

# Intermolecular interactions identify ligand-selective activity of estrogen receptor $\alpha/\beta$ dimers

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**Estrogen receptor (ER) dimerization is prerequisite for its activation of target gene transcription. Because the two forms of ER, ER $\alpha$  and ER $\beta$ , exhibit opposing functions in cell proliferation, the ability of ligands to induce ER $\alpha/\beta$  heterodimers vs. their respective homodimers is expected to have profound impacts on transcriptional outcomes and cellular growth. However, there is a lack of direct methods to monitor the formation of ER $\alpha/\beta$  heterodimers in vivo and to distinguish the ability of estrogenic ligands to promote ER homo- vs. heterodimerization. Here, we describe bioluminescence resonance energy transfer (BRET) assays for monitoring the formation of ER $\alpha/\beta$  heterodimers and their respective homodimers in live cells. We demonstrate that although both partners contribute to heterodimerization, ligand-bound ER $\alpha$  plays a dominant role. Furthermore, a bioactive component was found to induce ER $\beta/\beta$  homodimers, and ER $\alpha/\beta$  heterodimers but had minimal activity on ER $\alpha/\alpha$  homodimers, posing a model that compounds promoting ER $\alpha/\beta$  heterodimer formation might have therapeutic value. Thus, ER homodimer and heterodimer BRET assays are applicable to drug screening for dimer-selective selective ER modulators. Furthermore, this strategy can be used to study other nuclear receptor dimers.**

bioluminescence resonance energy transfer (BRET) | estrogenic ligands | selective estrogen receptor modulator (SERM) | heterodimer | homodimer

The biological actions of estrogens are mediated by estrogen receptors (ERs), which are ligand-inducible transcription factors. Binding of 17 $\beta$ -estradiol (E<sub>2</sub>) and other estrogenic compounds triggers receptor dimerization and subsequent association with estrogen response elements (EREs) in the promoter regions of ER-target genes to control gene transcription. ERs exist in two forms, ER $\alpha$  and ER $\beta$ , which have opposing roles in regulating estrogen action: ER $\alpha$  promotes whereas ER $\beta$  inhibits estrogen-dependent cell growth (1, 2). It has been shown that the coexpression of ER $\beta$  with ER $\alpha$  results in reduced ER $\alpha$ -mediated proliferation of breast cancer cells. Approximately 60% of all breast tumors coexpress ER $\alpha$  and ER $\beta$  (3, 4). Despite the findings that the coexpression of ER $\beta$  has been correlated with a more favorable prognosis (5) and decreased biological aggressiveness compared with tumors expressing ER $\alpha$  alone (6, 7), whether ER $\beta$  modulates ER $\alpha$  by heterodimerization to mediate growth-inhibitory phenotypes remains elusive. Multiple lines of evidence suggest that ER $\alpha/\beta$  heterodimers do exist in vivo and may function to regulate distinct estrogen-responsive genes (8–10). However, the coexistence of homodimers has prevented a clear understanding of heterodimer function. Hypothetically, different estrogenic ligands could exert different cellular effects via differential induction of ER $\alpha$  homodimerization, ER $\beta$  homodimerization, and ER $\alpha/\beta$  heterodimerization. The differential regulation of these ER subtypes could be influenced by several factors including ligand-binding selectivity, conformational differences upon dimerization, dimer partner preference, coregulator interactions, and DNA binding. These mechanisms by which ER $\alpha$  and ER $\beta$  may differentially function individually or in concert are complicated by the lack of tools to monitor ligand-inducible ER $\alpha/\beta$  heterodimerization directly in living cells.

Bioluminescent resonance energy transfer (BRET) is a recently established technology for monitoring protein interactions in a live, cell-based, physiologically relevant system in real time (11). The BRET assay, which utilizes a bioluminescent *Renilla* luciferase (RLuc) donor and a mutant green fluorescent protein (GFP) variant as a recipient moiety, allows detection of protein–protein interactions by sensing proximity between donor and acceptor fusions to the proteins of interest. Enzymatic oxidation of the RLuc substrate coelenterazine h causes the donor to emit photons that can be transferred to the acceptor molecule, causing it to emit at 530 nm if donor and acceptor are within the range of 10–100 Å [supporting information (SI) Fig. S1A] (11). Unlike its cousin fluorescence resonance energy transfer (FRET), which utilizes a fluorescent donor and thus has problems associated with donor excitation including photobleaching and autofluorescence of the acceptor protein, BRET utilizes a chemical donor substrate, thus eliminating these problems and resulting in a very low background that allows for sensitive quantification of very small changes in the BRET signal. Two reviews on the establishment and evolution of the BRET methodologies are referenced for more detail (12, 13).

BRET assays have been applied to monitor in vivo ER $\alpha$  homodimerization in 2 independent studies. By using the more sensitive BRET<sup>1</sup> assay (14, 15), concentration- and time-dependent ER $\alpha$  homodimerization was resolved in living cells. However, various estrogenic agonists and antagonists were not compared for their abilities to induce ER $\alpha$  homodimerization in these studies. More recently, the BRET assay was used to examine ER $\alpha$  homodimerization in the presence of various antiestrogens (16), highlighting the increasing demand for understanding the effects of these ligands on ER dimerization. More systematic evaluation of various estrogenic compounds for induction of homo- and heterodimerization of ER $\alpha$  and ER $\beta$  using BRET is necessary to provide a molecular basis for the cellular action of these ligands and to shed light on the unresolved mechanisms of differential ligand-dependent ER $\alpha/\beta$  heterodimer regulation.

## Results

**Characterization of ER in Fusion Proteins.** Because resonance energy transfer depends on the relative orientation of the RLuc and YFP fusion proteins within the dimerized unit, we constructed all possible combinations of N- and C-terminal fusions of RLuc and YFP to ER $\alpha$  and ER $\beta$ . Transfecting ER-negative HEK293 cells with different combinations of fusion proteins yields various efficiencies in BRET ratios for ER $\alpha/\beta$  heterodimers (Fig. S2A) and ER $\alpha$  homodimers (Fig. S2B). The following combinations of fusion protein pairs were pursued for further characterization: ER $\alpha$ -RLuc

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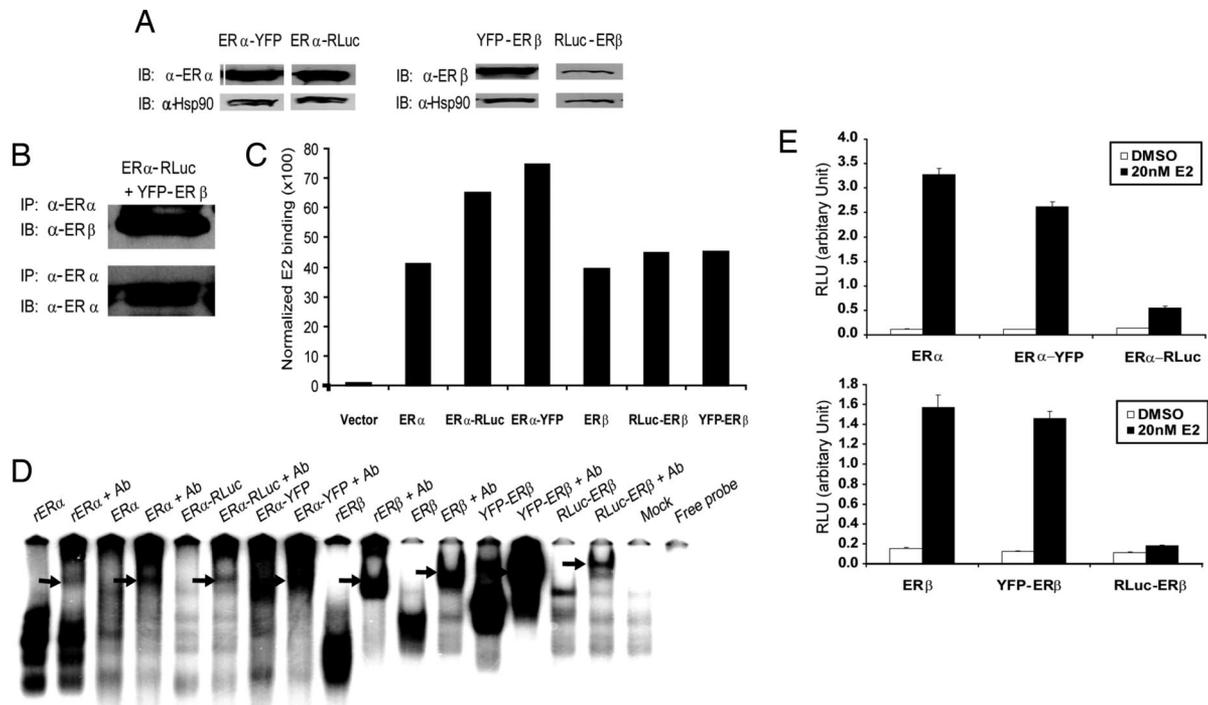
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**Fig. 1.** ER within BRET fusion proteins is functional. (A) Western blotting reveals protein expression. (B) Coimmunoprecipitation with an antibody vs. ER $\alpha$  followed by Western blotting using an ER $\beta$  antibody (*Upper*) or an ER $\alpha$  antibody (*Lower*). (C) Whole-cell ligand-binding assays on transfected cells. (D) Electrophoretic mobility shift assays using nuclear extracts prepared from transfected cells. Arrows indicate supershifted bands in the presence of antibody. Error bars represent SEM. (E) Luciferase units of cells transfected with the indicated constructs and an ERE-reporter were measured and normalized to  $\beta$ -gal. RLU, relative luciferase units.

and YFP-ER $\beta$  were used for studying ER $\alpha$ / $\beta$  heterodimerization, ER $\alpha$ -RLuc and ER $\alpha$ -YFP were used for studying ER $\alpha$  homodimerization, and RLuc-ER $\beta$  and YFP-ER $\beta$  were used for studying ER $\beta$  homodimerization. Fusion constructs were characterized for retained functionality of the ER despite the addition of the YFP or RLuc fusion protein (Fig. 1). For clarity, only those constructs that were later pursued in BRET assays are shown in Fig. 1. The criteria evaluated collectively indicate that the ER is functional in RLuc and YFP fusion proteins. Additional details on the characterization of BRET fusion constructs can be found in *SI Methods*.

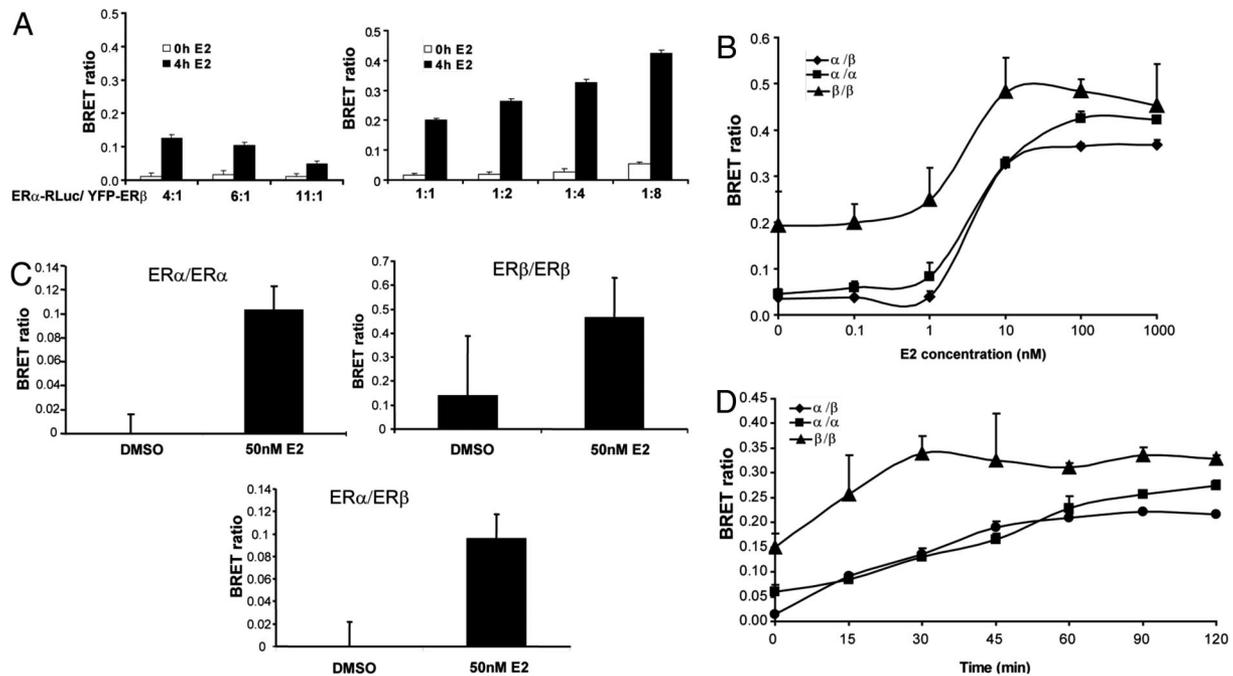
**Optimization of BRET Assays.** Because the proportion of RLuc to YFP affects the efficiency of BRET and thus the sensitivity of the assay, the ratio of ER-RLuc and -YFP fusions were titrated bidirectionally. As shown in Fig. 2A, increasing the amount of transfected plasmid DNA encoding ER $\alpha$ -RLuc relative to YFP-ER $\beta$  causes a decrease in the BRET ratio (*Left*), whereas increasing the ratio of transfected plasmid DNA encoding YFP-ER $\beta$  relative to ER $\alpha$ -RLuc leads to an increase in E<sub>2</sub>-inducible dimerization (*Right*). Although the fold induction increases with increasing amounts of YFP plasmid DNA up to a RLuc:YFP ratio of 1:4, a ratio of 1:8 causes an increase in background that results in a decreased fold induction relative to the 1:4 ratio. Therefore, ER $\alpha$ -RLuc:YFP-ER $\beta$  of 1:4 was henceforth pursued because of the most pronounced fold-induction of ligand-inducible BRET and low variability.

E<sub>2</sub> dose-responsive profiles were generated for ER $\alpha$  homodimers, ER $\beta$  homodimers, and ER $\alpha$ / $\beta$  heterodimers over the range of 100 pM to 1  $\mu$ M ligand (Fig. 2B). For all forms of dimers, the lower limit of detection for E<sub>2</sub>-induced dimerization is 10 nM. ER $\beta$  homodimerization and ER $\alpha$ / $\beta$  heterodimerization reached a plateau at 10 nM E<sub>2</sub>, whereas ER $\alpha$  homodimerization saturates at 100 nM E<sub>2</sub>. Another notable difference is the high level of background for ER $\beta$  homodimerization. To explore this, we performed “bystander BRET” assays, in which the pCMX-YFP vector without fused ER was cotransfected with the RLuc-ER fusion protein for

the correction factor (CF) condition (i.e., instead of cotransfecting with the “empty” pCMX-pL2 vector). Thus, any random collisions that may occur between the RLuc fusion protein and cotransfected unfused YFP will result in an output BRET signal that is offset by the CF portion of the BRET ratio calculation, resulting only in BRET signals indicative of true dimerization (refer to Fig. S1B). ER $\alpha$  homodimer and ER $\alpha$ / $\beta$  heterodimer bystander BRET results in reduction of the BRET signal to 0 in the absence of E<sub>2</sub> (Fig. 2C). Conversely, in ER $\beta$  homodimer bystander BRET assays, the ligand-independent BRET signal is reduced but remained above 0, whereas an E<sub>2</sub>-inducible increase in the BRET signal is still apparent. These data indicate that ER $\beta$  homodimers form in a ligand-independent manner at a considerable level, supporting the findings by others that full-length ER $\beta$  maintains basal ligand-independent transcriptional activity (17).

By using the saturating E<sub>2</sub> concentration of 100 nM, time course analyses of ER $\alpha$  homodimers, ER $\beta$  homodimers, and ER $\alpha$ / $\beta$  heterodimers were performed over the range of 15 min to 2 h (Fig. 2D). In all cases, the E<sub>2</sub>-induced BRET signal was increased from just 15 min then reached maximum at 1 h. This result is consistent with previous observations of ER $\alpha$  homodimer formation (14). Because BRET assays are performed in a live-cell suspension of PBS and ligand, we thereafter limited the incubation time to 1 h to increase cell viability.

**Contribution of ER $\alpha$  and ER $\beta$  Within Heterodimers.** Although peroxisome proliferator-associated receptors (PPAR)/retinoid X receptor (RXR) heterodimers may be activated by PPAR or RXR ligands, retinoic acid receptor (RAR)/RXR heterodimers are selectively activated by RAR ligands (18, 19). Therefore, RXR is a nonpermissive dimer partner for RAR but a permissive partner when pairing with PPAR. To delineate the contribution of ER $\alpha$  and ER $\beta$  within heterodimers, subtype-specific ligands were used in BRET assays. Propylpyrazole triol (PPT) is an ER $\alpha$ -specific agonist that has a  $\approx$ 400-fold preference for ER $\alpha$  over ER $\beta$  (20),



**Fig. 2.** Optimization of BRET assays. (A) Altering the ratio of RLuc-YFP fusions determines efficiency of resonance energy transfer. (B) E<sub>2</sub> dose–response curves showing ligand-dependent dimerization of all 3 ER pairs. (C) Bystander BRET assays reveal that the background BRET signals for ER $\beta$  homodimers are caused by ligand-independent dimerization, whereas the background BRET signals for the ER $\alpha$  homodimer and ER $\alpha$ / $\beta$  heterodimer conditions are caused by random collisions between the RLuc and YFP fusions. (D) Dimer formation over time in the presence of 100 nM E<sub>2</sub> occurs quickly for all 3 ER combinations. Error bars represent SEM.

whereas diarylpropionitrile (DPN) is considered an ER $\beta$ -preferential agonist that has a  $\approx 70$ -fold preference for ER $\beta$  over ER $\alpha$  (21). To ensure specific targeting of only one form of ER, 10 nM ligand was used. This concentration is sufficient to activate the target ER specifically, but is still below the significant activation level for the other isoform (Fig. 3 and see Fig. S5). As shown in Fig. 3A, the ER $\alpha$ -specific agonist PPT at 10 nM induces not only ER $\alpha$  homodimerization, but also a high level of heterodimerization, which is slightly less efficient than that of E<sub>2</sub>. Conversely, the ER $\beta$ -specific agonist DPN was unable to induce ER $\alpha$ / $\beta$  heterodimerization although it was proficient in inducing ER $\beta$  homodimers. The combination of PPT with DPN at 10 nM produces a slight additive effect, which suggests that liganded ER $\alpha$  plays a dominant role in heterodimer formation whereas ER $\beta$  also contributes to the process, yet by itself is totally insufficient.

To elucidate the relative contribution of ER $\alpha$  and ER $\beta$  within the heterodimer, E<sub>2</sub>-binding defective mutants of the ligand-binding domains (LBDs) of ER $\alpha$  and ER $\beta$ , ER $\alpha$ G521R-RLuc and YFP-ER $\beta$ G491R, were created (10, 22). We confirmed the ablation of E<sub>2</sub> binding to ER $\alpha$  and ER $\beta$  by testing these mutants in homodimer BRET assays (Fig. S3). We also ensured equal expression levels of YFP-ER $\beta$  and YFP-ER $\beta$ G491R constructs by measuring YFP emission at 530 nm when cells were excited at 515 nm (Fig. S4B) and Western blotting (data not shown). To ensure constant expression levels between wild-type and mutant YFP-ER $\beta$  constructs, a 2-fold excess of YFP-ER $\beta$ G491R plasmid was transfected relative to YFP-ER $\beta$  plasmid. By using a combination of wild-type and mutant ER $\alpha$  and ER $\beta$  fusions, a competent ER $\alpha$  LBD was found to be required for heterodimerization, whereas ligand binding to ER $\beta$  was insufficient to induce heterodimerization in the presence of 10 nM E<sub>2</sub> (Fig. 3B). Similar assays were performed with a variety of synthetic and natural ligands and resulted in the same conclusion (Fig. S4A). None of the ligands tested were able to bind to the LBD mutants ER $\alpha$ G521R-RLuc or YFP-ER $\beta$ G491R (Fig. S3). For most ligands tested, the maximum dimerization was impaired when the ER $\beta$  LBD was mutant com-

pared with when it was competent. Thus, these findings further demonstrate that ligand binding to ER $\alpha$ , but not ER $\beta$ , is required for heterodimerization, whereas an intact ER $\beta$  LBD contributes to the maximum level of heterodimerization.

**Conformational Changes Induced by Synthetic ER Ligands.** Because the BRET ratio is affected by the affinity of a ligand to ER fusion proteins and the conformation induced upon ligand binding, we performed BRET assays for ER $\alpha$  homodimers, ER $\beta$  homodimers, and ER $\alpha$ / $\beta$  heterodimers at 100 nM concentration of agonist or antagonist to ensure full occupancy of the receptor LBD pocket (Fig. 4). BRET ratios in the presence of 100 nM E<sub>2</sub> and PPT resembled what was observed at 10 nM (compare Fig. 3 with Fig. 4). DPN at 100 nM can modestly induce ER $\alpha$ / $\beta$  heterodimerization (Fig. 4), in contrast with its inability to induce heterodimerization at 10 nM (Fig. 3). Because DPN has only a  $\approx 70$ -fold preference for ER $\beta$  over ER $\alpha$  and thus is able to bind to and activate ER $\alpha$  at high concentrations, we postulated that the induction of heterodimerization at 100 nM DPN was the result of DPN binding to ER $\alpha$  at this higher concentration. This hypothesis is supported by the finding that in the presence of 100 nM DPN, wild-type ER $\alpha$ -RLuc and YFP-ER $\beta$ G491R heterodimerize, whereas ER $\alpha$ G521R-RLuc and wild-type YFP-ER $\beta$  fail to do so (Fig. S4C). This reinforces our finding that ER $\alpha$  is the predominant heterodimeric partner capable of inducing ER $\alpha$ / $\beta$  heterodimerization upon ligand binding (Fig. 3B).

The BRET profiles induced by antagonists and partial antagonists at 100 nM were compared with those of E<sub>2</sub> at the same concentration. The affinity of the antagonist ICI 182,780 for both ERs is lower than that of E<sub>2</sub>, with ICI 182,780 binding with a level of 32% of E<sub>2</sub> to ER $\alpha$  and 25% of E<sub>2</sub> to ER $\beta$  (23). As shown in Fig. 4, ICI 182,780 induced higher BRET ratios for ER $\alpha$  homodimers and ER $\alpha$ / $\beta$  heterodimers than those induced by E<sub>2</sub>, whereas E<sub>2</sub> and ICI 182,780 induced similar BRET ratios in ER $\beta$  homodimers, suggesting that this ligand may induce different conformations among the dimer pairs. Given that the BRET ratios are saturated by ICI 182,780 at 100 nM (data not shown), ICI 182,780 binding





crepancy is not clear, we speculate that the differences in cell lines, endogenously expressed cofactors, and experimental system may contribute. The discoveries afforded by the BRET assays described herein shed valuable light onto the mechanism by which ligand-dependent heterodimerization occurs.

A wide variety of estrogenic ligands are present in both the natural and clinical environment and are actively recommended and prescribed for the treatment and prevention of hormone-dependent diseases and postmenopausal symptoms. Phytoestrogens including genistein were originally thought to contribute to the decreased breast cancer risk associated with Asian women on high-soy diets compared with American women. However, recent animal, clinical, and gene expression studies provide evidence against its preventive role in breast cancer (32, 33). Our BRET assay shows that genistein induces ER $\alpha$  homodimerization at 100 nM, a physiological concentration easily achievable by dietary intake (32–35). Because ER $\beta$  expression is lost in highly aggressive tumors, the concomitant activity of genistein to induce ER $\alpha$  homodimerization and subsequently activate ER $\alpha$ -mediated transcription (36) may explain the failure of genistein in clinical trials for the treatment of breast cancer. On the contrary, liquiritigenin, an estrogenic compound tested in clinical trials, does not induce ER $\alpha$  homodimerization even at 1  $\mu$ M. Animal studies support the inability of liquiritigenin to stimulate xenograft tumor formation (28). Our discovery that genistein and liquiritigenin exhibit different abilities to induce ER homo- and heterodimerization poses a model that an estrogenic compound that can preferentially induce ER $\beta$  homodimers and ER $\alpha$ / $\beta$  heterodimers but not ER $\alpha$  homodimers might be therapeutically favorable. The feasibility of identifying such a compound is supported by the identification of an ER ligand that acts as an ER $\alpha$  agonist and an ER $\beta$  antagonist (37); however, no ligand has yet been identified that acts as an ER $\beta$  agonist and an ER $\alpha$  antagonist. Given the ability of many estrogenic ligands to bind and activate both ER $\alpha$  and ER $\beta$ , along with the opposing role of these receptors in cellular proliferation, exploration of the

mechanisms by which estrogenic ligands are acting will be crucial for selecting optimal dimer-selective estrogen receptor modulators (SERMs) to decrease the risk of hormone-dependent diseases. Thus, our BRET system may be best used for characterization of naturally occurring phytoestrogenic ligands, which might have a profound impact on dietary recommendations for treatment of postmenopausal symptoms and breast cancer prevention.

## Materials and Methods

Descriptions of DNA constructs, cell culture and transfection, and assessment of fusion construct functionality are available in *SI Methods*.

**In Vivo BRET Assay Format.** HEK293 cells were either transfected with a single BRET fusion plasmid (pCMX-ER $\alpha$ -RLuc or pCMX-RLuc-ER $\beta$ ) or cotransfected with RLuc and YFP BRET fusions (pCMX-ER $\alpha$ -RLuc + pCMX-YFP-ER $\beta$  for ER $\alpha$ /ER $\beta$  heterodimers, pCMX-ER $\alpha$ -RLuc + pCMX-ER $\alpha$ -YFP for ER $\alpha$  homodimers, or pCMX-RLuc-ER $\beta$  + pCMX-YFP-ER $\beta$  for ER $\beta$  homodimers). Empty expression vector pCMX-pL2 was used to keep the total amount of transfected DNA constant. Twenty-four hours after transfection, cells were trypsinized, counted, and resuspended in PBS in quadruplicate at  $\approx$ 50,000 cells per well of a 96-well white-bottom microplate. For the initial time course analysis, cells were incubated for specific periods ranging from 15 min to 2 h in the presence or absence of 100 nM E $_2$ . All subsequent experiments involved incubation with ligand or vehicle control for 1 h. The amount of DMSO vehicle was held constant at 0.6% per well. Cells transfected with pCMX-pL2, pCMX-ER $\alpha$ -RLuc, or pCMX-RLuc-ER $\beta$  alone were used as controls and incubated with DMSO under the same experimental conditions as the cotransfected conditions. Coelenterazine h (Promega) was added in PBS at a final concentration of 5  $\mu$ M, and 460-nm and 530-nm emission detection measurements were immediately taken at 0.1 s per wavelength read per well on a PerkinElmer Victor 3-V plate reader. The BRET ratio was calculated as described in ref. 14 (also see Fig. S1B).

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