Superresolution intrinsic fluorescence imaging of chromatin utilizing native, unmodified nucleic acids for contrast


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Visualizing the nanoscale intracellular structures formed by nucleic acids, such as chromatin, in nonperturbed, structurally and dynamically complex cellular systems, will help expand our understanding of biological processes and open the next frontier for biological discovery. Traditional superresolution techniques to visualize subdiffractional macromolecular structures formed by nucleic acids require exogenous labels that may perturb cell function and change the very molecular processes they intend to study, especially at the extremely high label densities required for superresolution. However, despite tremendous interest and demonstrated need, label-free optical superresolution imaging of nucleotide topology under native nonperturbing conditions has never been possible. Here we investigate a photoswitching process of native nucleotides and present the demonstration of subdiffraction-resolution imaging of cellular structures using intrinsic contrast from unmodified DNA based on the principle of single-molecule photon localization microscopy (PLM). Using DNA-PLM, we achieved nanoscopic imaging of interphase nuclei and mitotic chromosomes, allowing a quantitative analysis of the DNA occupancy level and a subdiffractional analysis of the chromosomal organization. This study may pave a new way for label-free superresolution nanoscopic imaging of macromolecular structures with nucleotide topologies and could contribute to the development of new DNA-based contrast agents for superresolution imaging.

superresolution fluorescence microscopy | label-free imaging | nucleic acids | chromatin topology | chromosome

Advances in genomics and molecular biology over the past decades revolutionized our knowledge of biological systems. Despite our expanded understanding of biological interactions, there continues to be a limited understanding of these complex molecular processes in nonperturbed, structurally and dynamically complex cellular systems (1). As such, it is of critical importance to develop methods that allow direct visualization of nanoscale structures where these processes take place in their native states. Recently, superresolution fluorescence microscopy techniques, including stimulated emission depletion microscopy, structured illumination microscopy, and photon localization microscopy (PLM), such as photoactivated localization microscopy and stochastic optical reconstruction microscopy (STORM), have extended the ultimate resolving power of optical microscopy far beyond the diffraction limit (2–6), facilitating access to the organization of cells at the nanoscale by optical means. Although superresolution imaging of biological structures using labeled proteins has been well documented due to a wide range of methodologies that provide desirable labeling properties (7, 8), and despite tremendous interest and demonstrated need, there are few nanoscopic methods to image macromolecular structures formed by nucleic acids due to constraints in labeling (9–14). Likewise, the limited techniques that currently exist cannot perform label-free imaging of the native, nonperturbed macromolecular structures formed by nucleic acids.

To date, the vast majority of strategies used to image structures formed by nucleic acids require methods that label DNA-associated proteins instead of DNA itself or use small molecules that may alter the structure and function of the native structures (15, 16). For superresolution imaging, most methods take advantage of the widely availability of protein labeling, thereby using proteins commonly conjugated with nucleic acids, such as histone 2B (H2B) in eukaryotic cells (13), centromeric partition protein in bacteria (14), or centromere-associated proteins to target specific regions of chromosomes (12). This strategy has been used for indirect imaging of isolated plasmids (5) and chromatin structure in both fixed (9–12) and living cells (13, 14). However, DNA-associated proteins are not always present at the density required for superresolution imaging and, more importantly, they might not faithfully reflect the endogenous DNA topology. Therefore, development of methods to label DNA itself for superresolution imaging is highly desirable (17, 18). Recent developments including photoswitching DNA binding molecules (19–21), photoactivatable cell-permeant DNA probes (22, 23), and reversibly photoswitchable nucleosides (24) are potentially suitable for superresolution imaging of DNA topology. Single-molecule fluorescence in situ hybridization has also been combined with PLM to visualize spatial distributions of specific gene sequences with nanoscale resolution (25).

Despite remarkable progress, the exogeneous labels used in superresolution imaging of DNA topology pose several weaknesses, and future developments will leverage the inherent advantages of label-free imaging.

Significance

Fluorescence photoswitching of native, unmodified deoxyribonucleic acid (DNA) using visible light facilitates the label-free nanoscale imaging of chromatin structures based on the principle of single-molecule photon localization microscopy (PLM). With a demonstrated sub–20-nm resolution, DNA-PLM provides an ideal technique to visualize the spatial organization of single or groups of nucleosomes and quantitatively estimate the nucleosome occupancy level of DNA in unstained chromosomes and nuclei. This study paves a way for revealing nanoscopic features of chromatin without the need for exogenous labels and could substantially expand our understanding of the structure–function relationship of chromatin.
including (i) they require additional labeling processes; (ii) they perturb cell function and change the very molecular processes under investigation, especially for the high label densities necessary for superresolution (~one label per half-resolution distance); and (iii) they could introduce inaccurate spatial localization caused by the physical dimension of the tagged fluorescent and linker molecules (26). The combination of these weaknesses reduces the appeal of extrinsic fluorescent contrast agents in superresolution imaging. Additionally, it has been demonstrated that natural endogenous fluorophores are potentially suitable for optical superresolution imaging, eliminating the need for extrinsic labeling (27, 28). For example, intrinsic contrast has been demonstrated using ground-state depletion (GSD) with individual molecule return, a method originally developed on regular fluorophores by the GSD action (6). So far, however, this method is not yet applicable for the majority of molecules in cells, e.g., proteins, lipids, carbohydrates, and nucleic acids. As such, despite its immense potential, the use of GSD of endogenous molecules remains questionable for applications in life science.

Significantly, we report the discovery of stochastic fluorescence switching in nucleic acids under visible light illumination. By combining the principle of PLM, we demonstrated optical superresolution imaging of native, unmodified DNA molecules, a technique we hereby call DNA-PLM. We then conducted superresolution imaging from isolated, unstained chromosomes and nuclei, revealing nanoscopic features of chromatin without the need for exogenous labels. This work paves the way for unperturbed, label-free nanoscale imaging of chromatin structure.

**Results and Discussion**

**Fluorescence and Photoswitching of Nucleotides.** Although nucleic acids have significantly weaker absorption in the visible versus UV spectrum, they exhibit low, but detectable (29), absorption due to the electron delocalization effect, in part arising from the aromatic ring (30, 31). The fluorescence emission in the visible range is significantly enhanced when the concentration reaches the level of that in interphase nuclei and metaphase chromosomes (see detailed discussion in SI Appendix and Figs. S1–S5). Furthermore, the long-lived fluorescence indicates the origin of observed fluorescence under visible light illumination is possibly related to intermolecular interactions, such as excimer/exciplex formation (32, 33) or charge separation/recombination (34). In this study, we chose short single-stranded polynucleotides (20-bp poly-A, G, C, and T, IDT) as model systems to investigate the fluorescence excitation and photoswitching of DNA molecules during visible excitation. As shown in Fig. L4, the fluorescence spectra of the four types of polynucleotides indicate peak emissions near 580 nm under 532-nm excitation. The measured spectra were consistent with the emission spectrum of chromosome samples studied in parallel (see sample preparation in Materials and Methods and corresponding discussion regarding Figs. 3 and 4), which demonstrates that we are exclusively capturing fluorescence from DNA molecules.

Integration of intrinsic fluorescence with PLM requires the ability to achieve blinking single-molecule emission. Although fully mapping the electronic states in DNA molecules is a decades-old challenge (35), there is evidence indicating the existence of long-lived dark and triplet states with lifetimes as long as a few hundred milliseconds in nucleotides (36). These states can serve as primary candidates for photoinduced switching of nucleic acids by leveraging GSD with dark-state shelving and stochastic return. This phenomenon has previously been exploited for superresolution microscopy with exogenous dyes (6). The corresponding photochemical process can be described by a system of three differential equations (see detailed discussion in SI Appendix, Fig. S6) (37). Because the dark states have a lifetime much longer than that of fluorescence, the majority of molecules are “shelved” to their long-lived dark (triplet) states. Only a few molecules may return to their ground state at any given time, with the average rate of \( k = 1/\tau \), where \( \tau \) can then be repeatedly excited to the fluorescence state. This process creates the “on” and “off” periods, or blinking, yielding the required stochastic activities for precisely locating molecules with PLM.

The role of the long-lived dark state of polynucleotides was validated by a pump–probe method as previously discussed in ref. 6 (see details in Materials and Methods and SI Appendix, Fig. S7). As shown in Fig. 1B, the theory of GSD predicts that once GSD has been induced by a strong pump excitation \( I_{\text{pump}} \) up to 24 kW cm\(^{-2} \) for 100 ms the fluorescence induced by a weaker probe beam \( I_{\text{probe}} = 0.3 \text{ kW cm}^{-2} \) will follow the exponential time course of the repopulation of the ground state with recovery lifetime \( \tau \). Our results show that recovery lifetimes of polynucleotides are at the hundred-millisecond level (Fig. 1B), which is consistent with the typical lifetime of the dark states for traditional fluorescent probes (6). Further validation of the GSD mechanism was achieved by varying \( I_{\text{pump}} \) and estimating the population of ground state \( e \) as the ratio of fluorescence at the beginning of the recovery to the steady state. As expected, \( e \) was inversely related to \( I_{\text{pump}} \) (Fig. 1C). Fig. 1D and E further shows comparisons of the recovery lifetime and population of ground state between polynucleotides using a beam fluence of 24 kW cm\(^{-2} \), respectively. The recovery lifetimes of the four polynucleotides are within the same order of magnitude, which facilitate PLM with stochastic photon switching of all four types of nucleotides simultaneously in DNA molecules. Notably, different polynucleotides have distinct \( \tau \) and \( e \). Among them, nucleotides containing purines (adenine and guanine) and pyrimidines (cytosine, thymine) have similar \( \tau \) and \( e \), respectively, likely due to the similarity of their molecular structures.

**Single-Molecule Imaging of Nucleotides.** To demonstrate the imaging capability of DNA-PLM, we further performed single-molecule imaging of 20-bp poly-G DNA (see detailed preparation in Materials and Methods). Poly-G DNA has a high dark-state shelving probability and a relatively shorter recovery lifetime compared with other investigated polynucleotides, making it ideal for demonstration. For imaging, we excited Poly-G DNA samples using a 532-nm laser with a
fluence of 3 kWcm$^{-2}$, which is a lower level of excitation that balances the switching rate and the rate of photobleaching (which can turn the molecules irreversibly dark). We acquired movies consisting of 5,000 frames at exposure times of 10 ms per frame. As shown in Fig. 2A, the averaged wide-field fluorescence image shows essentially diffraction-limited features. Due to the stochastic nature of photon emission and dark-state transition, the number of photons detected from a single molecule fluctuates. Fig. 2B shows a histogram of detected photon counts from each stochastic emission event, which shows a peak at ~250 counts and an average at ~550 counts. Based on the Nyquist criterion (38), DNA-PLM can theoretically achieve a spatial resolution of 22 nm due to the emission characteristics of polynucleotides (SI Appendix, Fig. 38). Next, we investigated the temporal characteristics of the stochastic fluorescence emission, as shown in Fig. 2C. The occurrence of stochastic emission events shows a temporal decay, which is characteristic of the exponential decay of photobleaching. Following the temporal decay stage, the stochastic emission reached an equilibrium state, with relatively stabilized stochastic emission frequency, lasting for more than 10 min before all molecules were photobleached.

Focusing on an individual molecule (as denoted by the arrow in Fig. 2D), we further studied the temporal properties of stochastic on–off switching from the time trace of the fluorescence signal (Fig. 2D). The average on-times were a few tens of milliseconds, whereas the off-times were significantly larger (ranging from several hundred milliseconds to 10 s). For the investigated molecule, the number of photons detected per fluorescence event has an average of ~500 counts but can burst up to 1,900 counts. This dramatic variation may be due to the natural complexity of the electrical structure in a DNA strand. After reconstruction of all stochastic fluorescence events, we generated a PLM image by plotting their centroids (Fig. 2E). The centroids approximately follow a Gaussian distribution with a full width at half maximum of 18 ± 2 nm and 20 ± 2 nm in the horizontal and the vertical axis, respectively (Fig. 2F), suggesting DNA-PLM achieves an imaging resolution of ~20 nm. This value is consistent with our previous estimation based on the Nyquist criterion. Notably, it has been reported that long-lived states in DNA hairpins joined by hydrogen bonds decay with essentially identical kinetics as those seen in single-stranded polynucleotides (39, 40). These studies suggest that double-stranded DNA molecules with double helix should have similar photophysical properties as the single-stranded polynucleotides being examined.

Validation of DNA-PLM Imaging with Labeled DNA Fibers. To validate the capability of DNA-PLM for imaging native nucleic acids structures, we used linearly deposited unlabeled single-stranded DNA fibers (a DNA purity standard, Sigma-Aldrich) as a model system (see detailed preparation in SI Appendix). Using 532-nm excitation, DNA-PLM produces the characteristic linear features of the DNA fibers, the origin of which is due to the nucleic acids as confirmed using two DNA specific fluorescence probes, Syto-13 and Hoechst 33342 (ThermoFisher), respectively. As shown in Fig. 3A and B, the colocalized DNA-PLM image and diffraction-limited wide-field Hoechst fluorescence image of a single DNA fiber demonstrates the capability of DNA-PLM to image DNA structures. Furthermore, conventional STORM imaging of Syto-13 stained DNA fibers performed in parallel shows the same topology captured by DNA-PLM, as shown in Fig. 3C. The imaging resolution of DNA-PLM is demonstrated as 20-nm resolution (Fig. 3D), which is comparable to images produced by conventional STORM imaging using Syto-13 dye (Fig. 3E).

Superresolution Imaging of Interphase Chromatin. To demonstrate the label-free imaging of DNA topology in cells, we imaged the nanoscale structure of interphase chromatin (see detailed preparation in Materials and Methods). Fig. 4 shows the wide-field fluorescence image of an isolated, unstained interphase HeLa cell nucleus. As indicated in Fig. 4A, the fluorescence spectrum of the sample is identical to that of polynucleotides, which demonstrated that the contrast is mostly from nucleic acids rather than proteins in the nuclei. Fig. 4B and C shows the corresponding DNA-PLM images at different scales (also see Movie S1 for raw images and the DNA-PLM reconstruction). Clearly, the macromolecular organization of nucleic acid structures is arranged in discrete nanoclusters in interphase nuclei, which is consistent with previous reports (9, 41). We further plotted the density image by defining the density as the number of stochastic emission events per pixel (Fig. 4D). The density image was then converted into a binary image and segmented by grouping the emission events based on their proximity (Fig. 4E). The nanocluster size and the number of emission events in each nanocluster, $N$, was plotted in Fig. 3F. Furthermore, a quantitative analysis revealed the size distributions of nanoclusters (Fig. 4G) and the number of emission events per nanocluster (Fig. 4H), which can be used in understanding the nanoscale organization of chromatin (41).

Investigation of chromatin organization and structure in interphase nuclei is important for gene function and activity (42). To date, superresolution studies of chromatin with extrinsic labeling are accompanied by major drawbacks such as a limited ability to reveal the spatial organization of single or groups of nucleosomes and quantitatively estimating the nucleosome occupancy level of DNA. By imaging nucleic acid molecules using intrinsic contrast, we provide a method to visualize the native structure of chromatin with nanoscale resolution. Similar to the conventional STORM in which the number of stochastic emissions could reflect the number of fluorophores, counting the number of emissions in DNA-PLM could potentially allow a quantitative estimate of the relative number
of nucleotides per nanocluster. By plotting the size of the chromatin structure with respect to the number of emission events (Fig. 4F), a power-law scaling behavior with a scaling exponent of $0.28 \pm 0.03$ can be clearly observed, which is consistent with the earlier proposed chromatin organization as a fractal globule with a fractal dimension of ~3 (43, 44). This result suggests, even at these deeply sub-diffractional length scales (20–60 nm), the topology of nucleic acids within the nucleus follows the same power-law structure as that observed at higher length scales (100–250 nm) (44, 45). At these length scales, one possible explanation is that individual genes self-assemble into discrete clusters that maximize their surface area while minimizing their volume occupancy. In this case, transcription or replication of genes could only occur on the surface of the cluster (46), as the interior would be tightly packaged with nucleic acids. Alternatively, larger clusters could be more diffuse owing to the presence of active polymerases or replicases (42). A further exploration of this topology of chromatin could only be revealed by label-free techniques such as DNA-PLM, as extrinsic labels could have nonlinear penetration in such dense clusters.

Additionally, we observed a median cluster size of 30 nm (Fig. 4G), which is consistent with other studies in fixed cells showing 30-nm structures in hypotonic conditions (41, 46). To explore whether these structures form in vitro in chromatin, we performed a colocalization study on methanol fixed HeLa cells using conventional STORM immunofluorescent imaging with an Alexa Fluor 647 conjugated primary antibody targeting histone H2B and DNA-PLM (see detailed methods and results in SI Appendix). As shown in SI Appendix, Fig. S9, clusters observed by DNA-PLM frequently colocalize with the anti-histone H2B antibody. Although not every cluster colocalizes with the anti-histone H2B antibody, this could be in part the result of either steric hindrance of the antibody at these length scales or the presence of different molecular epitopes and regulators of the cluster topology. As DNA-PLM captures the nanoscale structures formed by nucleic acids, the molecular regulators of these cluster domains could be studied in the future using novel small-molecule imaging dyes including nanobodies (47) or point accumulation for imaging in nanoscale topology (48) that could be less sensitive to steric limitations to differentially label various molecular regulators, including nucleosomes, RNA and DNA polymerases, the polycomb and cohesion complexes, and long noncoding RNA. These studies could illuminate for the first time the in vitro regulatory organization of chromatin in situ, providing both information on nucleic acid distribution and the local molecular functional states. Whereas we have demonstrated that DNA-PLM is ideal for studies of chromatin organization in fixed nuclei, as a noninvasive optical technique, DNA-PLM could potentially be suitable for nanoscopic imaging of chromatin in live cells. Through this extension, DNA-PLM would be the only technique capable of definitively answering lingering questions about the presence of the elusive 30-nm fiber in living eukaryotic cells.

**Superresolution Imaging of Metaphase Chromosomes.** Next, we used DNA-PLM to image the structure of isolated metaphase chromosomes (see detailed preparation in Materials and Methods). In particular, we focused on imaging autofluorescence of isolated X chromosomes from HeLa cells, which can be readily observed under a wide-field microscope (Fig. 5A), however, with diffraction-limited resolution. Using DNA-PLM, we conducted superresolution imaging of X-chromosomes, as shown in Fig. 5B (also see Movie S2 for raw images and the DNA-PLM reconstruction). From higher magnified images shown in Fig. 5 C–E, we can clearly see variations in nucleotide density in the thick chromatids and additional fine features which were not resolvable in the wide-field image. The segment stretched from the chromatid has a similar morphology to previously observed chromosomal fragile sites, which are specific heritable points on metaphase chromosomes that tend to form a gap, constriction, or break when cells are exposed to a perturbation during

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**Fig. 3.** (A) DNA-PLM image of a single DNA fiber produced using 532-nm excitation. (B) Colocalized diffraction-limited wide-field Hoechst 33342 fluorescence image of the same fiber as in A acquired using a 405-nm excitation. (C) Diffraction-limited wide-field fluorescence image and conventional STORM imaging of Syto-13 stained DNA fiber using a 473-nm excitation. (D) Comparison of transverse intensity profile between DNA-PLM and Hoechst stained DNA fiber in the region denoted by dashed boxes in A and B. (E) Transverse intensity profile of conventional STORM of Syto-13 stained DNA fiber, in the region denoted by dashed boxes in C.
DNA replication (49). Fragile sites frequently occur in the human genome and are classified as either common or rare based on their observed frequency. Observed common fragile sites are part of the normal chromosome architecture in all individuals and are of considerable interest in human diseases. In particular, common fragile sites are frequently transformed during tumorigenesis resulting in the loss of tumor suppressor genes or the formation of oncogenes (50). Likewise, rare fragile sites are seen in a small proportion of individuals, and are often associated with genetic disorders, such as fragile-X syndrome. All fragile sites are susceptible to spontaneous breakage during replication, and as such their identification and study is important to understanding diseases, including cancer.

Conclusion
Cellular autofluorescence is a widely observed phenomenon which commonly complicates immunofluorescence labeling studies. As a result, many conventional and superresolution imaging protocols use the use of reducing agents such as sodium borohydride before imaging to eliminate the intrinsic autofluorescence within the sample (7, 51). Even without the use of these reducing agents, autofluorescence can be greatly reduced simply by continuous visible light exposure of the sample before imaging (52). Consequently, the visible-light–induced autofluorescence of nucleic acids has likely been overlooked due to the broad availability of the nuclear counter stains Hoechst 33342 and DAPI, the ability to quickly eliminate the intrinsic autofluorescence within samples, and the common misperception that nucleic acids do not fluoresce within the visible range. A critical implication is that macromolecules, which are widely perceived as “dark,” may be excited for superresolution imaging under different illumination conditions (27, 28, 53). The critical element in such an approach would depend on the capacity to ascertain molecular information from the intrinsic emissions of endogenous biological molecules (54).

Whereas we clearly observed the chromatin structure derived from nucleic acids, we also acknowledge that there could be some nonspecific emission events from other molecules present. The primary nucleic acid within the nucleus is DNA; however, as RNA exists within the nucleus, it may contribute to the observed blinking and the measured topology. In addition, local conjugate proteins (e.g., histones, chromatin remodeling enzymes, transcription factors, and polymerases, etc.) may also generate blinking or nonblinking background fluorescence within the nucleus. However, as shown in Fig. 1A, the fluorescence observed in our cellular samples is consistent with that in the ex vivo models of pure nucleic acids. This result suggests that intranuclear proteins may not be efficiently excited at the wavelengths used in imaging or the amount of them that can be excited is not significant to influence the imaging results. Thus, given the observations ex vivo, the predominant source of the signal we collected is from nucleic acids.

Finally, we note that similar switching processes can be observed under other excitations with different wavelengths (tested by 488-, 445-, and 405-nm laser illuminations). However, image quality usually suffered due to the stronger background autofluorescence and more rapid photobleaching observed at shorter wavelengths (see detailed analysis in SI Appendix, Fig. S10), which limited the number of stochastic emission events acquired for image reconstruction. As these different wavelengths likely excite different singlet electronic states they can, however, be used to create new switching events or to return molecules from dark states. This process is of particular use when emission events become rare due to photobleaching under prior excitation. Furthermore, specific imaging buffers, additives, or chemical methods used in chromatin fixation may vary the electronic state of DNA molecules and possibly be useful for suppressing the photobleaching or accelerating the switching of nucleotides. Follow-up studies are merited to fully understand the photophysics of DNA molecules under various conditions.

In summary, we have investigated the photoswitching process of native, unmodified DNA molecules and demonstrated the superresolution imaging capability of DNA-PLM. Using DNA-PLM we can achieve sub-20-nm resolution with unmodified DNA molecules. This technique is particularly suitable for imaging chromatin structures and may allow insight into native structures of DNA organization in cells. Understanding and controlling the mechanisms for photoduced dark-state formation in DNA molecules is important to develop better switching, to optimize the imaging parameters, and to apply DNA-PLM to study chromatin organization in live cells. With further development, combined with temporal and spectral characterization, DNA-PLM can feasibly identify highly specific molecular “fingerprints,” leading to in situ label-free sequencing of the genome. Additionally, topological and chemical alterations in highly condensed DNA strains can result in various additional photophysical interactions, as has been studied in polymer molecules, including energy transfer (55–57), ground- or excited-state aggregate formation (58, 59), and charge transfer (60). These photophysical processes can significantly modify the molecular optical properties, allowing us to further capture functional information about the chromatin nanosstructure.

Materials and Methods

Fluorescence Characterization. For studying the fluorescence characteristic of polynucleotides, we built an integrated optical imaging and spectroscopy system based on an inverted microscope. A 532-nm diode-pumped solid-state laser with 300-mW maximum output was passed through the microscope body (Nikon, Eclipse Ti-U) and was focused by an objective lens (Nikon, CFI Apo TIRF 100x, 1.49 NA). The intensity and beam size of the illumination beam fluence were controlled by a linear polarizer and a dual lens assembly. For spectral characterization, the signal was routed to a spectrometer (Princeton, SP2150) with a 150 lines per millimeter diffraction grating and an electron multiplying charge-coupled device (EMCCD, Princeton Instruments, ProEM512B Excelon), giving a maximum 0.6-nm spectral resolution. A long-pass filter (BLP01-532R-25, Semrock) was used to reject the reflected laser beam. The primary fluorescence image was collected through a 550-nm long-pass filter before video acquisition by an EMCCD (Andor, iXon 897 Ultra) at a frame rate of 100 Hz. We determined the fraction of residual single-state molecules using a pump–probe mode with a constant probe (0.3 kW/cm²) and pump pulses of varying intensity (100 ns, 1–25 kW/cm²) for shuffling the molecules into dark states. The fluorescence recovery was monitored for calculating the recovery lifetime by applying an exponential fitting.

Preparation of Polynucleotides Hydrogel and Single-Molecule Samples. The detailed methods can be found in SI Appendix.

Validation of DNA-PLM Imaging with Labeled DNA Fibers. The detailed preparation of single-stranded DNA sample can be found in SI Appendix. To validate DNA-PLM imaging of unlabeled DNA fibers, the nucleic acid origin of fibers was confirmed by staining using two DNA specific fluorescence probes, Hoechst 33342 and Syto-13. The detailed staining protocol can be found in SI Appendix.

Chromosome Preparation from Cultured Cells. The detailed preparation of chromosome and nuclei isolation can be found in SI Appendix. Isolation was performed as described previously (61) with minor modifications. Prior to imaging, 5 μL nuclease-free water (IDT) was dropped at the center of a

![Fig. 5.](image-url)
fresly cleaned glass slide, and the sample on the coverslip was mounted on the glass slide and sealed with dental cement.

DNA-PLM Imaging Process. Chromosome samples were placed on the microscope stage and images were acquired using a high-N.A. TIRF objective. Before acquiring DNA-PLM images, we used relatively weak 532-nm light (0.3 kV/cm) to illuminate the sample and record the conventional fluorescence image. We then used a 532-nm laser with constant beam fluence of 3 kV/cm to switch a substantial fraction of DNA molecules to their "off" states. We recorded images using the EMCCD camera (ONX Ultra 897, Andor). The integration time and the frame rate of the image acquisition were carefully selected to provide optimal signal-to-noise ratio of the acquired image. Unless specifically noted, 10,000 frames were recorded for imaging of isolated chromosomes and nuclei isolated from HeLa cells, a preexposure using the same laser illumination may be required to reduce the background autofluorescence from residual organic compounds; images were then recorded in the stabilized switching stage. The optimal time during the preexposure is highly sample-dependent and should be carefully adjusted according to the imaging conditions.

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Supporting Information

Dong et al. 10.1073/pnas.1602202113

Movie S1. Raw images and DNA-PLM reconstruction of a HeLa cell nucleus. (Scale bar, 2 μm.)

Movie S2. Raw images and DNA-PLM reconstruction of X-shaped chromosomes separated from HeLa cells. (Scale bar, 4 μm.)

Other Supporting Information Files

SI Appendix (PDF)
Supporting Information (SI Appendix)
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Superresolution Intrinsic Fluorescence Imaging of Chromatin Utilizing Native, Unmodified Nucleic Acids for Contrast

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Visible fluorescence of nucleotides
Nucleic acids exhibit strong absorption and fluorescence under UV excitation. However, they exhibit low, but detectable, absorption in the visible range due to the electron delocalization arising from the aromatic rings. This is a fundamental property critical to their molecular function and stability. Visible light absorption by nucleic acids have been measured and the data are readily available (1). The molar extinction of nucleotides in the visible is E ~ 50 cm⁻¹M⁻¹, which is 260 times lower than their UV absorption and >1,000 times lower than the peak absorption of strong extrinsic fluorophores, such as rhodamine.

The physiological concentration of DNA in interphase nuclei (~0.10 g/mL) and metaphase chromosomes (~0.16 g/mL)(2), which correspond to concentrations of 0.26 M and 0.42 M in solution, respectively, are significantly higher than the concentrations (10-100 µM) used in most photochemical studies of nucleic acids. In order to satisfy the sample quantity needed for fluorescence spectrophotometry, we examined commercially available mononucleotides (nucleotide-5’-monophosphates, Sigma Aldrich). Photochemistry measurements were conducted by using a spectrofluorimeter (Nanolog, Horiba Jobin-Yvon) equipped with an iHR320 spectrometer with a 100 g/mm grating at 600 nm, a 150 W xenon lamp and a charge-coupled device (Synapse CCD). As shown in Fig. S1, we first compared the fluorescence spectra excitation-emission matrix of guanine 5’-mono-phosphate (5’-GMP) solutions in dilute (10 µM)
and physiological concentrations (0.1 M). Significant differences in their fluorescence spectra are clearly observed. First, at physiological concentrations, fluorescence emission is reduced during deep UV excitation. This results from a concentration quenching mechanism where decreased separation between nucleotides produces enhanced, non-radiative de-excitation pathways. Secondly, the 0.1-M nucleotide solution exhibits a significant red-shift in excitation and emission spectra, producing a much stronger fluorescence intensity in visible range. This is likely attributed to a strong inter-molecular interactions, such as excimer or exciplex formation reported earlier (3, 4). This is also consistent with the dramatic increase (~3 orders of magnitude) in quantum yield during visible excitation of 0.1-M nucleotide solution (Fig. S2) in comparison with the quantum yield of 3x10^-4 measured at 267 nm excitation of 10-µM solution (5). To be noted, the Rayleigh scattering of 0.1-M nucleotide solution is negligible under 400-700 nm excitation.

Next, we measured the excitation spectra of 0.1-M nucleotides (Sigma Aldrich) solutions at emission wavelengths of 430 nm and 560 nm (Fig. S3). As expected, a strong increase in the fluorescence intensity is observed when the excitation wavelength increases beyond 300 nm. As is shown in Fig S3B, the excitation spectra to produce an emission wavelength of 560 nm is relatively flat, allowing the use of a broad range of excitation wavelengths within the visible spectrum to induce fluorescence from DNA. This is likewise demonstrated by measuring the steady state fluorescence emission spectra of 0.1-M nucleotide solutions using excitation wavelengths of 350 nm, 450 nm and 532 nm (Fig. S4).

Finally, the fluorescence lifetimes of 0.1-M nucleotide solutions were measured during visible excitation at 450 nm and 532 nm, as shown in Fig. S5. Time-resolved fluorescence measurements were performed using femtosecond laser pulses from an optical parametric amplifier (Spirit-OPA) pumped with the second harmonic of the output from a femtosecond Ti-sapphire amplifier (Spectra-physics Spirit). A streak camera (Hamamatsu, Streakscope) is used to determine time-resolved fluorescence spectra with a temporal resolution of ~5 ps. Fluorescence lifetimes were obtained by fitting each time-resolved fluorescence decay curve. The first 100 ps in the curve was neglected in the fitting, since it can be from the nonradiative component and the instrument response of the excitation pulse. Lifetimes of four nucleotides are listed in Table S1.
Critically, compared with the fluorescence lifetime of ~1 ps measured at 267 nm excitation (5), nucleotides excited with visible light have exceptionally longer fluorescence decays with lifetimes of $\tau_{fl} \sim 2$ ns (see detailed numbers in Table S1), which is comparable to the fluorescence lifetimes of high quantum yield fluorophores. This long-lived fluorescence further suggests that the origin of this fluorescence is possibly related to inter-molecular interactions, such as excimer/exciplex formation (3, 4) or charge separation/recombination (6). Follow-up studies are required to fully uncover its origin.

Photoswitching mechanism

Integration of endogenous fluorescence with PLM requires the ability to detect blinking single-molecule emission. We have accomplished this feat by leveraging ground state depletion (GSD) with dark-state shelving and stochastic return. The phenomenon has previously been exploited for super-resolution microscopy with exogenous dyes (7). When excited by light with intensity $I_{ex}$, a molecule transitions from its ground state ($S_0$) to an excited state ($S_1$) with the average rate $k_{ex} = I_{ex}\sigma/h\nu$, where $\sigma$ is the absorption cross section and $\nu$ is the frequency of the transition (Fig. S6). From this state the molecule can relax non-radiatively; emitting a fluorescence photon with probability $Q$ or transition to a dark (e.g. triplet) state ($T$) via intersystem crossing (ISC) with probability $\Phi \ll 1$. Because the dark states have a lifetime $\tau$ much longer than that of fluorescence ($\tau > 100 \text{ ms} \gg \tau_{fl} \sim \text{ns}$), with each excitation molecules increasingly shelve in a long-lived dark state. While in this long-lived dark state, the molecule no longer fluoresce. However, it may return to the ground state with the average rate $k = 1/\tau$ after which it is again available for excitation. This creates the “on” and “off” periods, or blinking. The process can be described by a system of three differential equations:

\[
\begin{align*}
\frac{dn_0}{dt} &= -k_{ex}n_0 + k_{fl}n_1 + kn_2 \\
\frac{dn_1}{dt} &= +k_{ex}n_0 - k_{fl}n_1 - k_{isc}n_1 \\
\frac{dn_2}{dt} &= +k_{isc}n_1 - kn_2
\end{align*}
\]
where \( n_{0,1,2} \) are the population probabilities of the molecule and \( \sum_i n_i = 1 \). \( k_{fl} = 1/\tau_{fl} \) and \( k_{isc} = 1/\tau_{isc} \), where \( \tau_{fl} \) and \( \tau_{isc} \) is the fluorescence lifetime and the intersystem crossing lifetime, respectively.

At steady-state, the fraction of the fluorophores that are in the ground state (and can generate fluorescence) was reduced by increasing \( I_{ex} \) as \( \varepsilon \approx 1/(1 + k_{ex} \tau \Phi) \). If \( I_{ex} \gg h\nu/(\sigma \Phi) \), the majority of molecules are ‘shelved’ in the dark (triplet) state. With few molecules available for excitation, single-molecule blinking fluorescence may be observed. The average “on” time is \( \tau_B = 1/(k_{ex} \Phi) \), the fluorescence photon arrival rate during the “on” period is \( \Gamma = Q k_{ex} \), and the photon count per each blinking is \( N_B \approx Q / \Phi \).

Rigorous study of the mechanism of the endogenous fluorescence blinking of polynucleotides (20-bp poly-A, G, C, and T) supports the GSD mechanism. First, we validated the role of the long-lived dark state in the observed stochastic emission of nucleic acids. The theory of GSD predicts that once GSD has been induced by a strong pump excitation (\( I_{pump} \) up to 24 kWcm\(^{-2}\) for 100 ms), the fluorescence induced by a weaker probe beam (\( I_{probe} = 0.3 \) kWcm\(^{-2}\)) will follow the exponential time course of the repopulation of the ground state with recovery timescale \( \tau \). Our data shows that the recovery time for polynucleotides samples is \( \tau \sim 150 – 400 \) ms, which is typical for the lifetime of the triplet states. The experimental recovery data fits accurately with the GSD model (Fig. S7), with \( \sigma \) taken from the published data (~1,000 M\(^{-1}\)cm\(^{-1}\) for the 20-bp DNA) and \( \Phi \approx 0.0002 \) (found as a fitting parameter). The value of \( \Phi \) is also characteristic of the intersystem crossing into a triplet state (7). Finally, addition of the triplet-specific quencher, \( \beta \)-mercaptoethanol, reduced \( \tau \) by 36%, thus confirming the shelving of excited electrons in the dark, and most likely, triplet state.

Further validation of the GSD mechanism was achieved by varying \( I_{pump} \) intensity and estimating \( \varepsilon \) as the ratio of fluorescence at the beginning of the recovery, read by \( I_{probe} = 0.3 \) kWcm\(^{-2}\), to the steady state probe fluorescence. As expected, \( \varepsilon \approx 1/(1 + I_{pump} \tau \Phi) \) was inversely related to \( I_{pump} \) intensity.

Remarkably, the photochemical characteristics of nucleic acids under visible light illumination make them ideal candidates for use as GSD-blinking fluorophores in biological systems: 1) They exhibit a long shelving lifetime, \( \tau \), which is ideal for efficient depletion. 2) Although nucleic acids have weak fluorescence due to a low absorption in bulk, the photon
number of individual emission events is comparable to most exogenous dyes used in PLM. 3) Finally, detection at lower excitation intensity (~5 kWcm⁻²) is highly advantageous compared to the cell-damaging high light intensities typically used in some other super-resolution approaches (e.g. up to 10⁵ kWcm⁻² in STED). However, if 𝜏 was substantially longer, it would slow down image acquisition.

**Preparation of polynucleotides hydrogel and single molecule samples**

10 µL polynucleotides (5’-AAA AAA AAA AAA AAA AA-3’, 5’-GGG GGG GGG GGG GGG GGG GG-3’, 5’-CCC CCC CCC CCC CCC CCC CC-3’, 5’-TTT TTT TTT TTT TTT TTT TTT TT-3’) solution (100 µM, IDT) were dropped on a coverslip (#1.5, Tedpella) surface and dried at 20°C overnight to form hydrogel thin films. Single molecule polynucleotide samples were prepared by diluting the polynucleotide solution 10,000 times with nuclease-free water (IDT) and fixing with poly-L-lysine (Sigma-Aldrich) on the coverslip surface. After incubating for 10 minutes, samples were then washed 3 times by PBS buffer and then sealed with PBS buffer.

**Validation of DNA-PLM imaging with labeled DNA Fibers**

Purified Salmon Sperm single stranded DNA (ssDNA), commonly used as a DNA purity standard in molecular biology applications, was used for imaging of DNA fibers. ssDNA (Sigma Aldrich) was suspended in nuclease free water (Invitrogen). DNA solutions were highly pure as indicated by a 260:280 ratio >1.85 and 260:230 ratio >2.2 as measured by UV absorption on a Nanodrop 2000®. For linear deposition on glass, ssDNA was sheared by sonication three times at 1 minute intervals and thermally denatured at 95 ºC for 10 minutes and rapidly cooled on ice to prevent rehybridization before spin deposition on poly-L-lysine coated glass coverslips using a CEE 200X (Brewer Science) according to the protocol developed by H. Yakota et al. (10) To validate DNA-PLM imaging of unlabeled DNA fibers, the nucleic acid origin of fibers was confirmed by staining using two DNA specific fluorescence probes, Hoechst 33342 (1 µM, Life Technologies) and Syto-13 (100 nM, Life Technologies). Hoechst 33342 staining was directly performed after DNA-PLM on the coverslip and then the co-localized wide-field fluorescence
image was performed using a 405-nm laser. While Hoechst 33342 cannot provide diffraction-limited resolution, it confirms that the fibers imaged using a 532-nm laser are formed by nucleic acids. Finally, conventional STORM of Syto-13 stained fibers were imaged using a 473-nm laser. ssDNA fibers were incubated with dye solution for 10 minutes and then deposited using the same method as the unstained fibers on coverslip. Residual dye was further removed using nuclease free water.

**Chromosome preparation from cultured cells**

Chromosome and nuclei isolation was performed as described previously (11) with minor modifications. In brief, samples were isolated from HeLa cells (passage 10-15) grown into log phase (>80% confluence) and treated for 90 minutes with 2.5 mg/ml of colchicine to arrest cells during M-phase. Following colchicine treatment, cells were washed with 1x PBS (pH 7.4), trypsinized, and pellet was isolated by centrifugation at 200xg for 10 minutes. Following isolation, pellet was resuspended in hypotonic KCl solution (0.075M) for 10 minutes at 37°C. Finally, pellets were fixed in Carnoy’s fixative for 10 minutes and washed 3 times prior to deposition on coverslips. Prior imaging, 5 µL nuclease-free water (IDT) was dropped at the center of a freshly cleaned glass slide, and the sample on the coverslip was mounted on the glass slide and sealed with dental cement.

**Co-localization of DNA-PLM clusters with Histone H2B**

HeLa cells (ATCC) between passage 10-20 were grown in Gibco® formulated RPMI-1640 Media (Life Technologies) supplemented with 10% FBS (Sigma Aldrich) on 35 mm Size 1 glass-bottom petridishes (MatTek Inc) seeded at the time of passage. Cells were briefly rinsed with 1× PBS and fixed for 5 minutes with 100% methanol. After fixation, cells were washed twice with 1× PBS for 5 minutes before permeabilization/blocking with 0.1% Triton X100 in 10% goat serum (Thermofisher)-1% bovine serum albumin (Sigma Aldrich) solution for 1 hour at room temperature. Cells were then incubated overnight at 4 °C with a 1:200 solution of Alexa Fluor 647 conjugated primary anti-histone H2B mouse mono-clonal antibody (Abcam) diluted in the permeabilization/blocking solution. Cells were then washed three times with 1x PBS solution.
and then rinsed and resuspended in freshly made standard GLOX 2-Mercaptoethanol STORM imaging buffer. Imaging of the Alexa Fluor 647 conjugated antibody was performed using a 640-nm laser. DNA-PLM was then immediately performed on the same cells using a 532-nm laser. For each image, 5000 frames were recorded for reconstruction.

References:

**Fig. S1.** Measured excitation–emission matrix fluorescence spectra of 5’-GMP solution with concentrations of (A) 10 µM and (B) 0.1 M. Horizontal axis shows the emission wavelength; vertical axis shows the excitation wavelength; color bar indicates the fluorescence intensity.
**Fig. S2.** Excitation wavelength dependence of quantum yield of 5’-GMP in water with concentrations of 10 µM (black line) and 0.1 M (red line). For the relative quantum yield measurement, UV-vis absorptions of nucleotide solutions and a reference solution (0.1-M Rhodamine 6G in ethanol, quantum yield=0.95 (12)) were first measured in 1-cm quartz cuvettes using a UV-VIS Spectrophotometer (UV-1800, Shimadzu), where the solvent backgrounds were carefully removed. Fluorescence spectra of samples at each wavelength were measured by using a spectrofluorimeter (Nanolog, Horiba Jobin-Yvon) in the same cuvettes. By dividing the integrated fluorescence intensity at each excitation wavelength with the absorption at the same wavelength, wavelength dependent quantum yields can be calculated and they were further normalized by the known quantum yield of the reference solution.”
**Fig. S3.** Excitation spectra of 0.1-M nucleotide solution at two fixed emission wavelengths of (A) 430 nm and (B) 560 nm.
**Fig. S4.** Steady state fluorescence emission spectra of 0.1-M nucleotide solutions under different excitation wavelengths of (A) 350 nm, (B) 450 nm and (C) 532 nm.
Fig. S5. Normalized time-resolved fluorescence decay curves of nucleotides for two different visible-light excitation wavelengths of (A) 450 nm and (B) 532 nm.
**Table S1.** Fluorescence lifetimes of nucleotides at excitation wavelengths of 450 nm and 532 nm.

<table>
<thead>
<tr>
<th>Excitation wavelength</th>
<th>A</th>
<th>G</th>
<th>C</th>
<th>T</th>
</tr>
</thead>
<tbody>
<tr>
<td>450 nm</td>
<td>2.18 ns</td>
<td>2.33 ns</td>
<td>2.42 ns</td>
<td>2.78 ns</td>
</tr>
<tr>
<td>532 nm</td>
<td>1.83 ns</td>
<td>2.08 ns</td>
<td>2.35 ns</td>
<td>2.56 ns</td>
</tr>
</tbody>
</table>
Fig. S6. Jablonski diagram of a three level system
**Fig. S7.** Fluorescence recovery of poly-G DNA after dark state shelving. The recovered signal was read out with $I_{\text{probe}} = 0.3$ kWcm$^{-2}$ after depletion for 100 ms with $I_{\text{pump}} = 21.67$ kWcm$^{-2}$. The blue curve is the measured result and the red curve is obtained by fitting the exponential model to the data. The characteristic recovery lifetime $\tau$ and the probability of intersystem crossing $\Phi$ with were obtained from the fitting.
**Fig. S8.** Nyquist resolution analysis of (A) poly-G DNA image shown in Figure 2, (B) chromatin structure image shown in Figure 3, and (C) X-shaped chromosome image shown in Figure 4, respectively.
Fig. S9. Co-localization study of DNA-PLM with conventional dSTORM labeling histone H2B (Alexa Fluor 647). As can be observed, DNA-PLM and antibodies targeting histone H2B frequently co-localize (overlap represented by yellow regions).
**Fig. S10.** Photobleaching characteristics of native DNA molecules observed in the imaging of isolated HeLa cell nucleus under laser illumination at 532 nm (black solid line) and 445 nm (blue solid line). Dashed lines show their corresponding exponential fitting, indicating photobleaching rates of 0.006 s$^{-1}$ and 0.014 s$^{-1}$ under laser illumination at 532 nm and 445 nm, respectively.