are being specified the level of miR-196 is too low to confer a significant level of repression. However, even in the latter case, the continued presence of the antagomiR would likely allow it to interfere with binding to its target, just as it masks the microRNA from the hybridization probe. Moreover, our functional analysis strongly suggests that the loss of miRNA signal in the in situ hybridization correlates with a loss of miRNA activity in vivo. The methods described here coupled with the wealth of information currently being generated from deep sequencing and in situ hybridization screens detailing tissue-specific miRNA expression in chick (25, 33, 34) will enable rapid functional assessment of individual miRNAs during development. These approaches will complement lengthier knockout approaches in mouse, or may help elucidate species-specific miRNA functions given the observation of miRNAs unique to the avian lineage (34), as well as the divergence of some miRNA expression patterns between species (35).

Our experiments would suggest; however, that miR-196 acts to refine the anterior boundary of Hox target gene expression. miR-196 expression within precursors of vertebrae at the cervical-thoracic transition is likely given that murine Hoxb9, to which mir-196a-1 is tightly associated genomically, is expressed very early in development with an anterior limit of pv3, and that murine loss-of-function phenotypes for Hoxa9;Hoxb9 affect T1 and T2 rib process morphology (41). In addition, all three miR-196 genes in mouse have been identified as part of longer multigene transcripts, in each case cotranscribed with more anterior Hox genes one of which is a known miR-196 target (42).

The question therefore arises, why is miR-196 function opposing Hox transcriptional output at the anterior boundary of target gene expression? While each vertebrae is unique, the transition from one vertebral subtype to another involves a significant switch in the quantitative and qualitative Hox code (27). Even though robust, the cis-acting elements driving collar Hox expression do not act at high enough resolution to eliminate all fluctuations in the system, as indicated by low level variation in axial formulae (Fig. 2). Fluctuations in Hox expression level would be most apparent when a gene is at low levels within the cell, for example, when expression is initiated. The coexpression of miR-196 would dampen protein output of its Hox target genes, thereby setting higher the threshold of transcriptional output needed to influence vertebral identity. This higher threshold might be achieved more reliably than would a
lower one because it would not be subject to the stochastic fluctuations associated with a fewer number of transcripts (43, 44). In this way miR-196 could be a key component of a system that specifies the crisp transition between nonrib-bearing cervical and rib-bearing thoracic vertebrate.

Materials and Methods

Embryo Manipulation. Chick eggs (SPAFAS) were incubated at 38 °C and staged according to (45). Systemic administration of antagoniRs was achieved by injection into the extra-embryonic vitelline vein of stage 14–18 chicken embryos. Localized administration of antagoniRs was achieved by injection into the presomitic mesoderm of stage 11–12 chick embryos. Following injection, embryos were reincubated until day 10–11 and then processed for skeletal staining as previously described (46).

Analysis of Skeletal Phenotypes. Skeletons were assessed for deviations from a wildtype axial body pattern of 14 cervical (C1–C4), 7 thoracic (T1–T7), 4 lumbar (L1–L4) and up to 19 sacrocaudal (S1–Cn) vertebrae. Phenotypic variations of individual vertebrae were scored as either a transformation or a malformation. Unilateral, bilateral, partial, or complete homoeomorphic transformations were grouped together and counted equally in the scoring. Abnormalities that could not clearly be recognized as a transformation were counted as malformations. Deletions of caudal (coccygeal) vertebrae were treated separately as a single malformation rather than malformation of each missing segment. P-values for the significance of the frequency of defects at each vertebral segment between experimental and control treatments were obtained by Fisher’s Exact test.

AntagomiR Synthesis. AntagomiRs are 3'-cholesterol-conjugated ribonucleic acids with the following stabilizing backbone chemical modifications: 2'-O-methyl and 2'-O-acycyclohexyl. AntagomiRs are 3'-terminal phosphodiester linkages with the following stabilizing backbone chemical modifications: 2'-O-methyl and 2'-O-acyclocyclohexyl. Oligonucleotides with sequences complementary to mature miRNAs are synthesized and RP-HPLC-purified (Regulus or Dharmacon), dissolved in water, and injected at 2 mg/mL (PSM injection) or 4.5 mg/mL (systemic injection) in sterile phosphate buffer saline. PSM injection has the advantage of higher local concentration of antagoniRs within axial presomites resulting in a higher efficiency of vertebral transformations, however, non-specific vertebral malformations were observed. Systemic injection of approximately equivalent antagoniR concentration overcame this issue of non-specific malformations, however diffusion throughout the animal resulted in a reduced efficiency of specific phenotypic alterations. Three separate controls were tested in these experiments (antagomiR122, antagomiR375, and antagomiR223) and were chosen based on the restricted expression profiles of their target miRNAs to the liver (miR-122), pancreatic islet cells (miR-375), and myocardium regions of the hematopoietic system (miR-223). As such, we would predict these antagoniRs will not influence patterning of the axial skeleton and consistent with this, C14 transformations were not observed following injection of any individual control antagoniR. For systemic injections, data were obtained using both antagoniR375 and antagoniR223, and the data for antagoniR375 is presented given the missing injections were performed for this control.

AntagomiR196 5'-CCAGAGAGGACCUACUGACCUCA 3' 5'-GAACGCGACCCAGAAGAGAAAAGAGAGACCC 3'. For systemic injections, data were obtained using both antagoniR196 and antagoniR223, and the data for antagoniR196 is presented given the missing injections were performed for this control.

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Fig. S1. Homeotic transformations and malformations of the axial skeleton observed following systemic antagoniR196 injection. Homeotic transformations (A) and vertebral malformations (B) observed for each individual vertebral segment, expressed as a percentage of total embryo number for each condition. The asterisk represents statistical significance (P value < 0.05) of the frequency of defects at a given position, calculated by Fisher’s Exact Test.