



Arc restores juvenile plasticity in adult mouse visual cortex

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The molecular basis for the decline in experience-dependent neural plasticity over age remains poorly understood. In visual cortex, the robust plasticity induced in juvenile mice by brief monocular deprivation during the critical period is abrogated by genetic deletion of Arc, an activity-dependent regulator of excitatory synaptic modification. Here, we report that augmenting Arc expression in adult mice prolongs juvenile-like plasticity in visual cortex, as assessed by recordings of ocular dominance (OD) plasticity in vivo. A distinguishing characteristic of juvenile OD plasticity is the weakening of deprived-eye responses, believed to be accounted for by the mechanisms of homosynaptic long-term depression (LTD). Accordingly, we also found increased LTD in visual cortex of adult mice with augmented Arc expression and impaired LTD in visual cortex of juvenile mice that lack Arc or have been treated in vivo with a protein synthesis inhibitor. Further, we found that although activity-dependent expression of Arc mRNA does not change with age, expression of Arc protein is maximal during the critical period and declines in adulthood. Finally, we show that acute augmentation of Arc expression in wild-type adult mouse visual cortex is sufficient to restore juvenile-like plasticity. Together, our findings suggest a unifying molecular explanation for the age- and activity-dependent modulation of synaptic sensitivity to deprivation.

Arc | synaptic plasticity | visual cortex | ocular dominance | critical period

A defining feature of early postnatal brain development is the activity-dependent winnowing of synaptic connections. This process is readily demonstrated by the response of visual cortical circuits to temporary monocular deprivation (MD) during early life. When MD is initiated during an early critical period, the synapses serving the deprived eye in visual cortex lose strength and are eliminated. Deprived-eye depression diminishes with age such that by the onset of adolescence, circuits are less vulnerable to the effects of deprivation. Understanding the molecular mechanisms that underlie the effect of age on this type of ocular dominance (OD) plasticity is considered one of the great challenges in neuroscience (1).

It is now well established that OD plasticity after MD occurs through synaptic plasticity of excitatory transmission, using mechanisms that include homosynaptic long-term depression (LTD), metaplasticity, and homeostatic scaling of AMPA-type glutamate receptors (2, 3). Clues to the molecular basis for the decline in juvenile plasticity have come from several diverse experimental treatments that can restore or prolong sensitivity to MD in adult animals. These include genetic manipulations that slow the maturation of cortical inhibition (4, 5), enrichment of animal housing conditions (6), increased exposure to visual stimulation (7), and enhanced modulatory neurotransmission (8). It has been suggested that a common thread connecting these varied treatments might be an increase in the ratio of excitation to inhibition (9, 10). However, it is completely unknown how, at the molecular level, general increases in cortical activity can facilitate deprivation-induced synaptic plasticity in adult visual cortex. Since the immediate early gene Arc is exquisitely sensitive to changes in cortical activity, and is essential for both OD plasticity and modification of excitatory

synaptic transmission (11–13), we set out to determine whether availability of Arc limits or changes the qualities of plasticity in adults and whether up-regulating Arc levels in adult animals can restore juvenile synaptic plasticity.

Results

Augmentation of Arc Expression in Adult Mouse Visual Cortex Extends the Critical Period of Juvenile OD Plasticity. In young mice [\leq postnatal day (P) 40], the main consequence of short (3–4 d) MD is the robust loss of cortical responsiveness to stimulation of the deprived eye. A compensatory potentiation of responses to the nondeprived eye may also occur, and is typically observed with longer periods of MD (5–7 d) (14). Importantly, although open-eye potentiation after long-duration MD is common in adult rodents, deprived-eye depression typically is only observed during the juvenile critical period in animals housed under standard laboratory conditions (15, 16). We predicted that augmenting Arc levels would prolong juvenile plasticity, as defined by closed-eye depression, past the conventional critical period in mouse visual cortex. To test this hypothesis, we used a transgenic (Tg) mouse line that expresses an additional allele of Arc tagged with mCherry that is driven by the activity-dependent Arc promoter in a similar manner to the previously characterized Arc-GFP Tg mouse line (17, 18) (Fig. S1).

We compared the qualities of OD plasticity after short (3–4 d) MD in Arc-Tg mice and wild-type (WT) littermate controls at P30 (juvenile) and P180 (adult) using chronic recordings of

Significance

Neuronal plasticity peaks early in life during critical periods and normally declines with age, but the molecular changes that underlie this decline are not fully understood. Using the mouse visual cortex as a model, we found that activity-dependent expression of the neuronal protein Arc peaks early in life, and that loss of activity-dependent Arc expression parallels loss of synaptic plasticity in the visual cortex. Genetic overexpression of Arc prolongs the critical period of visual cortex plasticity, and acute viral expression of Arc in adult mice can restore juvenile-like plasticity. These findings provide a mechanism for the loss of excitatory plasticity with age, and suggest that Arc may be an exciting therapeutic target for modulation of the malleability of neuronal circuits.

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visually evoked potentials (VEPs) from binocular visual cortex contralateral (contra) to the deprived eye (Fig. 1A) as previously described (11). There was no significant difference between P30 WT and Arc-Tg VEPs before MD, and following MD, both WT and Arc-Tg P30 mice exhibited a significant decrease in contra (closed-eye) VEP amplitudes (WT: $n = 7$, baseline = $251 \pm 28 \mu\text{V}$, post-MD = $166 \pm 12 \mu\text{V}$, $P = 0.03$; Arc-Tg: $n = 10$, baseline = $227 \pm 21 \mu\text{V}$, post-MD = $159 \pm 22 \mu\text{V}$, $P = 0.01$ by paired t test; Fig. 1B). As expected, adult P180 WT mice did not exhibit

depression of contra VEP amplitude after MD, reflecting the loss of juvenile plasticity. In sharp contrast, P180 Arc-Tg mice still exhibited a significant decrease in contra VEPs (WT: $n = 7$, baseline = $184 \pm 19 \mu\text{V}$, post-MD = $183 \pm 20 \mu\text{V}$, $P = 0.9$; Arc-Tg: $n = 6$, baseline = $208 \pm 26 \mu\text{V}$, post-MD = $136 \pm 20 \mu\text{V}$, $P = 0.02$ by paired t test; Fig. 1C), comparable to the decrease observed in WT juveniles. There was a significant treatment by genotype interaction, indicating that OD plasticity differs in Arc-Tg mice compared with WT mice ($P = 0.0092$, repeated measures ANOVA).

Because the chronic VEP method enables measurements of response strength in the same mouse before and after MD, we can also analyze the qualities of the OD shift by plotting the fractional changes in response magnitude to stimulation of the deprived contra eye and the nondeprived ipsilateral (ipsi) eye (19, 20). This analysis confirms that at P30, both WT and Arc-Tg mice exhibit robust and comparable levels of contra eye depression and a variable potentiation of the nondeprived ipsi eye [Fig. 1D, squares; WT: contra depression = 0.7 ± 0.1 , ipsi potentiation = 1.4 ± 0.2 ; Arc-Tg: contra depression = 0.7 ± 0.1 , ipsi potentiation = 1.3 ± 0.1 ; $P = 0.9$, multivariate ANOVA (MANOVA)]. There was, however, a significant difference in the qualities of OD plasticity in WT and Arc-Tg adult mice (Fig. 1D, circles). In WT mice, the OD shift was accounted for entirely by ipsi eye potentiation (Fig. 1D, open circles), whereas the shift in Arc-Tg mice (Fig. 1D, filled circles) was solely due to contra eye depression (WT: contra depression = 1.0 ± 0.01 , ipsi potentiation = 1.3 ± 0.1 ; Arc-Tg: contra depression = 0.7 ± 0.1 , ipsi potentiation = 0.9 ± 0.2 ; $P = 0.03$, MANOVA; Fig. 1D).

These data show that augmenting Arc levels in adult mice prolongs juvenile-like OD plasticity, as evidenced by deprivation-induced synaptic depression well past the conventional critical period in mice.

Activity-Dependent Arc Protein Expression Is High During the Critical Period and Low in Adulthood.

We reasoned that if availability of Arc influences the qualities of OD plasticity, Arc expression might decline as the animal ages. In mouse visual cortex, Arc is first detected after eye-opening (\sim P14) and expression steadily increases until \sim P30, corresponding to the age of peak sensitivity to MD (21). To determine whether Arc levels decline with age, WT or Arc-Tg mice were killed at P30 or P180. Basal Arc expression in visual cortex is highly variable under standard housing conditions (21); therefore, we housed mice in the dark for 24 h and then either killed them immediately ("dark" condition) or exposed them to light for 2 h ("light" condition) before euthanasia ($n = 6$ per group) (22). The brain was fixed and sectioned at $30 \mu\text{m}$ on a cryostat, and immunohistochemistry (IHC) was performed for Arc protein using a custom-made Arc antibody (Fig. S2) on sections of brain containing primary visual cortex. The integrated density of Arc-expressing cells in layer IV of visual cortex, where VEPs and LTD were recorded, was measured with the experimenter blinded to genotype and age (Fig. 2A). A three-way ANOVA comparing genotype (WT or Arc-Tg), age (P30 or P180), and condition (dark or light) revealed a main effect of genotype ($P < 0.0001$), age ($P = 0.02$), and condition ($P < 0.0001$), as well as a genotype \times condition interaction ($P = 0.02$). Post hoc Student's t tests showed that in P30 mice, light significantly induced Arc expression in both WT and Arc-Tg mice (WT: light > dark; light: 4.5 ± 1.3 , dark: 1 ± 0.6 , $P = 0.02$; Arc-Tg: light > dark; light: 8.2 ± 1 , dark: 2.7 ± 2.7 , $P = 0.002$). However, Arc-Tg mice expressed significantly more Arc after light exposure than WT mice ($P = 0.008$). At P180, WT mice no longer exhibited detectable Arc expression, even after light exposure. Arc-Tg mice, on the other hand, exhibited significant Arc expression after light exposure (light: 7.1 ± 0.8 , dark: 1.8 ± 1.2 ; $P = 0.001$). Furthermore, levels of light-induced Arc in P180 Arc-Tg mice were not significantly different from P30 Arc-Tg mice ($P > 0.05$), suggesting that activity-dependent expression of Arc in Arc-Tg mice does not decline with

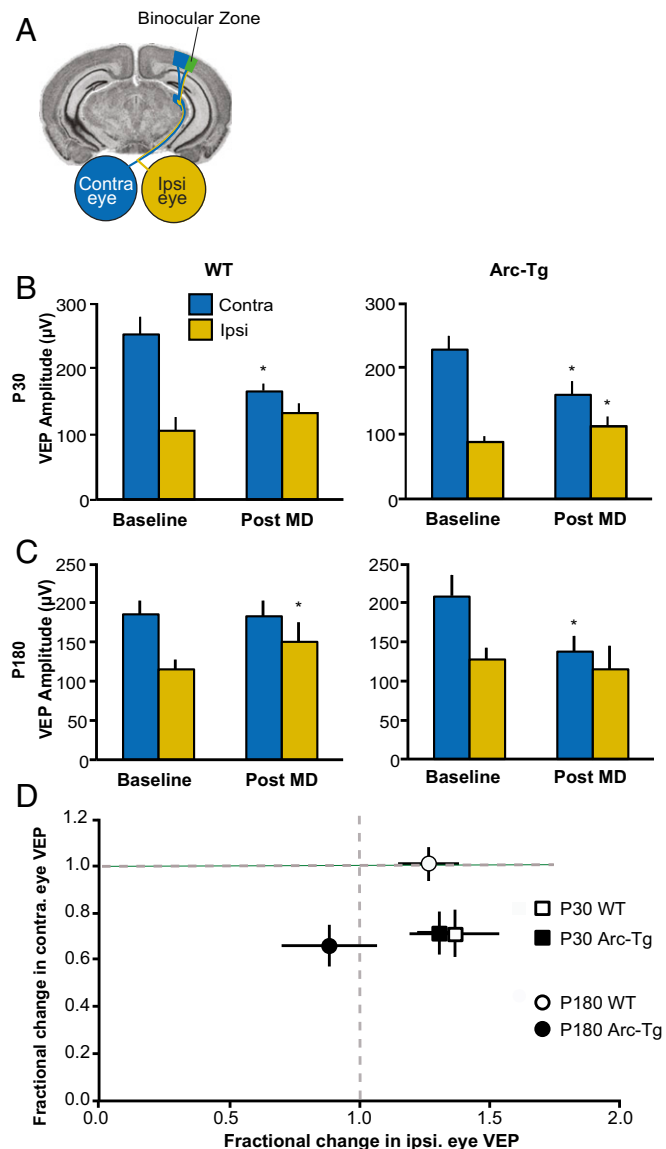


Fig. 1. Arc-Tg mice exhibit juvenile-like OD plasticity well past the conventional critical period. (A) Schematic of recording site for VEPs in layer IV of binocular visual cortex. (B) At P30, both WT and Arc-Tg mice show a significant decrease in contra (closed-eye) VEP amplitude following MD (WT: $n = 7$, $*P = 0.03$; Arc-Tg: $n = 10$, $*P = 0.01$). Additionally, Arc-Tg mice exhibited a small but significant increase in ipsi (open-eye) VEPs (Arc-Tg: $*P = 0.008$). There is no significant difference between WT and Arc-Tg animals before or after MD. (C) At P180, only Arc-Tg mice exhibit a significant decrease in contra VEPs (Arc-Tg: $n = 6$, $*P = 0.02$). (D) Plot of the fractional change in ipsi (x axis) and contra (y axis) eye VEPs following MD (same data as in B and C). At P30, there is no significant difference between WT and Arc-Tg mice. However, at P180, there is a significant difference between the fractional change of WT and Arc-Tg mice following MD ($P = 0.03$). Data are represented as mean \pm SEM.

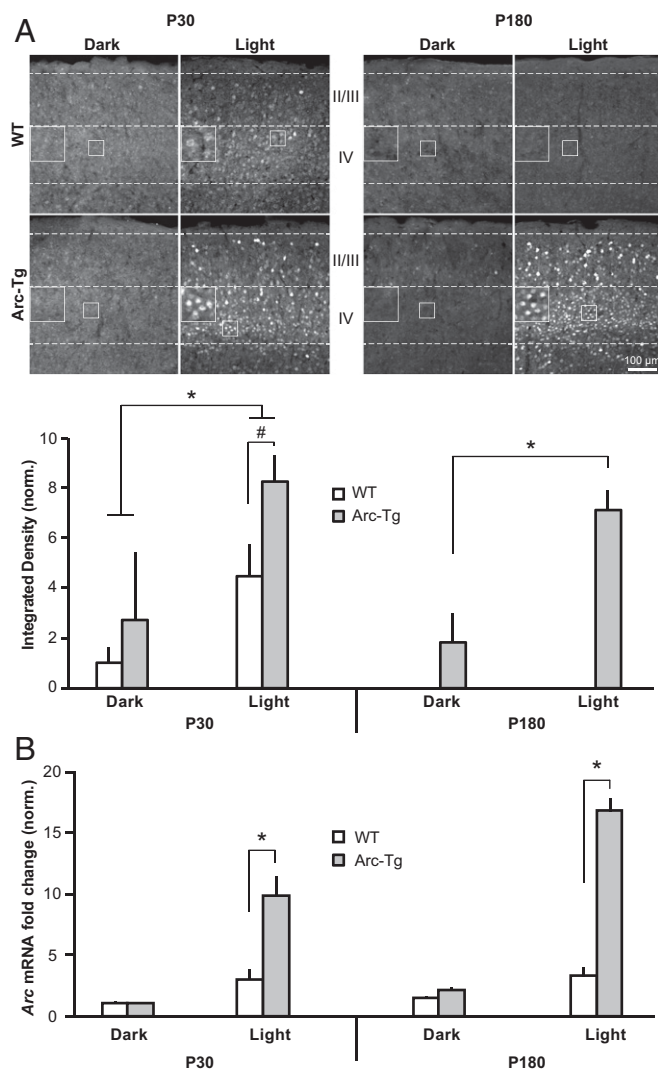


Fig. 2. Activity-dependent Arc protein, but not mRNA expression, declines with age in WT mouse visual cortex, but not in Arc-Tg mice. (A) IHC for Arc expression in layers I–IV of visual cortex after 24 h of being housed in the dark or 24 h of dark housing followed by 2 h of light exposure. Layer IV Arc expression is quantified in the graphs ($n = 6$ per group). Light increased Arc expression in both WT and Arc-Tg mice at P30 (WT: $*P = 0.02$, Arc-Tg: $*P = 0.002$), but Arc levels were higher in Arc-Tg mice ($\#P = 0.008$). At P180, WT mice did not express Arc after light exposure, while Arc-Tg mice exhibited the same light-induced increase in Arc observed at P30 ($*P = 0.001$). (Scale bar: 100 μm .) (B) WT and Arc-Tg mice were dark-housed for 24 h and then either killed in the dark (dark condition) or exposed to light for 2 h before euthanasia (light condition). qRT-PCR was run on dissected visual cortex to quantify Arc mRNA expression. All values were first normalized to GAPDH to control for total RNA levels. Light-induced Arc mRNA expression was higher in Arc-Tg mice than WT mice at both P30 and P180 (P30: $*P < 0.0001$, P180: $*P < 0.0001$). However, light-induced mRNA expression did not decrease with age in WT mice. Plotted data are normalized to P30 WT dark ($n = 5$ for WT light, $n = 4$ for Arc-Tg light, and $n = 3$ for all dark groups). Data are represented as mean \pm SEM.

age. These data show that activity-dependent Arc protein expression significantly declines with age in WT but not Arc-Tg mice. This loss of endogenous Arc protein over age correlates with the decline of deprived-eye depression following MD.

Arc transcription and translation are exquisitely regulated in the brain and are finely tuned to experience and neuronal activity (12). Of particular interest, transcription and translation of Arc can be independently regulated by activity (23). We therefore sought to

determine whether endogenous activity-dependent Arc mRNA expression also declines with age. Mice underwent dark and light exposure as described above ($n = 3$ –5 per group). The visual cortex was dissected and qRT-PCR, the most sensitive and quantitative method of RNA detection, was performed on lysates (Fig. 2B). A three-way ANOVA revealed a main effect of genotype ($P = 0.002$) and condition ($P = 0.0002$), but not age. Post hoc *t* tests showed that light-induced Arc mRNA expression was higher in Arc-Tg than WT mice (P30 WT: 2.9 ± 0.9 , P30 Arc-Tg: 9.8 ± 1.6 , $P < 0.0001$; P180 WT: 3.3 ± 0.7 , P180 Arc-Tg: 16.7 ± 1.1 , $P < 0.0001$). Interestingly, however, levels of activity-induced Arc mRNA expression did not differ with age in either genotype ($P > 0.05$). Although we cannot rule out the possibility that analysis of layer IV alone would reveal an age effect, we note that Arc protein cannot be detected in any layer of V1 in adult WT mice. These data suggest that availability of endogenous Arc mRNA alone cannot fully explain the differences in Arc protein expression across the lifespan of WT mice and point to the possibility of a decrease in either activity-dependent translation or stability of endogenous Arc protein in adult visual cortex. Nevertheless, the increased expression of Arc mRNA in the active visual cortex of Arc-Tg mice is paralleled by a proportional increase in protein.

Augmenting Arc Expression Restores LTD in Adult Visual Cortex.

Deprived-eye depression occurs via mechanisms shared with LTD (3), which also diminishes with age (24). In addition to the profound deficit in OD plasticity (11), juvenile (P20–25) Arc knockout (KO) mice exhibit impaired layer IV LTD in visual cortex, induced in slices with low-frequency stimulation (LFS) of the white matter, compared with WT mice, which showed robust LFS LTD (WT: $n = 7$ slices from four mice, $67.5 \pm 5.7\%$; Arc KO: $n = 7$ slices from five mice, $90.6 \pm 4.6\%$; $P < 0.001$, *t* test; Fig. 3A). We therefore hypothesized that the persistence of juvenile OD plasticity in adult Arc-Tg mice was accompanied (and perhaps accounted for) by continued expression of juvenile-like LTD. To ensure expression of Arc protein in the slices, mice were exposed briefly (30 min) to an enriched environment before euthanasia as described previously (23). We first measured LTD in juvenile mice when both WT and Arc-Tg animals show comparable OD plasticity, characterized by robust deprived-eye depression after MD. Over the age range examined, between P26 and P41, LTD in WT and Arc-Tg mice was also comparable (WT: $n = 9$ slices from seven mice, $75.4 \pm 11.6\%$; Arc-Tg: $n = 7$ slices from six mice, $81.3 \pm 7.1\%$; $P > 0.5$, *t* test; Fig. 3B). Subgroup analysis of this juvenile cohort revealed no difference in LTD in animals of either genotype at P26–33 or P34–41 (Fig. 3B, circles and inverted triangles, respectively). However, in adult mice (P180–200), we observed significant LTD in Arc-Tg slices but not in WT littermate slices (WT: $n = 11$ slices from six mice, $102.8\% \pm 8.7$; Arc-Tg: $n = 12$ slices from six mice, $74.5 \pm 7.9\%$; Fig. 3C). The difference between genotypes was significant ($P = 0.04$, *t* test). Thus, augmented expression of Arc in adult visual cortex restores or maintains two features of juvenile plasticity: LTD in vitro (Fig. 3C) and deprived-eye depression following MD in vivo (Fig. 1C).

Inhibition of Protein Synthesis in Vivo Impairs LTD in Juvenile Visual Cortex.

The apparent requirement of Arc translation for deprived-eye depression may offer a partial explanation for why juvenile OD plasticity following brief MD is impaired when the visual cortex is infused locally with the protein synthesis inhibitor cycloheximide (CHX) (25). If this explanation is correct, and the mechanisms of LTD are used for deprived-eye depression following MD, we would also expect to observe reduced LTD ex vivo following microinfusion of CHX into visual cortex. To test this prediction, WT visual cortex was infused in vivo via an osmotic minipump with CHX for 4 d as described (25), and slices were then prepared to conduct LTD experiments. Similar to our observations in the Arc KO visual cortex, there was no LTD in juvenile visual cortex after chronic inhibition

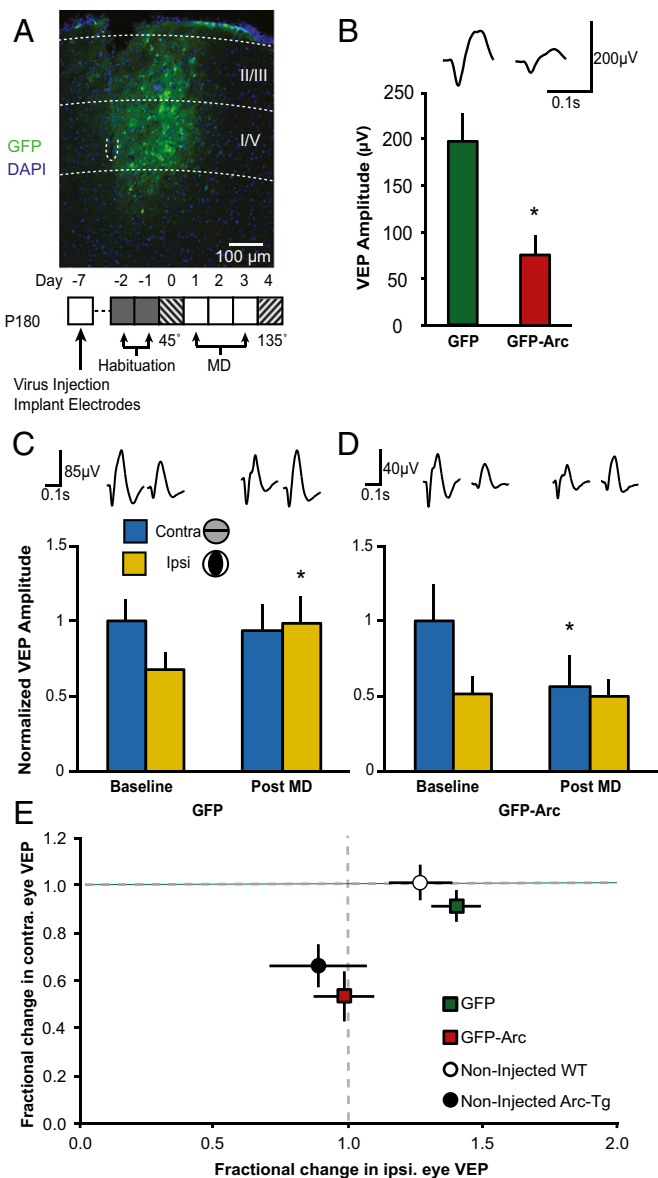


Fig. 4. Acute Arc expression in adult mouse visual cortex is sufficient to restore juvenile OD plasticity. P180 WT mice were injected unilaterally in the visual cortex with lentivirus expressing either GFP alone or GFP-Arc. (A) Representative image of virally driven GFP expression in binocular visual cortex and time line of the experiment. The white dashed lines demarcate the cortical layers, as well as the position of the tip of the recording electrode. (B) GFP- and GFP-Arc-injected P180 mice were visually stimulated before MD with both eyes open to record binocular baseline VEPs. GFP-Arc-injected mice had significantly smaller VEPs than GFP-injected mice (GFP: $n = 11$, GFP-Arc: $n = 5$; $*P = 0.005$). Traces represent average VEPs for GFP- and GFP-Arc-injected mice. (C) Data were normalized to baseline contra values. There was no significant change in contra VEP amplitudes following MD in GFP-injected animals ($P > 0.05$); however, there was a significant ipsi increase ($*P = 0.003$). (D) Data were normalized to baseline contra values. GFP-Arc-injected mice exhibited significant contra depression following MD ($*P = 0.016$) and no change in ipsi responses. Averaged VEP traces are presented above the graphs. (E) Plot of the fractional change in ipsi (x axis) and contra (y axis) eye VEPs following MD (same data as in C and D, noninjected WT and Arc-Tg data are from Fig. 1B). There is a significant difference between the fractional change in visual responses between GFP- and GFP-Arc-injected mice ($P < 0.01$). GFP-injected mice exhibit the same lack of change as non-injected P180 WT mice ($P = 0.3$), while GFP-Arc-injected mice exhibit the same degree of change as noninjected P180 Arc-Tg mice ($P = 0.6$). Data are represented as mean \pm SEM.

in adult visual cortex, suggesting the increased availability of Arc protein is sufficient to allow deprivation-induced synaptic depression in adult visual cortex.

Discussion

Here, we show that acute or chronic up-regulation of Arc protein in adult mice renders visual cortical synapses sensitive to deprived-eye depression following MD, recapitulating juvenile critical period OD plasticity. In agreement with the prevailing hypothesis that LTD mechanisms mediate deprived-eye depression (3), overexpression of Arc also prolongs juvenile-like LTD in adult visual cortex. Conversely, elimination of Arc expression or inhibition of mRNA translation in juvenile visual cortex prevents deprived-eye depression after MD in vivo (11, 25) and LTD ex vivo. Together, these data indicate that availability of Arc is critical for the expression of juvenile plasticity in visual cortex.

Considering the key role for Arc in determining the qualities of OD plasticity in visual cortex of juvenile animals, we predicted that the loss of deprived-eye depression after MD in adult visual cortex correlates with a lack of activity-dependent Arc expression. Indeed, we found that endogenous Arc protein expression in the active visual cortex declines with age, coincident with the loss of juvenile plasticity. Surprisingly, however, we found that activity-dependent Arc mRNA expression is comparable in juvenile (~P30) and adult (~P180) WT mouse visual cortex. This finding implies that the normal decline in Arc protein expression in active visual cortex results from a decrease in experience-dependent Arc translation, which can occur via mechanisms that are distinct from those regulating activity-dependent transcription (12, 23). The lack of decline in activity-dependent Arc expression in Arc-Tg mice could be due to the increase in Arc mRNA levels. Alternatively or in addition, the extra Arc allele in the Arc-Tg line does not contain an intron in the 3' UTR region, which may result in an increase in mRNA stability in dendrites due to a lack of nonsense-mediated decay (28), and would thus potentially have a longer half-life than endogenous Arc mRNA. Restoration of juvenile plasticity in adult mice injected with GFP-Arc suggests that the presence of Arc protein in visual cortex is sufficient for juvenile OD plasticity.

Deprived-eye depression after MD is believed to occur via mechanisms revealed by the study of LTD in layer IV. LTD in this layer is triggered by NMDA receptor activation and expressed by internalization of AMPA receptors (29). Although NMDA receptor-dependent LTD is not affected by acute (in vitro) inhibition of protein synthesis (30), we discovered that chronic inhibition of protein synthesis by in vivo microinfusion of CHX, which has been shown to prevent deprived-eye depression (25), impairs layer IV LTD ex vivo. These findings are reminiscent of the recent observation that chronic, but not acute, inhibition of metabotropic glutamate receptor 5 (mGluR5) can disrupt both deprived-eye depression after MD and LTD in layer IV (19). Activity-dependent synthesis of Arc protein occurs downstream of mGluR5 activation (12, 23). Thus, a simple explanation for this constellation of findings is that NMDA receptor-dependent LTD and deprived-eye depression require Arc protein as a necessary cofactor, and are inhibited by chronic block of either mGluR5 or protein synthesis. Decreased availability of Arc, and a consequent down-regulation of the mechanisms of LTD, also offers a simple molecular explanation for the age-dependent loss of synaptic sensitivity to visual deprivation.

Inhibition develops later than excitatory transmission in the cortex, and it has been suggested that the consequent decrease in the ratio of excitation to inhibition brings the critical period for juvenile plasticity to a close (10). We propose that decreasing the excitability of the visual cortex ultimately affects OD plasticity by preventing the activity-dependent expression of key activity-regulated plasticity proteins at the synapse that are important mediators of excitatory synaptic modification, such as Arc (Fig. S4).

Indeed, in addition to manipulations of inhibition, OD plasticity can be restored in adult rodents exposed to an enriched visual environment (6, 7), treated chronically with fluoxetine (8), or genetically engineered to express constitutively active CREB (31), manipulations that also increase Arc protein levels (32). The precise regulation of Arc expression during development therefore provides a potential mechanistic link between the maturation of inhibition and changes in the qualities of excitatory synaptic modification over the lifespan.

Materials and Methods

Animals. Tg mouse lines harboring the Arc-promoter mCherry-Arc transgene (mCherry-Arc/Arc) were generated as previously described (18). Further details can be found in *SI Materials and Methods*. Requests for mice should be directly addressed to H.B. or H.O. Arc KO mice were obtained from Kuan Wang, NIH, Bethesda, and were previously described (22). Both male and female mice were used, and the experimenter was blinded to genotype in all experiments. Male C57BL/6 mice (Charles River Laboratories) at the age of P22–25 were used for the Alzet pump implantation experiments. Male C57BL/6 mice (The Jackson Laboratory) at the age of P180 were used for lentiviral VEP experiments. All procedures were approved by the Institutional Animal Care and Use Committees of the Massachusetts Institute of Technology, the University of Utah, and The University of Tokyo Graduate School of Medicine, in conjunction with NIH guidelines.

Virus Production/Injection.

Virus production. Kimberly Huber, University of Texas Southwestern Medical Center, Dallas, generously donated FUGW lentiviral plasmids for ubiquitin

(Ubq)-GFP and Ubq-GFP-Arc. Injections were carried out as previously described (33).

VEP recordings, slice electrophysiology, and IHC. VEP recordings, slice electrophysiology, and IHC were carried out as previously described (11, 19). Detailed methods on IHC, qRT-PCR, VEP recordings, and slice electrophysiology can be found in *SI Materials and Methods*.

Statistics. ANOVA/MANOVA tests and post hoc Student's *t* tests were performed using JMP Pro software (v12; SAS Institute). For slice electrophysiology experiments, post hoc paired *t* tests were performed to determine the significance of changes before and after LFS and unpaired *t* tests were performed to test the differences between groups after LFS.

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