High-strength silk protein scaffolds for bone repair

Biman B. Mandala, Ariela Grinberg, Eun Seok Gil, Bruce Panilaitis, and David L. Kaplan

Biomaterials for bone tissue regeneration represent a major focus of orthopedic research. However, only a handful of polymeric biomaterials are utilized today because of their failure to address critical issues like compressive strength for load-bearing bone grafts. In this study development of a high compressive strength (~13 MPa hydrated state) polymeric bone composite materials is reported, based on silk protein-protein interfacial bonding. Micron-sized silk fibers (10–600 μm) obtained utilizing alkalai hydrolysis were used as reinforcement in a compact fiber composite with tunable compressive strength, surface roughness, and porosity based on the fiber length included. A combination of surface roughness, porosity, and scaffold stiffness favored human bone marrow-derived mesenchymal stem cell differentiation toward bone-like tissue in vitro based on biochemical and gene expression for bone markers. Further, minimal in vivo immunomodulatory responses suggested compatibility of the fabricated silk-fiber-reinforced composite matrices for bone engineering applications.

microfibers | composite scaffold | tissue engineering | osteogenesis | regenerative medicine

Bone defects, both large and small, from nonunions or trauma, pose a significant challenge and often require surgical intervention (1). In the United States alone, 1.3 million people undergo bone graft surgeries each year for skeletal defects either from accidents or disease (2). However, current treatments mostly rely on autografts or allografts but have associated risks, with autografts needing an additional surgical site and limits to supply, and allografts having potential risks of disease transmission and long-term complications (3–5).

Tissue engineering represents a promising solution toward repair and replacement of these diseased and damaged bone tissues with engineered grafts. Toward this goal, a wide range of natural and synthetic biodegradable polymers has been investigated, including hyaluronic acid, chitosan, poly(L-lactide-co-glycolide) (PLGA), polycaprolactone (PCL), and poly(methylmethacrylate) (PMMA), as well as several ceramic materials such as calcium phosphate, calcium sulfate, and bioactive glass (5–10). Each of these materials presents limitations in achieving the requirements for bone repair scaffolds.

To improve on the mechanical properties and osteoinductive potential of bone scaffold materials, the use of composites has been widely explored. The use of ceramic materials such as tri-calcium phosphates, hydroxyapatite (HAP), or bioactive glass as inclusions in polymer matrices is often used to enhance mechanics (9, 11–13). Similarly, studies using reinforcing silk particles (fabricated by milling) into a silk matrix resulted in improved scaffolds for bone applications with compressive properties in hydrated state of approximately 3 MPa, improving the ingrowth of human bone marrow-derived mesenchymal stem cells (hMSCs) in vitro toward forming bone-like tissues (14–16).

Currently, bone graft/scaffold engineering using silk biomaterials has received increasing interest as an alternative option (14, 15, 17, 18). However, toward, this goal several biological parameters need to be met including biocompatibility, biodegradability, surface roughness, porosity, osteoconductivity, and above all high mechanical integrity (4, 14, 15). However, many challenges remain to satisfy an optimally functional bone regeneration scaffold system (19). Perhaps the biggest challenge is the need for polymer biomaterials to meet the high compressive properties of bone, a prerequisite to function in vivo (14, 15, 20).

Silk fibroin from Bombyx mori was chosen as the protein for the current study due to its desirable properties including biocompatibility with low inflammatory and immunogenic responses (17, 18, 21–25). The unique β-sheet (crystalline)-rich structure imparts high stiffness and toughness to silk biomaterials, making it a useful biopolymer for bone engineering applications (23).

In our prior studies we reported ultimate tensile strength values between 610 and 690 MPa for silk filaments, compared to 0.9–7.4 MPa for rattail-type I collagen and 28–50 MPa for polylactic acid (PLA), respectively (23). Similarly, a modulus between 15 and 17 GPa for silk was reported and compared to 0.0018–0.046 GPa for collagen, and 1.2–3.0 GPa for PLA (19). Silk has achieved US Food and Drug Administration approval for some medical devices. Additionally, due to the amphiphilic features, postprocessing of silk into various material formats including films, scaffolds, fibers, hydrogels, and sponges is feasible with tunable degradation properties for biomaterial and tissue engineering applications (21, 22, 26).

In the present study, the goal was to improve the compressive properties of silk scaffolds to match the requirements for bone. The approach was to exploit silk microfiber reinforcements as a step toward orthopedic biomaterials for repairs. Toward this goal, a unique silk hydrolysis method was developed to fabricate micron-sized silk fibers as fillers with a silk matrix for reinforcement. The effects of fiber length and content on compressive properties of these unique silk protein-protein composite materials were investigated based on the strong protein-protein interfacial bonding between the two silk phases. Subsequent studies focused on the compatibility of these systems for hMSC differentiation for bone tissue engineering applications.

Results and Discussion

Previous in vivo and in vitro studies using porous silk scaffolds have shown potential toward reconstruction of bone and bone-related grafts due to the intrinsic high mechanical strength and robustness (17, 18, 21, 22, 26, 27). However, greater strength was desired to match bone requirements, thus newer strategies would not only help to reduce bone graft failures but would also provide an alternate option of using scaffolds as direct load-bearing supports to improve in vivo tissue engineering outcomes. To progress toward this goal of high-strength silk scaffolds, in this study a simpler method to achieve micron range fibers from degummed silk by alkali hydrolysis was identified. Subsequently these different sized (10–500 μm) silk microfibers were used to reinforce silk scaffolds, with the added benefit of the ability to

Acknowledgments

Author contributions: B.B.M. and D.L.K. designed research; B.B.M., A.G., E.S.G., and B.P. performed research; B.B.M. contributed new reagents/analytic tools; B.B.M., A.G., E.S.G., B.P., and D.L.K. analyzed data; and B.B.M. and D.L.K. wrote the paper.

The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

*To whom correspondence should be addressed. E-mail: david.kaplan@tufts.edu.

This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1119474109/-/DCSupplemental.

www.pnas.org/cgi/doi/10.1073/pnas.1119474109

PNAS | May 15, 2012 | vol. 109 | no. 20 | 7699–7704
control microfiber size and particle loading to investigate impact on mechanical properties toward bone tissue engineering.

**Silk-Fiber Formation.** Alkaline hydrolysis of proteins is a well-documented procedure. However, to our knowledge use of this process to generate microfibers from native silk fibers for reinforcement studies was unique, in that we could modulate and control the size of the microfibers obtained using a faster (in seconds) and cost-effective method compared with expensive and time-consuming conventional ball-and-jet milling methods (Fig. 1, Fig. 2) (16, 28, 29). The length of silk microfibers obtained in the process was inversely proportional to time of hydrolysis (Fig. 2A). The alkali (sodium hydroxide) initiates hydrolysis of amide bonds by conversion to a carboxylic acid and an amine or ammonia, which can be smelled during the reaction. Hydrolysis was faster with random chopping during the initial 0–15 s but became steady over time. After the initial 15 s, the average microfiber length obtained was 354 ± 84 μm, which dropped to 263 ± 67, and 191 ± 46 μm after 50 and 70 s, respectively (Fig. 2A). What is particularly interesting is the stepwise decrease in silk microfiber length, perhaps accounted for by the specific arrangement of the beta-sheets (crystallites) and less crystalline regions within the silk structure (30) (Fig. 1B). We can hypothesize that there is a sequential hydrolysis of silk regions more prone to the reaction, such as the noncrystalline domains. Some amino acids of silk [e.g., arginine (1% in silk) and serine (13% in silk)] are destroyed in the process, but others are racemized (31). This finding is further supported by the rapid exothermic hydrolysis reaction resulting in smaller microfibers in the 1,000 μm range within 5–10 s (Fig. 2A). Similarly, slowing down of the hydrolysis process as observed from the microfiber sizes obtained after the initial 15–20 s may be attributed to cleaving the more crystalline regions of the silk, due to the stronger hydrogen bonding, resulting in finer fibers (150–300 μm fibers between 50–720 s) (Fig. 1B, Fig. 2B). Further, upon supply of external heat (energy to break the bonds) faster hydrolysis with finer fibers of 10 ± 5 μm size was observed, presumably due to rapid cleavage of both less crystalline and crystalline silk regions (Fig. 1C) (30). In approximately 60 s, microfibers ranging 10–20 μm were obtained as compared to 100-μm plus-sized fibers after 720 s of normal reaction without external heating (Fig. 2A). This slight modification allowed us to fabricate a wider range of microfiber sizes of which three different groups, 10–20, 150–200, and 400–500 μm, were selected and designated as small, medium, and large microfibers, respectively, for the silk-fiber scaffold reinforcement studies reported here (Fig. 1C). However, during the course of hydrolysis fiber diameter was observed to remain within a range of 10 ± 2 μm except for hydrolysis with external heating where the fibers were fragmented to various smaller sizes (Fig. 1B and C).

**Reinforced Silk Scaffold Fabrication.** To fabricate microfiber-reinforced silk scaffolds, 25 wt% hexafluoroisopropanol (HFIP) silk solution was blended with equal amounts (1:1, HFIP:silk microfiber) or three times more microfibers by wt % (1:3, HFIP:silk-fiber). Similarly, HFIP-silk alone (25 wt %) was used to fabricate control scaffolds (without microfibers). In each ratio, three different types of reinforced scaffolds were fabricated using microfibers of larger (400–500 μm), medium (150–200 μm), and smaller (10–20 μm) lengths (Fig. 1C). Strong interfacial contact between blended polymers within a composite is critical for achieving higher stiffness (14, 32). Following a similar principle, silk was chosen as the common material for both the phases (fiber and bulk matrix) to achieve enhanced interfacial protein-protein compatibility as evident from the SEM images. By external observation, 1:1 scaffolds appeared more porous than 1:3 ratio scaffolds (Fig. 3). However, 1:3 ratio scaffolds were rougher in appearance compared to the 1:1 scaffolds. Porosity as calculated by the liquid (hexane) displacement method was approximately 88 ± 09, 82 ± 11, and 77 ± 08% for the reinforced scaffolds with larger, medium, and smaller microfibers, respectively, in the 1:1 ratio. For 1:3 ratios, the scaffold porosities decreased to 81 ± 08, 73 ± 10, and 69 ± 7% for the larger, medium, and smaller microfibers, respectively. In comparison, control HFIP-silk scaffolds showed the highest porosity of 90 ±13%. However, control scaffolds had thicker walls between pores in comparison to the microfiber scaffolds, which had open-ended, highly porous walls as evident from SEM (Fig. 3). Further, no evidence of phase separation was observed, demonstrating miscibility of silk microfibers with the silk matrix toward a strong composite via optimal interfacial contact (Fig. 3) (32).

Comparing SEM images, it is evident that the overall surface roughness, including the roughness of pore walls and interconnectedness, increased for both ratios of 1:1 and 1:3 upon the addition of larger microfibers when compared to smaller fibers, with an average pore size in the range of 500–600 μm (Fig. 3). Medium fibers showed an intermediate roughness, and smaller fibers had a more compact structure with less fibrous solid walls (Fig. 3). Bonded silk fibers can be seen intertwined throughout the scaffold making the surface rough and porous with good miscibility (14). This enhancement of roughness is an added advantage for these new composite scaffolds as interconnected porous structures are important for new bone tissue regeneration, allowing integration via adequate neovascularization and nutrient/metabolic waste diffusion (19, 27, 33). Further, using salt leaching, control over the range of pore sizes and geometry can be attained by choosing the appropriate salt grain size (in this study 500 μm grains were used) to mimic bone features related to distinct anatomical bone sites (34, 35).

**Biomechanics.** High mechanical stability is a prerequisite for load-bearing biomedical implants, especially for bone tissue engineering to withstand high compressive in vivo stresses. Although silk in its natural fiber form is considered a ductile and stiff polymer, its postprocessing and fabrication steps determine scaffold mechanical properties. In an attempt to achieve high compressive properties, silk microfibers were used in the present study as fillers along with a bulk silk matrix to achieve high-strength composite scaffolds. Use of such reinforcing fillers is a preferred
approach in engineering to enhance composite strength and has been reported for silk (14, 16, 36, 37).

Following testing in a hydrated state, acellular scaffolds of 1:3 ratios were found to be 4–5 times the modulus when compared to the 1:1 scaffolds (Fig. 2B). Due to higher fiber density in the 1:3 ratio, the modulus of the scaffolds with larger microfibers increased from 0.90 ± 0.11 to 10.64 ± 2.46 MPa (**P ≤ 0.01).

Similarly for scaffolds containing the medium and small microfibers, the values were enhanced from 3.62 ± 0.65 and 1.86 ± 0.21 to 9.79 ± 3.05 and 5.42 ± 1.18 MPa, respectively (**P ≤ 0.01). An approximate increase of 9.70, 6.10, and 3.50 MPa, respectively, for scaffolds reinforced with large, medium, and small microfibers (Fig. 2B). In comparison, control HFIP-silk scaffolds showed much lower modulus of 85.06 ± 32.62 kPa (**P ≤ 0.01). Because of the strong protein-protein cohesive bonding, higher compressive modulus values were achieved in fiber-bonded scaffolds (acellular) when compared to control HFIP-silk scaffolds (50–100-fold increase) (Fig. 2B). Interestingly, differences in compressive properties were observed with the different sized microfibers as well as the change silk-fiber content (Fig. 2B). Understandably, higher fiber amounts (1:1 vs. 1:3 ratios) led to greater packing density, yielding stronger composite scaffolds with higher mechanical properties (14, 16). However, using a similar fiber content (1:3 ratio), comparable high compressive values were obtained for scaffolds with the larger and medium fibers, in the range of approximately 10 MPa in the hydrated state (these values represent the strongest silk scaffolds to date), possibly due to the improved bonding of microfibers to the matrix as observed from SEM (Fig. 3). Further, these longer microfibers possibly help to bind better to the silk matrix by partial dissolution in the presence of HFIP (14). This binding in turn will help with more effective transfer of load during compression from the matrix to the reinforcement and help eliminate stress buildup, resulting in increased toughness and strength (16, 38). In comparison, smaller microfibers (with similar fiber content of 1:3) due to their short sizes, fail to make a larger connected composite mat, resulting in ineffective transfer of load during compression, and yielding lower compressive values (Fig. 3).

Studies using partially dissolved polyphosphazene have shown a similar effect after binding to nano-hydroxyapatite forming stronger reinforced scaffolds (39). Our results are in line with previous silk reinforcement studies using 1–5 μm silk particles obtained through milling, yielding compressive values of approximately 2.8 MPa under hydrated conditions (one-fourth of our
current values), confirming the role of fiber size/length on compressive properties (14, 16). In comparison, control HFIP scaffolds without microfibers showed lower compressive values of approximately 85 kPa, related to the presence of intermolecular hydrogen bonds between silk chains in the β-sheets induced due to methanol treatment (14, 16, 40). Utilizing these weaker hydrogen bonds within β-sheet nanocrystals, nanoconfinement of such smaller β-sheet nanocrystals in silk achieved higher stiffness, strength, and mechanical toughness as elucidated previously (41, 42). In combination with inherent silk fiber strength, compact fiber reinforcement led to enhanced compressive properties within the scaffolds.

When used in lower proportions to the silk matrix (as in 1:1 ratios), silk scaffolds with microfibers of larger size showed contrasting results (Fig. 2B). This behavior is possibly due to uneven packing, where smaller- and medium-sized microfibers, due to their greater numbers in comparison to the larger microfibers, distributed better, resulting in more even packing and stronger composites (−2–4 MPa) in contrast to larger microfibers (−1 MPa), which can leave gaps (observed during sectioning) resulting in lower compressive properties.

The importance of the high compressive data in the 1:3 ratio study group (in the hydrated state) is emphasized when compared with previously reported conventional degradable polymeric biomaterials like collagen, PCL, PLGA, chitosan, and gelatin intended for bone tissue engineering. Collagen in pure form is known to have low compressive properties in the hydrated state (2–150 kPa) and even in blends with osteoinductive hydroxyapatite (HA) and bioglass, porous scaffolds have shown low compressive properties in the range of 200 kPa and 2.97 MPa, respectively (43, 44). Further, using 4.8 wt % chitosan, 2.56 MPa was reached in scaffolds, and in combination with alginate (in equal ratios) there was an increase to 8.1 MPa when tested in the dry state (45). Similarly, PCL/HA and PLGA/β-tricalcium phosphate (β-TCP) scaffolds had values of 0.74 and 4.19 MPa, respectively, much lower than our current values with biodegradable silk scaffolds in the hydrated state (46, 47).

Further, a possible role of ECM toward mechanical improvements was evaluated using silk-fiber-reinforced scaffolds by culturing and differentiating hMSCs toward bone-like tissue. Enhanced biomechanics were observed due to possible deposition of ECM and mineralization as a result of osteogenic differentiation within scaffolds of all ratios and types over time [higher collagen, alkaline phosphatase (ALP) gene expression]. Our result agrees with previous studies using hMSCs on silk scaffolds toward enhanced biomechanics (15, 48, 49). With an increase of approximately 26%, compressive moduli of scaffolds with medium-sized microfibers reached a maximum of approximately 13 MPa followed by large and smaller sized microfiber scaffolds with enhancement of approximately 12% (~11 MPa), and approximately 29% in compressive modulus (~7.5 MPa), respectively (Fig. 2B). No statistical difference was observed between compressive values of larger and medium microfiber scaffolds. However, we expect compressive values to enhance further in longer cultures greater than the current study of 4 wk.

**Human Bone Marrow Stem Cell Proliferation and Osteogenesis.** Although significant improvements in compressive properties (−13 MPa) was observed, exceeding values needed for cancellous bone (−10 MPa), still these values are significantly lower than that of native cortical bone (−100 MPa) (14, 16, 28). Toward achieving such mechanical properties, we hypothesize to use these unique composite scaffolds as temporary, biodegradable support conduits for native cells to grow and replace with ECM, thus improving biomechanical properties over time. Cellular proliferation, osteogenic potential and in vivo compatibility were investigated. As compared to day 0 (seeding day), cells proliferated with time (Fig. 2D). From plotted normalized values, proliferation rate was steady after week one and two, possibly due to induction of osteogenesis within the scaffolds. Cell proliferation (normalized) was highest within the scaffolds in the control HFIP-silk scaffolds followed by the reinforced scaffolds with larger and medium microfibers, then lowest in case of smaller microfibers (Fig. 2B). In comparison to the controls, at the end of week four, the scaffolds with smaller microfibers showed approximately 15% fewer cells followed by approximately 4% and approximately 8% in the case of the larger and medium-sized microfiber scaffolds, respectively. The lower cell proliferation on microfiber scaffolds compared to controls may be due to lower

![Image](www.pnas.org/cgi/doi/10.1073/pnas.1119474109)

Fig. 4. Real-time gene expression conducted on silk microfiber-reinforced scaffolds seeded with hMSCs under differentiating conditions showing fold expression of osteogenic genes: (A) ALP, (B) Collagen 1a1, (C) OP, and (D) BSP. (Scale bar, 200 μm.) Data represents mean ± SD (n = 4), where **P ≤ 0.01 and *P ≤ 0.05.
porosity, hindering cell migration, and may be optimized using bigger salt granules during fabrication (Fig. 2D) (50).

In the present study, we observed hMSC differentiation (higher transcription levels of osteogenic markers) toward bone-like cells at an increased rate on the more rigid and rougher fiber-reinforced scaffolds when compared to the controls (\( **P \leq 0.01 \)) (Fig. 2C, Fig. 4) (15, 49). Seeded cells grew and proliferated with significant expression (sixfold to ninefold after day 28) of collagen (ColI) within the microfiber-reinforced scaffolds, similar to controls (\( **P \leq 0.01 \)) (Fig. 4). Significant increases in levels (sixfold to ninefold) of osteopontin (OP) and bone sialoprotein (BSP) (fourfold to sixfold) were observed on day 28 for the microfiber-reinforced scaffolds as compared to HFIP-controls, a sign of enhanced osteogenesis (\( **P \leq 0.01 \)) (15, 18, 49). Similarly, ALP activity increased 20- to 30-fold, including controls, when compared to day 1, with the highest expression observed in the case of scaffolds with the medium-sized microfibers, followed by larger and smaller microfibers, respectively (\( **P \leq 0.01 \)) (Fig. 4).

It is not surprising that with increased roughness and rigidity of scaffolds an enhancement of hMSC differentiation toward bone was observed. A role of matrix stiffness and surface roughness in cell motility and behavior has been explored and reported to influence differentiation (51–53). Particularly, hMSCs differentiating into an osteogenic lineage on stiffer matrices has been reported, including studies on three-dimensional silk matrices (15, 17, 18, 49, 52–54). Higher OP and BSP transcript levels are indicative of the maturity of the mineralized matrix where OP is specifically responsible for cell attachment at bone modeling sites, regulation of crystal formation, and growth due to its ability to bind to hydroxyapatite, whereas, BSP enhances nucleation of hydroxyapatite crystals and is a marker for osteogenesis (55, 56). Higher levels of ALP, a marker for osteoblastic phenotype, further confirm enhanced differentiation of hMSCs on reinforced scaffolds when compared to the controls (49, 52, 53).

**In Vivo Responses.** To better understand material immune response and implant integration, the fabricated scaffolds (both tests and controls) were implanted into mice subcutaneously at the back and were retrieved after 1 and 4 wk (Fig. 5). Following retrieval of scaffolds after week 1 and H&E staining, inflammatory cells (mainly macrophages marked with arrows) were observed surrounding the implanted scaffolds of all types, a sign of milder, more indolent tissue reaction and a more compact zone of repair (24, 57). On close observation, the number of inflammatory cells surrounding the control, larger, and medium microfiber scaffolds were less compared to the cells with the smaller microfiber-reinforced scaffolds (Fig. 5). One explanation for these differences could be associated with the size of the foreign materials (10–20 \( \mu \)m silk fibers) inducing greater adhesion and effective phagocytosis by surrounding macrophages compared to larger particles less susceptible to phagocytosis (58). Medium microfiber scaffolds showed intermittent numbers of inflammatory cells. The layer of macrophages and fibroblasts were 4–5 cell sheets thick and the macrophages were restricted to the immediate host-implant interface. The interface layer was superimposed by oriented fibroblasts and rare lymphocytes, and was devoid of giant cells. However, around the scaffolds with the smaller microfibers higher numbers of macrophages, plasma cells, and increased vascularization was present at the rougher surface areas of the scaffolds. The layer of macrophages, fibroblasts, and plasma cells was 8–12 cell sheets thick (Fig. 5). Silk degradation was not visibly observed over the time frame of study.

Following a four-week study, dense tissue ingrowth with vascularization surrounding the implants was observed (Fig. 5). The retrieved scaffold samples showed fewer inflammatory cells surrounding the implants in all scaffold samples including the scaffolds with the smaller microfibers, with close integration of the implants and mice tissue (Fig. 5). This observation is supported by previous reports showing less adhesion of immunocompetent cells to pure silk fibrin in vitro, compared to polystyrene and poly(2-hydroxyethyl methacrylate) (57). Similarly, studies with silk nonwoven mats implanted subcutaneously in rats induced a weak foreign body response and no fibrosis with little upregulation of inflammatory pathways at the implantation site and no invasion by lymphocytes after 6 mo in vivo (25). Further, immune compatibility of pure silk films has already been demonstrated in vivo, inducing a lower inflammatory response than collagen films and PLA films (24).

**Conclusions**

A unique method to generate silk microfibers with control of length was demonstrated. As a result, silk microfiber-reinforced three-dimensional scaffolds were fabricated with strong protein-protein interfacial bonding between the microfiber and bulk silk components resulting in promising compressive properties. The developed three-dimensional-scaffold systems provided insight on the role of microfiber dimensions on mechanical properties and immune responses. Further, silk microfiber-protein composite matrices mimicked the mechanical features of native bone including matrix stiffness and surface roughness favoring enhanced hMSC differentiation compared to control silk sponges. Together, this study may aid development of high-strength biopolymeric scaffolds toward tissue engineering of bone.

**Materials and Methods**

**Silk Scaffold Fabrication.** *Bombyx mori* aqueous silk and 25% (wt/vol) HFIP-silk solution was prepared as described previously (14, 48). Varied sized silk fibers (10–500 \( \mu \)m) were fabricated from degummed silk after alkali hydrolysis followed by reinforcement using HFIP-silk in ratios of 1:1 and 1:3 (fiber:silk solution).

**Biophysical and Biochemical Studies.** Scaffold morphology was evaluated using SEM and porosity by liquid displacement method (14). For biomechanical evaluation, acellular and cellularized scaffolds were tested using Instron...
3366 at physiological condition. DNA, ALP, Alamor blue and real-time gene expression studies for collagen type I (Col I), ALP, BSP, and OP were performed following manufacturer’s protocol.

In Vivo Studies. The ballbar female mice were used following protocols approved by Tuffs Institutional animal care and use committee. Scaffolds were implanted subcutaneously under general anesthesia. Inflammatory responses were checked at end of 1 and 4 wk after H&E staining. A more detailed description is included in SI Materials and Methods.

Supporting Information

Mandal et al. 10.1073/pnas.1119474109

SI Materials and Methods

Silk-Fiber and Solution Preparation. Silk solution was prepared using *Bombyx mori* silkworm cocoons supplied by Tajima Shoji Co. according to protocols described in our previous studies (1). Briefly, cut pieces of cocoons were degummed in boiling 0.02 M sodium carbonate solution for 20 min followed by thorough washing in deionized water and air drying. After air drying, the silk fibers were divided into two batches, where one batch was used for alkali hydrolysis using sodium hydroxide. The second batch of degummed silk fibers was dissolved in 9.3 M LiBr solution at 60°C yielding a 20% (wt/vol) solution. This solution was subsequently dialyzed against water using Slide a-Lyzer dialysis cassettes (Pierce, molecular weight cut off 3,500) for three days with frequent change of water. The final concentration of the aqueous silk fibroin solution was about 8% (wt/vol). Part of the silk solution was frozen at −80°C and then lyophilized. The lyophilized silk sponge was added to hexafluoroisopropanol (HFIP) to prepare 25% (wt/vol) solvent-based silk solution.

Hydrolysis of Degummed Silk into Micron Range Fibers. The microfiber preparation process (Fig. L4) can be divided into three stages: (i) preparation of degummed silk fibers from cocoons; (ii) hydrolysis of degummed silk fibers into micron-sized fibers; and (iii) washing-neutralization of the fibers and lyophilization. For degumming of silk fibers we used a similar preparation as described above for silk-fiber/solution preparation. For hydrolysis of fibers we used sodium hydroxide pellets (NaOH) weighing 3.5 gm (to obtain 17.5 M solution) were added to 5 mL of distilled water. When approximately 70% of the NaOH pellets were dissolved with an exothermic reaction, the dried degummed silk fibers weighing 0.35 gm were added and stirred with a spatula. To stop hydrolysis, 45 mL of water is added to the reaction mixture and centrifuged at 3,500 rpm for 5 min. Repeated centrifugation-depressurization cycles were performed to completely evacuate entrapped air and to impregnate the scaffold with hexane; thereafter, the volume in the cylinder was recorded (V1). The hexane-impregnated scaffold was removed and the volume was recorded again (V2). Any change of volume due to evaporation during the evacuation cycles was checked using another cylinder without the scaffold. The porosity of the scaffold is expressed as

\[
\text{Porosity} = \frac{|V_1 - V_2|}{V_2} \times 100\%.
\]

Fabrication of Reinforced Fiber-HFIP Scaffolds. Silk-fiber reinforced-HFIP scaffolds were prepared by modifying our earlier methods for HFIP-reinforced-silk scaffolds (2). Two different ratios of 1:1 and 1:3 (wt/wt %) of HFIP-silk: silk-fiber composite scaffolds were fabricated comprised of 25% (wt/vol) HFIP-silk solution and silk fibers of larger (400–500 μm), medium (150–200 μm), and smaller (10–20 μm) diameters obtained by the hydrolysis method described. Briefly, 4 g of NaCl (particle size 800 μm) were sieved for each scaffold. Based on the microfiber ratio used for reinforcement, each silk microfiber type was weighed [e.g., for 1:1 ratio, weigh 0.25 g silk fibers for 1 mL of 25% (wt/vol) HFIP-silk]. For scaffold fabrication, silk microfibers were hydrated in water and then excess water was removed followed by the addition of 4 g of NaCl with gentle mixing. The fiber-salt mixture was then poured into a glass tube 10 mm diameter and the mixture was allowed to settle to the bottom with gentle tapping. Water was removed from the fiber-salt mixture by lyophilization. The height of the dry fiber-salt composite was measured and 1 mL of silk/HFIP solution (25 wt %) per centimeter height was added and then covered. The system was centrifuged at 3,649 × g for 5 min. Repeated centrifugation was used if required to completely distribute the HFIP-silk solution to all parts of the dry fiber-salt mixture. The materials were allowed to settle for 1 h and the cover was then removed to leave the tubes for 3–4 d in a fume hood to allow the HFIP to evaporate. Finally, 70% methanol was added to the tubes and then covered for 2 d. To perform salt leaching, the covers were removed and the scaffolds were placed in a beaker of water (2–3 L) with gentle stirring for 3–4 d until all of the salt was removed. To remove the salt, the scaffolds were removed from the glass tubes with a spatula and placed in a beaker with water (2–3 L) with slow stirring until all remaining salt was dissolved. Once the salt was removed, the scaffolds were transferred to 70% ethanol and stored. For control scaffolds, 25% (wt/vol) HFIP-silk solution was poured into 4 g of salt in a glass tube without silk microfibers.

Scanning Electron Microscopy. Fractured sections of the silk scaffolds were obtained in liquid nitrogen using a razor blade. The fracture surfaces were sputter-coated with Pt/Pd and morphology was examined with a field emission scanning electron microscope (FESEM) Zeiss Ultra55 or Supra55VP (Carl Zeiss AG). Pore size and wall thickness of silk scaffolds were analyzed with ImageJ 1.40 (Wayne Rasband).

Porosity Measurement by Liquid Displacement. Porosity of the fiber-reinforced-HFIP scaffolds was determined via liquid displacement with hexane, as previously reported (2). After fabrication, the scaffolds were lyophilized and then immersed in a graduated cylinder of known volume of hexane (V1). A series of quick evacuation-depressurization cycles were performed to completely evacuate entrapped air and to impregnate the scaffold with hexane; thereafter, the volume in the cylinder was recorded (V2). The hexane-impregnated scaffold was removed and the volume was recorded again (V3). Any change of volume due to evaporation during the evacuation cycles was checked using another cylinder without the scaffold. The porosity of the scaffold is expressed as

\[
\text{Porosity} = \frac{|V_1 - V_3|}{V_2} \times 100\%.
\]

Mechanical Properties. Unconfined compressive mechanical testing of hydrated silk-fiber reinforced-HFIP scaffolds was performed on an Instron 3366 testing frame equipped with a 0.1 kN load cell. Tests for all scaffold types both unseeded and cell-seeded were carried out in 0.1 (M) PBS bath (BioPuls, Instron Corp.) at 37°C under hydrated conditions. Separate silk scaffold discs were punched out for compressive tests, with dimensions of 4 mm diameter and 3 mm height. For cell-seeded silk scaffolds, each type was individually seeded with 10⁶ human bone marrow-derived mesenchymal stem cells (hMSCs) at day 1 and cultured for 28 d in osteogenic medium. All tests were accessed with a conventional open-sided (nonconfined) configuration and were performed using a displacement control mode at a rate of 5 mm/ min following ASTM standard D1621-04a (standard test method for compressive properties of rigid cellular plastics). After the compression tests, the compressive stress and strain were graphed based on the measured cross-sectional area and sample height.
(nominal −4−5 mm, measured automatically at 0.02 N tare load), respectively. The elastic modulus was calculated based on a linear regression fitting of the small strain section that preceded an identifiable plateau region.

**Isolation of hMSCs.** hMSC isolation and expansion was carried out following our previously published protocols (3). A 25-mL bone marrow aspirate (Lanza) was obtained from a 27-y-old male donor and was diluted in 75 mL of PBS. Cells were separated by density gradient centrifugation and 20 mL aliquots of the bone marrow suspension were overlaid onto a poly sucrose gradient (1,077 g/cm³; Histopaque; Sigma) and centrifuged at 800 g for 30 min at room temperature. The cell pellet was resuspended in Eagle’s minimum essential medium (α-MEM; Gibco BRL) supplemented with 10% FBS (Gibco BRL), 100 U/mL penicillin G (Gibco BRL), and 100 μg/mL streptomycin (Gibco BRL). Cell number and viability were determined using a trypan blue exclusion test. The resuspended cells were plated at a density of 1.5 × 10⁵ cells/cm² and placed in a 5% CO₂ incubator at 37°C. The culture medium was changed every other day and cells were passaged three times (P3) before use in experiments.

**Cell Proliferation and Osteogenic Differentiation on Silk Scaffolds.** Osteogenic potential of silk-fiber reinforced-HFIP scaffolds was evaluated by differentiation of hMSCs in osteogenic media. Approximately 10⁶ cells were seeded onto each reinforced silk-fiber scaffold of dimension 3 × 2 × 2 mm per group of four (n = 4) followed by addition of growth medium (DMEM + 10% FBS + antibiotics) after initial cell attachment. Seeded hMSCs were cultured for 3 d at 37°C and 5% CO₂ before transferring into osteogenic media consisting of DMEM supplemented with 10% FBS, 0.1 mM nonessential amino acids, 50 μg/mL ascorbic acid-2-phosphate, 100 nM dexamethasone, 10 mM β-glycerophosphate in the presence of 100 U/mL penicillin, 100 μg/mL streptomycin, and 0.25 μg/mL Fungizone. Cultures were maintained at 37°C in a humidified incubator supplemented with 5% CO₂. Half of the medium was changed every 2 d. Scaffold discs were removed for analysis after 4 wk. hMSC proliferation on three-dimensional silk scaffold constructs were monitored by Alamar blue dye reduction assay (Invitrogen) after 1, 7, 14, 21, and 28 d following the manufacturer’s protocol.

**Real-Time PCR.** Reinforced silk-fiber scaffolds with cells (n = 4 per group) were transferred into 2-mL plastic tubes, then 1.0 mL of Trizol was added. Scaffolds were chopped into pieces with microscissors on ice. The tubes were centrifuged at 12,000 × g for 10 min, after which the supernatant was transferred to a new tube. Chloroform (200 μL) was added to the solution and incubated for 5 min at room temperature. Tubes were then centrifuged at 12,000 × g for 15 min, and the upper aqueous phase was transferred to a new tube. One volume of 70% ethanol (vol/vol) was added and applied to an RNeasy mini spin column (Qiagen). The RNA was washed and eluted according to the manufacturer’s protocol. The RNA samples were reverse transcribed into cDNA using oligo (dT)-selection according to the manufacturer’s protocol.


**Biochemical Analysis.** For each study group, DNA content and ALP activity were analyzed using scaffolds chopped with microscissors on ice. Crushed samples (n = 4) were extracted twice with 0.2% (vol/vol) Triton X-100/5 mM MgCl₂ solution. DNA content was measured using the PicoGreen assay (Molecular Probes), according to the manufacturer’s protocol. Samples were measured fluorometrically at an excitation wavelength of 480 nm and an emission wavelength of 528 nm. ALP activity was checked on the same samples using a biochemical assay from Stanbio Laboratory based on conversion of p-nitrophenyl phosphate to p-nitrophenol, measured spectrophotometrically at 405 nm. ALP activity was normalized by DNA content of the sample.

**Biochemical Analysis.** For each group, DNA content and ALP activity were analyzed using scaffolds chopped with microscissors on ice. Crushed samples (n = 4) were extracted twice with 0.2% (vol/vol) Triton X-100/5 mM MgCl₂ solution. DNA content was measured using the PicoGreen assay (Molecular Probes), according to the manufacturer’s protocol. Samples were measured fluorometrically at an excitation wavelength of 480 nm and an emission wavelength of 528 nm. ALP activity was checked on the same samples using a biochemical assay from Stanbio Laboratory based on conversion of p-nitrophenyl phosphate to p-nitrophenol, measured spectrophotometrically at 405 nm. ALP activity was normalized by DNA content of the sample.

**In Vivo Subcutaneous Implantation in Mice.** All procedures were conducted under animal care protocols approved by Tufts Institutional Animal Care and Use Committee. All animals used in this study were 5–7-wk-old balb/c female mice (Charles River breeding labs). The mice were distributed by three experimental groups each with two time points: 7 d and 4 wk. The mice were randomly assigned to the experimental groups and silk-fiber reinforced-HFIP scaffold samples were subcutaneously implanted in lateral subcutaneous pockets of each mouse under general anesthesia using a mixture of oxygen (0.6 l/min) and 1.5–3 vol % of Isofluran. The healing process at the incision region was coarse monitored during all study periods and no deaths were registered during the experiment. To check for inflammatory responses, mice were euthanized by CO exposure after 7 d and 4 wk post-implantation and samples collected along with the overlying tissue for histological examination.

**Histology.** Histologic sections of individual scaffold types were examined to assess the extent of degradation and for local inflammatory responses at the implant-host interface, such as for neovascularization, fibrosis, and the presence of inflammatory cells. After collection, samples were immediately immersed in 10% neutral buffered formalin for 24 h before histological analysis. Samples were processed through a series of graded ethanol, embedded in paraffin, and sectioned at 5–7 μm thickness. For histological evaluation, sections were deparaffinized, rehydrated, and stained with H&E.