

Ligand selectivity by seeking hydrophobicity in thyroid hormone receptor

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Selective therapeutics for nuclear receptors would revolutionize treatment for endocrine disease. Specific control of nuclear receptor activity is challenging because the internal cavities that bind hormones can be virtually identical. Only one highly selective hormone analog is known for the thyroid receptor, GC-24, an agonist for human thyroid hormone receptor β . The compound differs from natural hormone in benzyl, substituting for an iodine atom in the 3' position. The benzyl is too large to fit into the enclosed pocket of the receptor. The crystal structure of human thyroid hormone receptor β at 2.8-Å resolution with GC-24 bound explains its agonist activity and unique isoform specificity. The benzyl of GC-24 is accommodated through shifts of 3–4 Å in two helices. These helices are required for binding hormone and positioning the critical helix 12 at the C terminus. Despite these changes, the complex associates with coactivator as tightly as human thyroid hormone receptor bound to thyroid hormone and is fully active. Our data suggest that increased specificity of ligand recognition derives from creating a new hydrophobic cluster with ligand and protein components.

All metazoan life depends on transcription control by the family of nuclear receptors. Nuclear receptors regulate development and differentiation as well as metabolism and physiology, and their dysfunction contributes to disorders such as diabetes, obesity, cardiovascular disease, and cancer (1). Synthetic hormone analogs have therapeutic potential for altering the function of many nuclear receptors, provided that they are receptor and isoform selective. Agonist ligands of peroxisome proliferator-activated receptor γ are currently used to treat type II diabetes (2–4). Estrogen analogs called selective estrogen receptor modulators that selectively block or activate estrogen receptor isoforms are applied in the therapy of breast cancer and osteoporosis (5, 6).

Although investigations on structure–function relationships show that nuclear receptors possess unique features in regulation, their three-dimensional structures are similar. The ligand-binding domain (LBD) binds hormone and is interdependent on other domains that bind to DNA and coregulators or respond to posttranslational modifications (7). Within the LBD, the critically placed C-terminal helix 12 changes its position and binding surface in an allosteric response to hormone binding (8). The function of this conformational change is to shape the surface for binding of coregulators (9, 10). The coactivator complex attracts further cofactors, which are required for activation of the transcription of target genes (11, 12). The shape and size of the hormone-binding pocket, usually completely buried inside the protein, place severe restrictions on the design of ligands. Any subtle changes in the chemical structure of the hormone might alter the position of helix 12 and so determine the fate of the receptor as repressed or activated.

The synthesis and evaluation of ligands for thyroid hormone receptor (TR), before the structure of the receptor was known, led to the discovery of compounds larger than 3,5,3'-triiodothyronine (T_3) that functioned as thyromimetics. In these

molecules, the iodine at the 3' site of T_3 was replaced with large rigid groups (13, 14). When the structure of TR bound to thyroid hormone was solved (8), it showed that T_3 was completely buried, surrounded by protein and tightly packed without room for chemical groups larger than iodine at the 3' position. GC-24 is not unlike these T_3 analogs that were discovered earlier, possessing a benzyl at the 3' position of the hormone core moiety. The mystery, in light of the structure of the LBD, is how such compounds bind with normal affinity.

Thyroid hormone influences growth, development, and homeostasis, with important effects on general metabolism, lipid levels, heart rate, and mood (15). Pharmacologic thyroid hormone treatment could be used to combat obesity and lower cholesterol and triglyceride levels but fails in practice because of associated symptoms of hyperthyroidism, in particular, elevated heart rate and arrhythmia (16). Thyroid hormone signals are transduced by two related thyroid receptor subtypes, TR α and TR β , which are encoded by different genes (17, 18). Studies of TR isoform-specific knockout mice and patients with resistance to thyroid hormone syndrome suggest that TR α mediates the effects of thyroid hormone on heart rate, whereas analogs that exclusively stimulate TR β might have desirable effects without causing cardiac distress. Indeed, animal studies using thyroid receptor agonists with modest TR β selectivity have validated this hypothesis (14, 19, 20). Nevertheless, structure-based approaches to develop ligands with further improvements in isoform specificity are limited by the fact that the LBDs of TR α and TR β are $\approx 75\%$ identical in amino acid sequence, and that the internal hydrophobic cavities that hold the hormone differ by just one amino acid (Ser-277 in TR α versus Asn-331 in TR β).

TR ligand design was revolutionized by creating an easily synthesized and potent T_3 analog called GC-1. It was reported as a TR agonist with modest β -selectivity (21). The crystal structure of TR β in complex with GC-1 suggested that this specificity may have been achieved through interactions of the carboxylate tail of GC-1 with the polar part of the hormone-binding pocket (including the TR β isoform-specific residue Asn-331) (17). It was concluded that a single amino acid difference in the hormone-binding pockets of the TR subtypes could account for the selectivity of GC-1. In this study, we show that a large chemical substitution, appropriately attached to the hormone analog GC-1, improves TR β selectivity by a factor of 40–60 while retaining normal binding affinity and receptor function. Unlike the case for the modest TR β -specificity of GC-1 and other

Abbreviations: GRIP, glucocorticoid receptor-interacting protein; NCoR, nuclear receptor corepressor; LBD, ligand-binding domain; rmsd, rms deviation; RXR, retinoid X receptor; TR, thyroid hormone receptor; T_3 , 3,5,3'-triiodothyronine.

Data deposition: The atomic coordinates have been deposited in the Protein Data Bank, www.rcsb.org (PDB ID code 1Q4X).

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TR β -isoform-specific agonists (22), the marked TR β specificity of GC-24 is not dependent on the sequence composition of the ligand-binding pocket. Instead, GC-24 moves two framework helices and partners with additional amino acids outside the T₃ hormone-binding pocket to sculpt additional surfaces providing further opportunities for specific agonist–receptor interaction.

Materials and Methods

Protein Expression and Purification. Human TR β LBD was produced in BL21 cells (Stratagene) at 22–23°C by using the pET28 (Novagen) TR-E202 plasmid with an N-terminal six-His tag as described (17). To induce protein expression, 0.5 mM isopropyl β -D-thiogalactoside was added when an OD₆₀₀ of \approx 1.2 was reached, and the incubation continued for 6 h. For the purification protocol of TR β , see ref. 17. Briefly, cells were lysed and sonicated on ice, and the clear lysate (15,000 rpm, 30 min in a Beckman SS 34 rotor) was loaded onto Talon resin (Clontech) and incubated for 1 h at 4°C. The Talon beads with the bound TR were washed to exclude unspecific binding, and TR was eluted with 100 mM imidazole. The protein, which at this point was \approx 85% homogenous, was incubated with GC-24 at a molar ratio of 1.5:1 (ligand:protein) and dialyzed against 20 mM Hepes (pH 8)/1 mM DTT/0.2 mM PMSF overnight at 4°C. To isolate the liganded receptor, TSK-phenyl HPLC (Tosoh) was performed. Fractions containing the receptor/ligand complex were pooled, washed with 20 mM Hepes buffer, concentrated to 10.5 mg/ml, and immediately used for crystallization experiments. The routine overall yield was \approx 15 mg/liter of protein/ligand complex that was purified to 99% homogeneity.

Crystallization and X-Ray Analysis. Crystals were grown at 4°C in sitting drops by using compact clover crystallization plates (Emerald Biostructures, Bainbridge Island, WA) by mixing 2 μ l of TR/GC-24 complex (10.5 mg/liter) and 2 μ l of well solution. The reservoir contained 200 μ l of 0.1 M sodium acetate/10% polyethylene glycol 3350/0.15 M ammonium sulfate. Five percent cymal-2 (final concentration, detergent screen 3, No. 22, Hampton Research) and 1.5% glucose (final concentration, additive screen 2, No. 6, Hampton Research) were added to the drop. Hexagonal crystals grew within 2 weeks to a size of \approx 0.075 mm \times 0.075 mm \times 0.035 mm. The space group was determined as *P*₆₅22 with unit cell dimensions *a* = 56.57 Å and *c* = 390.05 Å. Each asymmetric unit contained one monomer of TR complexed with GC-24 and 60% solvent. For cryoprotection, ethylene glycol was added directly to the drop in steps up to a final concentration of 25%, before freezing the crystals in liquid nitrogen. Data were measured to 2.8 Å at –170°C at beamline 8.3.1 at the Advanced Light Source, Berkeley, at a wavelength of 1.1 Å, and the observed reflections were reduced, merged, and scaled with DENZO and SCALEPACK (23).

Structure Determination and Refinement. The structure of TR β /GC-24 was solved by molecular replacement (CNS package) using the atomic coordinates for the TR β /GC-1 complex as a model. The phases from the molecular replacement were used to calculate electron density maps based on $2F_o - F_c$ and $F_o - F_c$ coefficients. For accuracy, the disordered regions K211–T215 and H238–V264 were removed from the model and rebuilt manually. Alternate cycles of model building in QUANTA and refinement in CNS (rigid body refinement, simulated annealing, individual *B*-factor refinement, gradient minimization refinement, composite annealed omit maps) produced a model with *R*/*R*_{free} values of 21.6/26.4%. Part of the loop region between H2 and H3, E248–E261, was disordered and could not be included in the structural model. Q241, E324, and H441 were modeled as alanines. The final model consists of human thyroid hormone receptor β LBD residues G209–P247, G262–D461, and 40 water molecules per asymmetric unit.

Ligand-Binding Assays. Competition assays to determine ligand-binding affinities for wild-type and mutant receptor proteins were performed as described (24, 25). Fifteen femtomoles of purified or *in vitro* translated receptor LBDs was incubated overnight with 0.5 nM L-[¹²⁵I]T₃ (NEN) and various concentrations of competitor ligand in 100 μ l of E400 buffer [400 mM NaCl/20 mM potassium phosphate (pH 8.0)/0.5 mM EDTA/1 mM MgCl₂/10% glycerol, along with 1 mM monothioglycerol and 50 μ g of calf thymus histones added fresh]. The receptor/[¹²⁵I]T₃ complex was isolated through a Sephadex G-25 column and quantified on a γ counter. *K*_i values were calculated by using the one-site competition model contained in the PRISM 3.0 program using known *K*_d values for T₃ binding to receptor or receptor mutant LBDs.

Transfection Assays. HeLa cells were cultured in DME/H21 supplemented with 10% fetal bovine serum (HyClone) and penicillin/streptomycin. Transient transfections were performed using electroporation. Approximately 5 million HeLa cells were resuspended in PBS supplemented with 0.1% glucose and 10 μ g/ml BioBrene (Applied Biosystems) in a 0.4-cm gap electroporation cuvette, mixed with DNA, including 2 μ g of TRE-luciferase and cytomegalovirus promoter- β -galactosidase internal control to estimate transfection efficiency and, where indicated, 1 μ g of TR β expression vector. The cells were then exposed to 960 μ F and 0.25 kV delivered by a Bio-Rad electroporation unit, recovered in standard growth medium, and plated on 12-well dishes. The following day, cells were washed in PBS, re-fed with DME/H21 without serum, and treated with the appropriate concentrations of T₃ or GC-24 or control vehicle. Luciferase and β -galactosidase activities were measured in cell extracts prepared by standard methods 24 h later by using luciferase (Promega) and Galacto-Light assay systems (Tropix, Bedford, MA). For the purposes of these studies, maximal T₃ induction (usually \approx 15-fold) was set at 100%.

Pull-Down Assays. GST-fusions to the nuclear receptor interaction domains of glucocorticoid receptor-interacting protein (GRIP)1 (amino acids 563–1121) and nuclear receptor corepressor (NCoR) (amino acids 1944–2453) were expressed in *Escherichia coli* BL21. Cultures were grown to OD₆₀₀ 1.2–1.5 at \approx 22°C and induced with 1 mM isopropyl β -D-thiogalactoside for 4 h. The cultures were centrifuged, and bacterial pellets were resuspended in 20 mM Hepes (pH 7.9)/80 mM KCl/6 mM MgCl₂/1 mM DTT/1 mM ATP/0.2 mM phenylmethylsulfonyl fluoride and protease inhibitors and sonicated. Debris was pelleted by centrifugation in a Beckman SS34 rotor for 1 h at 12,000 rpm. The supernatant was incubated with glutathione-Sepharose 4B beads (Amersham Biosciences) and washed as previously described. Protein preparations were stored at –20°C in 20% glycerol until use. Interactions between [³⁵S]methionine-labeled TR β and GST-fusion proteins were produced by using coupled *in vitro* transcription–translation (TNT kit, Promega). The binding reactions were carried out on ice in a volume of 150 μ l composed of 137.5 μ l of protein-binding buffer (PBB) along with 10 μ l of GST-bead slurry corresponding to 3 μ g of fusion protein, 1 μ l of *in vitro* translated protein, and 1.5 μ l of ligand or vehicle. PBB was freshly prepared in 24-ml aliquots composed of 20 ml of A-150 (20 mM Hepes/150 mM KCl/10 mM MgCl₂/1% glycerol) and 2 ml each of PBS supplemented with 1% Triton X-100 and 1% Nonidet P-40. PMSF, DTT, BSA, and protease inhibitor mixture (Novagen) were added to 0.1 mM, 1 mM, 2 μ g/ml, and 1/1,000 dilution respectively. The mix was incubated at 4°C with gentle agitation; the beads were pelleted, washed four times with PBB containing no BSA, and dried under vacuum for 20 min. The sample was taken up in SDS/PAGE loading buffer and then subjected to SDS/PAGE and autoradiography.

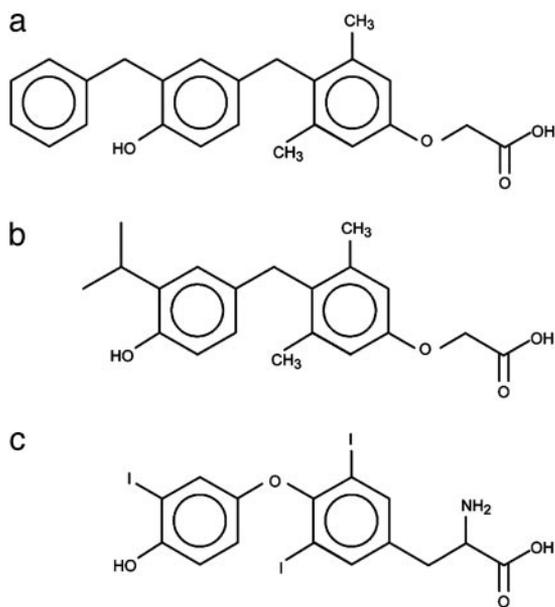


Fig. 1. Chemical formulas for TR modulators. (a) GC-24. (b) GC-1. (c) Thyroid hormone (T_3).

Results

GC-24 Binds with High Affinity and Selectivity to $TR\beta$. GC-24 [3,5-dimethyl-4-(4'-hydroxy-3'-benzyl)benzylphenoxyacetic acid] (Fig. 1a) belongs to a series of analogs that were designed from a thyroid hormone scaffold that was easier to synthesize than the natural hormone. Potentially, compounds in this series could be agonists or antagonists or possibly show selectivity toward the α - or β -subtypes of TR. The first substance that was synthesized in this group and indeed showed β -specificity is GC-1 (21, 26) (Fig. 1b). The major differences between T_3 (Fig. 1c) and the GC series are a methylene instead of the ether to bridge the two phenyl rings; the substitution of hydrocarbon residues for the 3, 5, and 3' iodine atoms; and replacement of the 1-aminopropionic acid with oxyacetic acid. Whereas GC-1, with a 3'-isopropyl substitution at the distal ring, was shown to moderately favor binding to $TR\beta$ over $TR\alpha$ (≈ 3 - to 5-fold) (21), GC-24 was designed to test the environs of the LBD for accommodating a larger 3' substituent. Competition binding studies with radiolabeled T_3 revealed that GC-24 has both a high affinity and strong selectivity for the β -subtype (Fig. 2). GC-24 bound $TR\beta$ with a K_d that was slightly weaker than that of T_3 but showed an average preference for $TR\beta$ of ≈ 40 -fold (Fig. 2). Thus, addition of a bulky phenyl extension to the 3' position of the first aryl ring of GC-1 improves the specificity of binding to $TR\beta$ with no reduction in binding affinity.

GC-24 Is a Full Agonist for $TR\beta$. The ability of GC-24 to induce the active TR conformation was determined by GST pull-down assays (Fig. 3a). Both T_3 and GC-24 showed equivalent ability to promote $TR\beta$ interactions with the prototype nuclear receptor coactivator GRIP1. Similar results were obtained with other coactivators, including SRC-1 and TRAP220 (not shown). T_3 and GC-24 also showed equivalent ability to promote $TR\beta$ dissociation from NCoR. Thus, GC-24 promotes formation of an active receptor conformation required for coactivator binding and corepressor release *in vitro*. We performed transient transfection assays to test GC-24 for its potential to stimulate transcriptional activation by using reporter genes with two distinct types of consensus thyroid hormone response elements. In the first, TR binding sites (AGGTCA) were arranged as a

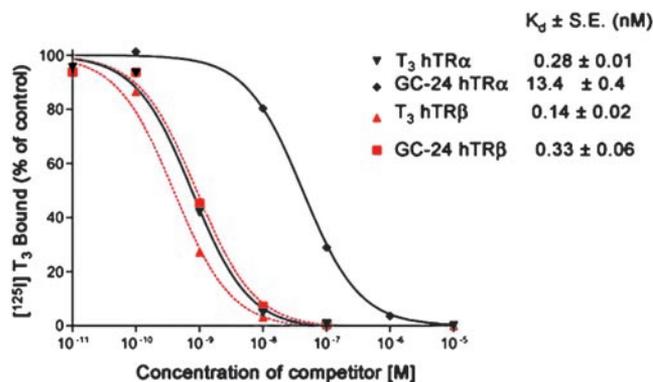


Fig. 2. Competition of GC-24 for [¹²⁵I] T_3 binding to $TR\alpha$ and $TR\beta$. Binding affinity was measured by competition of various concentrations of T_3 and GC-24 against a fixed concentration of [¹²⁵I] T_3 . GC-24 favors binding to $TR\beta$ over $TR\alpha$ by a factor of 40, as indicated by K_d values. The affinity of GC-24 for $TR\beta$ is comparable with the affinity of T_3 .

direct repeat (DR-4); the second used TR binding sites arranged as an inverted palindrome (F2) (Fig. 3b). In both cases, GC-24 showed activity that modestly exceeded that of T_3 at saturating doses. Thus, GC-24 behaves as a full agonist in cellular assays.

Basis for β -Selectivity of GC-24. We examined the effect of TR hormone-binding pocket mutations on ligand binding to understand the mechanism for the marked $TR\beta$ specificity of GC-24 binding by using competition assays (Fig. 4). As expected, T_3 , the natural hormone, is a high-affinity ligand for both subtypes, GC-1 has a weak $TR\beta$ selectivity, and GC-24 strongly favors $TR\beta$. When the hormone-binding pockets of $TR\alpha$ and $TR\beta$ are mutated to resemble the other subtype ($TR\alpha$ Ser-277 \rightarrow Asn to mimic $TR\beta$ and $TR\beta$ Asn-331 \rightarrow Ser to represent $TR\alpha$), there is no effect on T_3 binding, but the original preference of GC-1 for $TR\beta$ is reversed in favor of $TR\alpha$. This result confirms our previous assertion that ligand specificity of GC-1 is highly influenced by a single amino acid difference in the

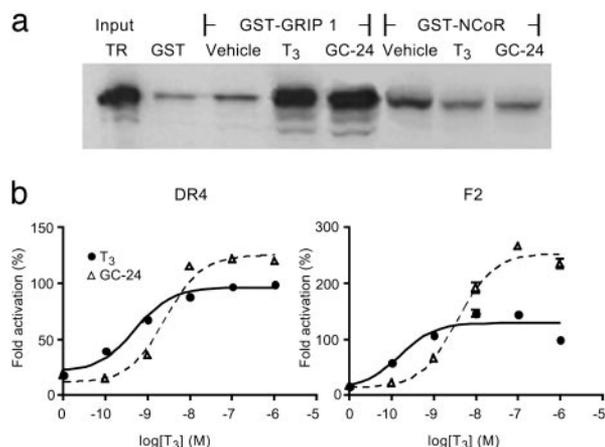


Fig. 3. GC-24 is an agonist for TR and activates transcription as well as T_3 . (a) Autoradiograph of SDS/PAGE gels showing [³⁵S]methionine-labeled *in vitro*-translated TR bound to bacterially expressed GST fusions to GRIP1 and NCoR. Pull-down assays show TR input controls (10% of total) and TR bound to GST alone, or TR/buffer, TR/ T_3 , and TR/GC-24 in the presence of GST-GRIP1 or GST-NCoR. TR binds poorly to NCoR when incubated with either T_3 or GC-24. (b) Fold activation of transcription of luciferase by $TR\beta$ on DR4 and F2 response elements plotted versus concentration of hormone. Luciferase activities were measured in cell extracts, and maximal T_3 induction was set at 100%. The superactivation on the F2 element by GC-24 is unexplained.

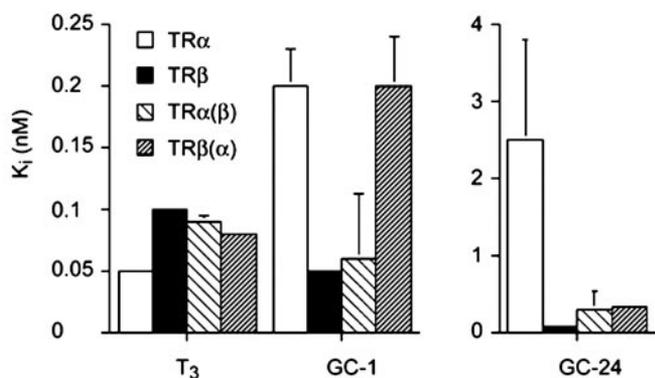


Fig. 4. Binding of T₃, GC-1, and GC-24 to TR α and TR β . K_i values are measured in competition assays to determine ligand-binding affinities for wild-type and mutant receptor proteins. Receptor LBDs were incubated with [¹²⁵I]T₃ and various concentrations of competitor ligand. K_i values relate to relative apparent K_d values. TR α (β) refers to TR α mutated to mimic TR β , and TR β (α) refers to TR β mutated to mimic TR α .

hormone-binding pockets of TR α and TR β and arises from a network of hydrogen bonds that are formed depending on whether Ser or Asn is present (17). A comparable ligand arrangement has been reported for compound 15, another β -selective thyromimetic (22).

By contrast, the strong preference of GC-24 for TR β is weakly dependent on the composition of the TR pocket. When we replace Ser-277 in TR α with Asn to resemble the TR β subtype, binding to TR α is improved, but the specificity is not reversed as for GC-1. The converse is also true for the TR β Asn-331 \rightarrow Ser mutation, where binding is weakened but not reduced to the levels observed with TR α . Thus, the disparate amino acid in the hormone pocket alone cannot explain the preferential binding of GC-24 to TR β . This result indicates that other determinants in TR β must be responsible for accommodation of GC-24 by TR β .

Crystallography of GC-24 with Human TR β . Crystals of the human TR β LBD complexed to GC-24 were grown and analyzed by x-ray diffraction to provide structural insights (see *Materials and Methods*). The structure of the TR β LBD/GC-24 complex was solved by using molecular replacement and refined to an R factor of 21.6%.

We expected few changes relative to T₃ or GC-1 but were surprised to find that the crystallization conditions and crystal parameters changed (Table 1). These changes likely relate to a new configuration of the framework helices 3 and 11. The $2F_o - F_c$ maps contained electron density for a second GC-24 molecule, placed in the potential dimer interface of TR. It is bound in a surface pocket formed by helices 9, 10, and 11 (data not shown).

Fig. 5 shows the superimposed structures of the TR β LBD with GC-24 and GC-1. Of the 12 α -helices and 4 β -strands and their linkages, only helices 3, 11, and a part of the loop between helix 1 and helix 2 show differences. Helix 3 and helix 11 are shifted, and both move outward by 3–4 Å compared with the GC-1 structure. The likely reason for this rearrangement relates to the position of the ligand. The core of GC-24 occupies the hormone-binding pocket formed by helices 3, 5/6, 8, and 11 in approximately the same position as GC-1. However, the aromatic 3'-benzyl extension of GC-24 occupies much more space than the alkyl chain of GC-1 (Fig. 5), and the additional volume required for placing this extension is created by the large shifts in the positioning of helices 3 and 11. Thus, the TR ligand-binding pocket has expanded to accommodate the extra bulk of the ligand.

Analysis of the binding of GC-24 reveals changes in the precise network of hydrogen bonds in the polar region of the binding pocket

Table 1. Crystallographic data and refinement statistics

Data collection	
Data set	hTR β /GC-24
Resolution, Å	2.8 (2.98–2.8)
Space group	$P6_522$
Cell dimensions, Å	
<i>a</i>	56.57
<i>b</i>	56.57
<i>c</i>	390.05
Observed reflections	113,019
Unique reflections	9,368
Completeness, %	93 (81.5)
R_{sym} , %*	6.9 (16.1)
$\langle I/O \rangle$	15.8 (5.1)
Refinement	
R_{cryst} , % [†]	21.6 (28.1)
R_{free} , % [‡]	26.4 (36.9)
rmsd for bond lengths, Å	0.011
rmsd for angles, Å	1.6
Average B factor, Å ²	59.8

Values in parentheses refer to the highest-resolution shell. rmsd, rms deviation.

* $R_{sym} = \sum_h \sum_i |I_{h,i} - \langle I_h \rangle| / \sum_h I_h$ for the intensity (I) of i observations of reflection h .

[†] $R_{cryst} = \sum |F_{obs} - F_{calc}| / \sum |F_{obs}|$.

[‡] R_{free} is calculated in the same way as R_{cryst} , using 5% of the reflections that were set aside for cross-validation and not used in refinement.

relative to GC-1 and additional contacts to GC-24 in the hydrophobic part of the pocket. GC-24 is shifted by 0.6 Å away from the polar region and toward the hydrophobic region of the pocket relative to GC-1 when the two structures are aligned using the core α -helices (rmsd of 0.5 Å for 120 α -carbons). The carboxylate of the GC-24 molecule, despite the 0.6-Å translation, forms hydrogen bonds with the charged residue Arg-320 and the backbone nitrogen of Asn-331. The polar tail of GC-1 obtains stabilization from additional hydrogen bonds between Arg-282 and the carboxylate. Furthermore, Arg-316 interacts with the carboxylate oxygen of GC-1 through a water-mediated hydrogen bond. Neither contact is available to GC-24. The hydrophobic part of GC-24 is buried in the nonpolar region of the pocket, interacting with Phe-269, Phe-272, and Ile-276 from helix 3; Leu-330 from S3; Leu-341 and Leu-346 from helix 7/8; and Ile-353 from helix 8. The benzyl extension on the ligand makes further contact with Phe-451 (H11) and Phe-455 (H12), two residues that are not involved in binding either T₃ or GC-1, which are now used to form part of the hormone-binding pocket. Residues Phe-269, Thr-273, His-435, Met-442, and Phe-455 shift outward to accommodate the GC-24 benzyl moiety (Fig. 6a). To maintain the hydrophobic core for an energetically favorable ligand alignment, Phe-272, Phe-451, and Pro-452 are pulled toward the agonist (Fig. 6b). The benzyl is buried in a hydrophobic pocket formed by four phenylalanines, a proline, and an isoleucine (Fig. 6b). It is likely that the additional hydrophobic contacts in the nonpolar region of the pocket compensate for the poorer fit in the polar part of the cavity.

Remarkably, the C-terminal H12, which is critical for receptor function, adopts the agonist configuration despite the fact that parts of H3 and H11 are significantly bent. Helix 12 is stabilized by a hydrogen bond between the phenolic hydroxyl of GC-24 and His-435 in H11. His-435 is shifted in the complex of TR/GC-24 to maintain this hydrogen bond, thereby stabilizing the N-terminal portion of H11 and holding H12 in the agonist position.

Discussion

We initiated our study to understand why GC-24 functioned like the natural hormone, T₃, rather than inhibiting the action of the

receptor, polar extensions to the ligand core displace helix 12 and promote repression (10). Surprisingly, several TR ligands with large substituents, which would be expected to project into helix 3, helix 11, or helix 12 of the receptor, are agonists (34)! The structural basis for the implied correct positioning of helix 12 has been a mystery. Here we have shown that a large group at the 3' position of the distal ring of the T₃ analog GC-24 binds tightly to TR β and bends helices 3 and 11. The hormone pocket expands by $\approx 15\%$, changing its volume from 600 to 700 Å³, and the hormone analog is buried with helix 12 in the correct position to form the coactivator binding surface. Comparing TR/GC-24 with PDB entry 1BSX, which shows TR LBD with the GRIP NR box 2 peptide bound, we find no changes in the positions of the amino acids that bind coactivator within experimental error.

When GC-24 binds, we observe that helix 11 bends near His-435, the link to the hydroxyl of the distal ring of the analog. His-435 is the hinge point in helix 11. However, the C terminus of helix 11 moves by 4.0 Å, displacing two of its three side chains contacting helix 12; Phe-394 moves by 1.1 Å, and Met-442 moves by 3.8 Å. Similarly, the N terminus of helix 3 bends near the hinge residue Ile-275 and shifts by nearly 3.0 Å. This bend moves the side chains of two additional residues in contact with helix 12, Phe-269 and Thr-273, by ≈ 1.6 Å. We conclude that 4 of the 14 side chains responsible for proper registration of helix 12 move by 1.6–4.0 Å without affecting its position in the protein. The unchanged position of helix 12 likely derives from a stable cluster of hydrophobic side chains for which the details of structure are less critical than the nature of the interactions. The 14 side chains form a compact hydrophobic cluster, and the cluster tolerates small changes in the three-dimensional positions of the components with little loss in free energy, as the relative positions of the hydrophobic atoms are not critical as long as solvent is excluded.

The reasons for the β -selectivity of GC-24 are likely due to the same hydrophobic cluster. The hormone analog is translated by ≈ 0.6 Å in the pocket, with its 3' benzyl moving closer into the hydrophobic cluster. GC-24 is accepted because of the flexibility of helix 11 in TR β . About 20% fewer van der Waals contacts in the range of 3.8–4.2 Å between the last three turns of helix 11 and the body of the receptor are cataloged in TR β compared with TR α . We speculate that helix 11 is better packed in TR α , and that changes in the spatial volume near the ligand substitution are probably less tolerated in the α subtype.

β -Selectivity may alternatively derive from the stability of the TR-retinoid X receptor (RXR) heterodimer in transcription. The changed position of helix 11 might alter TR–RXR dimer stability. Using peroxisome proliferator-activated receptor–RXR as a model, we built a TR–RXR dimer and found that the bend at His-435 might affect contacts with RXR helix 11. The assays for transactivation (Fig. 3b) show normal to enhanced activation, implying that the functional TR–RXR heterodimer is at least as stable with GC-24 as with T₃ bound to TR.

Realizing that a hydrophobic cluster may vary in detail yet provide for a stable and well positioned helix 12, we gain freedom for designing new compounds that may have improved isoform or even receptor specificity. TR is not unique in providing this opportunistic venue for engineering ligands. A similar hydrophobic cluster is found in retinoic acid receptor, and modified clusters are present in both estrogen and androgen receptors. For these two, strategic buried polar side chains make contacts with the steroid D-ring OH group, so the hydrophobic character of the ligand must be carefully designed.

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