

Apolipoprotein (apo) E4 enhances HIV-1 cell entry *in vitro*, and the *APOE* $\epsilon 4/\epsilon 4$ genotype accelerates HIV disease progression

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Originally recognized for their role in lipoprotein metabolism and cardiovascular disease, apolipoprotein (apo) E isoforms (apoE2, apoE3, and apoE4) have also been implicated to play a key role in several biological processes not directly related to their lipid transport function. For example, apoE4 contributes significantly to neurodegeneration in Alzheimer's disease. However, the role of apoE in infectious diseases is less well defined. Here, by examining a large cohort of HIV⁺ European and African American subjects, we found that the *APOE* $\epsilon 4/\epsilon 4$ genotype is associated with an accelerated disease course and especially progression to death compared with the *APOE* $\epsilon 3/\epsilon 3$ genotype. However, an association between the $\epsilon 4/\epsilon 4$ genotype and HIV-associated dementia (HAD), a neurological condition with clinicopathological features similar to Alzheimer's disease, was not detected. Consistent with the genotype-phenotype relationships observed, compared with recombinant apoE3, apoE4 enhanced HIV fusion/cell entry of both R5 and X4 HIV strains *in vitro*. These findings establish apoE as a determinant of HIV-AIDS pathogenesis and raise the possibility that current efforts to convert apoE4 to an "apoE3-like" molecule to treat Alzheimer's disease might also have clinical applicability in HIV disease.

HIV/AIDS | fusion/cell entry | infectious diseases | apoE

There is incontrovertible evidence demonstrating that polymorphisms in some host genes have a significant impact on susceptibility to HIV-1 infection and rate of disease progression. Discovery of such polymorphisms has improved our understanding of the host factors that influence HIV pathogenesis and spurred development of new antiviral therapeutics. Among the most intensely studied of such polymorphisms is a 32-bp deletion ($\Delta 32$) mutation in the gene encoding CC chemokine receptor 5 (CCR5) (1). The *in vitro* and *in vivo* genotype-phenotype relationships linked to this mutation not only established CCR5 as the major coreceptor for the cell entry of HIV but also provided the impetus to develop CCR5 blockers for the treatment of HIV-infected patients (2). Since its discovery, the CCR5- $\Delta 32$ mutation has been extensively investigated, and associations between this polymorphism and several infectious and noninfectious diseases have been established (e.g., refs. 3 and 4).

Akin to the CCR5- $\Delta 32$ mutation, polymorphisms in the coding sequence of the gene encoding apolipoprotein (apo) E have been scrutinized intensely, because they have been found to consistently convey differential susceptibility to several noninfectious diseases (5, 6). Less well known are their contributions to the pathogenesis of infectious diseases (5, 6). Given the power of combining genetic association studies with *in vitro* analyses to elucidate the contribution of a gene to disease pathogenesis, we used a similar approach,

with HIV infection as a model system to clarify further the role of apoE in infectious diseases.

ApoE was discovered as a plasma protein involved in lipoprotein metabolism (5, 6). The three major alleles of the *APOE* locus, designated as $\epsilon 2$, $\epsilon 3$, and $\epsilon 4$, encode the three major isoforms of apoE, designated as apoE2, apoE3, and apoE4, respectively (5). Allele frequencies of $\epsilon 2$, $\epsilon 3$, and $\epsilon 4$ vary significantly between different ethnicities (5, 7). The $\epsilon 3$ allele is the most prevalent allele in all human populations, with frequencies of 50–90%, whereas the frequencies of $\epsilon 4$ and $\epsilon 2$ are 5–35% and 1–15%, respectively. A large number of epidemiological studies have demonstrated that the $\epsilon 4$ allele is associated with diverse adverse outcomes, including decreased longevity, increased plasma cholesterol levels, and pathogenesis of several diseases involving the CNS (5, 8), especially Alzheimer's disease (AD) (9–11). Thus, the prevailing view is that, relative to the $\epsilon 3$ allele, possession of the $\epsilon 4$ allele confers a detrimental effect in noninfectious diseases.

Although it has been hypothesized that apoE might play a role in infectious diseases (5, 6), this premise is supported by only a few *in vitro* studies and genetic-epidemiologic analyses (12–19). Some examples include the observation that herpes simplex virus-1 (HSV-1) infection in the CNS results in severe encephalitis and can also be a risk factor for AD, and notably, there appears to be a higher prevalence of the $\epsilon 4$ allele among AD patients who are HSV-positive than in those who are HSV-negative (17). Also, Corder *et al.* (20) showed in a study of 44 patients that, compared with apoE4-negative patients, twice as many apoE4-positive patients developed HAD and neurological symptoms.

Although the aforementioned studies suggest a possible link between apoE genotype and host responses to pathogens, particularly viruses, these genetic associations have been conducted with a small number of patients. Additionally, the mechanisms by which apoE isoforms might differentially influence susceptibility to infection remain unknown. To investigate apoE-HIV interactions, we examined a large well-characterized cohort of HIV-infected

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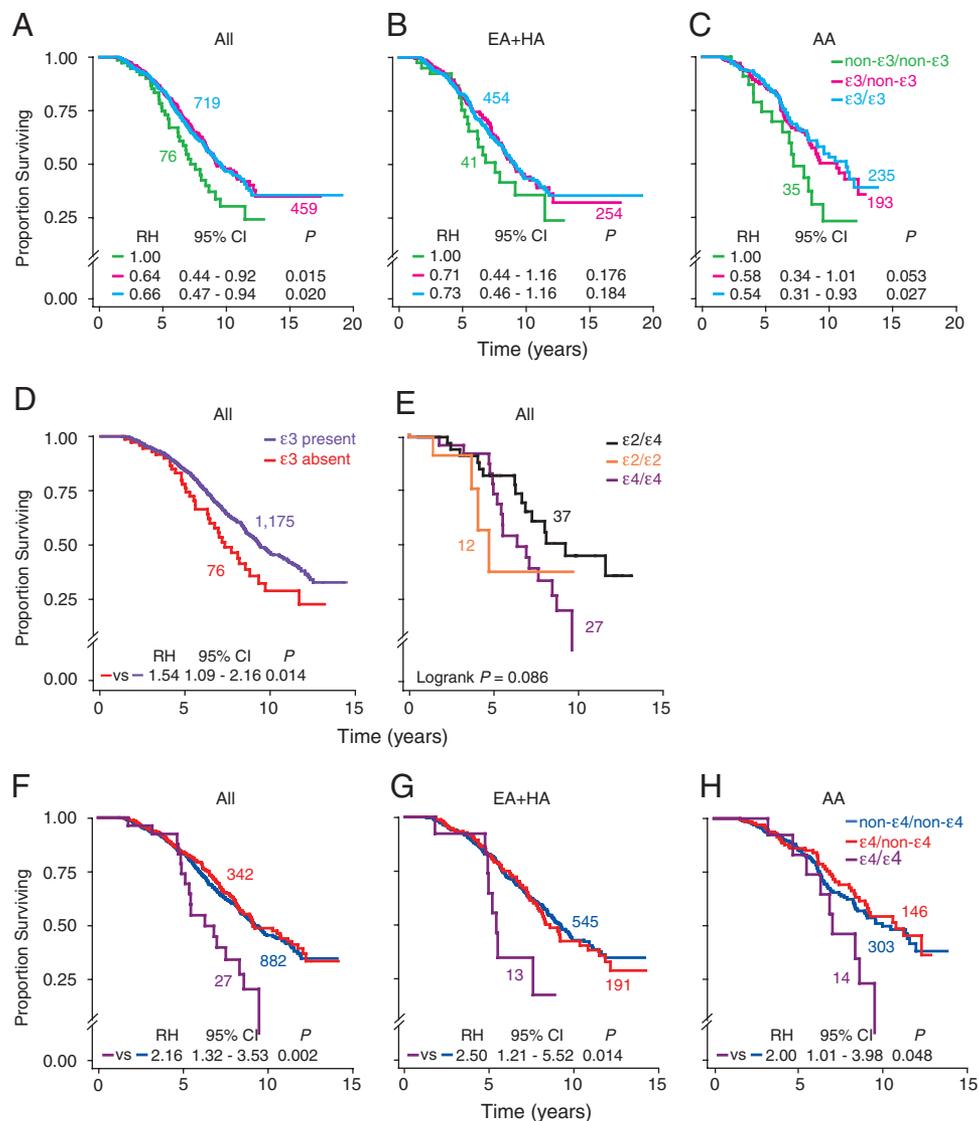


Fig. 2. *APOE* alleles and genotypes influence the rate of disease progression in HIV-infected subjects from the WHMC cohort. Kaplan–Meier plots depict the association between the indicated *APOE* alleles/genotypes and rate of progression to death. (A, D–F) Kaplan–Meier plots for HIV⁺ subjects from the entire WHMC HIV⁺ cohort; (B and G) subjects of European (EA+HA) descent; (C and H) subjects of AA descent. *P* values in E are by log-rank test, whereas in the other plots they were obtained by Cox proportional hazard regression models. RH, relative hazard; CI, confidence interval. Color-coded numbers adjacent to each plot are the corresponding number of subjects in each genotypic group.

rate of disease progression. We determined whether the effect of the $\epsilon 4/\epsilon 4$ genotype persisted after adjustment for the disease-influencing effects of parameters that independently affect HIV disease progression, namely: baseline CD4⁺ T cell count, steady-state viral load (set point), delayed type hypersensitivity (DTH) skin-test reactivity (an *in vivo* indicator of cell-mediated immunity), and *CCL3L1-CCR5* genetic risk groups, which are genetic factors that affect HIV-AIDS pathogenesis (22, 23). These analyses showed that the influence of the $\epsilon 4/\epsilon 4$ genotype on rate of disease progression remained after adjustment for baseline CD4⁺ T cell counts, DTH responses, and *CCL3L1-CCR5* genetic risk groups (Table 1), indicating that the effect of this genotype on disease progression is independent of these parameters.

In contrast, the influence of $\epsilon 4/\epsilon 4$ genotype on disease was minimized after adjustment for the steady-state viral load (Table 1), suggesting that the extent of viral replication might differ according to *APOE* genotype. The latter possibility was supported by two observations. First, the non- $\epsilon 4/\text{non-}\epsilon 4$, $\epsilon 4/\text{non-}\epsilon 4$, and $\epsilon 4/\epsilon 4$ genotypes were associated with a step-wise increase in the steady-state

viral load, although a significant association ($P = 0.044$) was observed only in AAs (Fig. 3A and data not shown). Second, each additional $\epsilon 4$ allele in HIV⁺ AA subjects was associated with an increase in the steady-state viral load, as shown by using linear regression analysis (P for trend = 0.010). Those with the $\epsilon 4/\text{non-}\epsilon 4$ and $\epsilon 4/\epsilon 4$ genotypes had 0.17 log (95% C.I.: 0–0.35, $P = 0.05$) and 0.48 log (95% C.I.: 0.01–0.96, $P = 0.046$) higher steady-state viral loads, respectively, compared with those who did not have the $\epsilon 4$ allele (designated as non- $\epsilon 4/\text{non-}\epsilon 4$). These effects of *APOE* genotype on viral load were in contrast with our previous observation that heterozygosity for the $\epsilon 4$ allele was not associated with a major impact on disease progression rates in the overall cohort. Although this difference in viral load is statistically significant, a difference of 0.17 log between those with a $\epsilon 4/\text{non-}\epsilon 4$ and non- $\epsilon 4/\text{non-}\epsilon 4$ genotype may not be clinically meaningful. Furthermore, this weak association between $\epsilon 4/\text{non-}\epsilon 4$ genotype and viral load either may be related to a race-specific effect of the $\epsilon 4$ allele on viral load in AA subjects or may be partly explained by the lower frequency of the $\epsilon 4$ allele in subjects of European descent, or both.

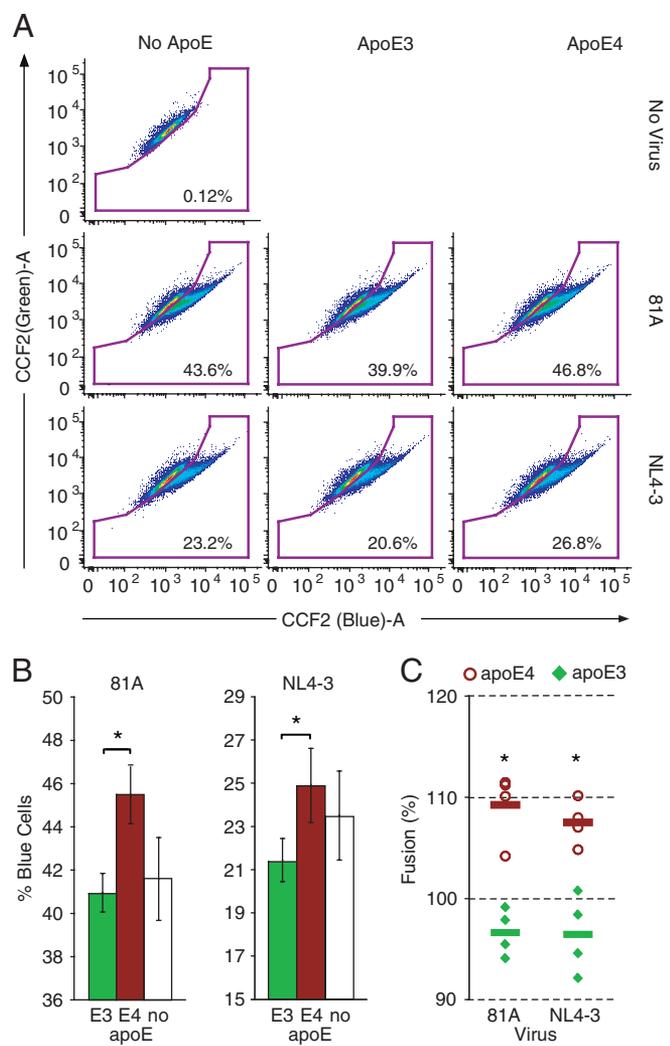


Fig. 4. Influence of apoE isoforms on fusion of HIV to the cell membrane. (A) Flow cytograms from a representative experiment. Shown are examples of results from uninfected (No virus, *Top*) and untreated (No apoE, *Left*) controls and infection with 81A (*Middle*) or NL4-3 (*Bottom*) HIV strains following pretreatment with apoE3 (*Middle*) or apoE4 (*Right*). SupT1-CCR5 cells that have undergone fusion show increased blue fluorescence, and the percentage of cells included in the “fusion” gate are noted in the lower right-hand corner. Each plot represents a single well from each treatment. (B) Histograms representing the results for 81A and NL4-3 infection demonstrate the mean percent of blue cells per well and standard deviation for the experiment shown in A. Samples were run in triplicate, and significance values were determined by Student’s *t* test; *, $P < 0.05$. (C) Comparison of data from four individual experiments. Results were calculated as a percentage of the untreated control, using the mean value of the mock-treated samples as the untreated control [(mean of experimental group/mean of untreated control group) \times 100%]. These results demonstrate that 81A and NL4-3 infection in the presence of apoE4 (open circles) reproducibly resulted in significantly higher levels of fusion/infection than in the presence of apoE3 (closed diamonds). The horizontal bars represent the mean value for data points. Significance was determined by Student’s *t* test; *, $P < 0.01$.

associated with milder forms of HIV-associated neurological impairment but not HAD, the phenotypic endpoint we studied herein.

How might apoE isoforms influence HIV-AIDS pathogenesis? There are several possibilities. There is a large body of evidence suggesting that the amphipathic helical domains of apolipoproteins may act as viral fusion inhibitors, because of their homology with the fusogenic domains of viral fusion proteins (12, 30–33). Invoking this model, we suggest that the amphi-

pathic helix domains of apoE inhibit HIV infection in a manner analogous to the clinical HIV fusion inhibitor, Enfuvirtide (T20), that is, by binding to gp41 and blocking either the formation or the function of its N-terminal fusogenic hairpin domain (34, 35). It has been clearly established that the single amino acid difference that distinguishes the apoE3 and apoE4 isoforms has a profound impact on their structure, with apoE4 having a more compact structure than apoE3 (5, 11, 36). Thus, based on our observation that HIV attachment and/or fusion occurred more readily in the presence of apoE4 than apoE3, we suggest that apoE4 may be a less efficient fusion inhibitor. This may be due to either inherent structural characteristics that make the fusion-blocking domains of apoE4 less accessible to the gp41–CD4 complex or to isoform-specific changes in inhibitory domain activity.

Alternatively, the observed differential effects of apoE isoforms may be exerted at the level of attachment to heparan sulfate proteoglycans, a rate-limiting step in HIV infection. It has been demonstrated that tandem repeat peptides synthesized based on the heparin-binding domain of apoE (residues 141 to 149) have notable antiviral activity when present in cell culture during HIV infection, and that this effect is likely due to blockade at the level of attachment (12, 37). Heparan sulfate proteoglycan-bound apoE is abundant on many cell types, including macrophages, and apoE is now known to be carried with HIV particles that bud from macrophages (38). ApoE may therefore block attachment of HIV to the cell-surface receptors or between cell-surface heparan sulfate proteoglycans and viral lipid, and there might be isoform-specific differences in these effects. Furthering the potential complexity of these interactions, it is known that, although both apoE3 and apoE4 have similar receptor-binding capacities (39), they have very different lipid-binding characteristics. It is possible that differing affinities for lipid may convey differential abilities to bind to the HIV envelope or to complex with cell-surface cholesterol-phospholipid rafts, through which HIV is believed to penetrate target cells (40, 41).

Additionally, it is also important to consider the possibility that the differential effects of apoE isoforms on lipid metabolism and cholesterol homeostasis may in turn affect both virus fusion/entry as well as assembly/release. Cholesterol is a crucial component of the HIV envelope, and it is now known to be essential for both viral entry and assembly/budding. Depletion of cholesterol from either the cell membrane or viral envelope results in loss of infectivity (42, 43). Furthermore, viral assembly and budding occur at cholesterol-rich lipid raft microdomains (44, 45). Compared with apoE3, apoE4 less efficiently promotes cholesterol efflux from cells, which correlates with its proatherogenic effects *in vivo* (46). This differential effect of the apoE isoforms on the mobilization of cellular cholesterol may allow accumulation of plasma membrane raft-associated cholesterol in $\epsilon 4$ homozygotes, resulting in enhancement of both the fusion/entry and assembly/release stages of the viral infection cycle. Further experimentation is clearly necessary to elucidate the mechanisms by which apoE isoforms convey contrasting effects on HIV attachment and fusion.

Although a reproducible and consistent effect on attachment/fusion was detected in this study, it is also important to consider other mechanisms by which apoE polymorphisms might result in the striking differences in HIV disease progression demonstrated in our study population. For example, a growing body of evidence suggests that apoE has multiple direct effects on the immune system, and that apoE isoforms have significant differences in their immunomodulatory behavior (5, 6, 47, 48).

Our findings have several broader implications. Foremost, they provide insights into host–virus interactions by demonstrating that apoE isoforms differentially modulate viral attachment and fusion, and that this might represent a mechanism by which *APOE* genotypes have contrasting effects on the steady-state viral load and HIV disease course. Second,

although the prevalence of the $\epsilon 4/\epsilon 4$ genotype is small, the consistency of its association with disease acceleration in subjects of European and African descent suggests it might have value as a risk stratification tool, perhaps identifying a group of patients requiring more aggressive and earlier initiation of therapy. Finally, extensive efforts are being placed on development of novel pharmaceutical means to counteract the negative effects of apoE4 protein or mimic the beneficial effects of the apoE3 protein in cardiovascular disease and AD. Thus, when such apoE-targeted therapeutic agents become available, they might also have applicability to the treatment of HIV disease (49, 50). Among the most promising of these are small molecules that alter the intramolecular domain interaction of apoE4 to make its structural conformation and function more like that of apoE3 (11, 51).

Methods

Subjects Studied. The characteristics of 1,267 HIV-seropositive adults and 1,132 ethnically similar HIV-seronegative controls from WHMC have been described extensively (21–24). For additional details, see *SI Text*.

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Genotyping Assays. Two SNPs at positions T2060C (rs429358) and C2198T (rs7412) in the *APOE* gene that result in the $\epsilon 2$, $\epsilon 3$, and $\epsilon 4$ alleles were genotyped. Methods for genotyping polymorphisms in *CCR5* and the copy number of the gene encoding *CCL3L1*, its major agonist, and HIV-suppressive chemokine are as described, as are the methods for categorizing variations in *CCL3L1* and *CCR5* into low, moderate, and high *CCL3L1-CCR5* genetic risk groups (22, 23). For additional details, see *SI Text*.

Cell Lines and Tissue Culture. 293T cells were used to produce HIV reporter virions expressing luciferase or containing BlaM-Vpr. For additional details, see *SI Text*.

HIV Virion-Based Fusion Assay. Measurements of HIV fusion in Supt1-CCR5 cells were performed with the fluorescence resonance energy transfer-based fusion assay, as described (29). For additional details, see *SI Text*.

For details on virus production, infectivity assays in MAGI-R5 cells, and statistical analysis, see *SI Text*.

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