

# S-nitrosylation therapy to improve oxygen delivery of banked blood

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From the perspectives of disease transmission and sterility maintenance, the world's blood supplies are generally safe. However, in multiple clinical settings, red blood cell (RBC) transfusions are associated with adverse cardiovascular events and multiorgan injury. Because ~85 million units of blood are administered worldwide each year, transfusion-related morbidity and mortality is a major public health concern. Blood undergoes multiple biochemical changes during storage, but the relevance of these changes to unfavorable outcomes is unclear. Banked blood shows reduced levels of S-nitrosohemoglobin (SNO-Hb), which in turn impairs the ability of stored RBCs to effect hypoxic vasodilation. We therefore reasoned that transfusion of SNO-Hb-deficient blood may exacerbate, rather than correct, impairments in tissue oxygenation, and that restoration of SNO-Hb levels would improve transfusion efficacy. Notably in mice, administration of banked RBCs decreased skeletal muscle pO<sub>2</sub>, but infusion of renitrosylated cells maintained tissue oxygenation. In rats, hemorrhage-induced reductions in muscle pO<sub>2</sub> were corrected by SNO-Hb-repleted RBCs, but not by control, stored RBCs. In anemic awake sheep, stored renitrosylated, but not control RBCs, produced sustained improvements in O<sub>2</sub> delivery; in anesthetized sheep, decrements in hemodynamic status, renal blood flow, and kidney function incurred following transfusion of banked blood were also prevented by renitrosylation. Collectively, our findings lend support to the idea that transfusions may be causally linked to ischemic events and suggest a simple approach to prevention (i.e., SNO-Hb repletion). If these data are replicated in clinical trials, renitrosylation therapy could have significant therapeutic impact on the care of millions of patients.

ethyl nitrite | hemoglobin cysbeta93 | nitric oxide | storage lesion

With ~85 million units of human blood collected each year for therapeutic purposes [World Health Organization Fact Sheet #279 ([www.who.int/worldblooddonorday/media/who\\_blood\\_safety\\_factsheet\\_2011.pdf](http://www.who.int/worldblooddonorday/media/who_blood_safety_factsheet_2011.pdf))], infusion of red blood cells (RBCs) is among the most common procedures in medicine. RBC transfusion is premised on a direct correlation between the O<sub>2</sub> carrying capacity of blood (increased by transfusion) and the delivery of O<sub>2</sub> to tissues, and thus assumes that transfusion will improve tissue oxygenation. However, it is unclear how often transfusion meets this goal. Although blood transfusion can be life-saving, evidence continues to accumulate that administration of stored RBCs may not always be beneficial and, in some settings, may actually cause harm (1–6), findings of particular concern because even mild anemia is prognostic of adverse outcomes (7, 8).

The range of adverse transfusion sequelae (myocardial infarction, renal injury, multiorgan failure, and death) (9–12), suggest that banked blood may acutely exacerbate rather than correct tissue hypoxia. Although it has long been suggested that storage impairs the ability of RBCs to deliver O<sub>2</sub> (13–15), it has not been obvious why this should occur upon infusing a small fraction of overall RBC volume. Reconceptualization of the

respiratory cycle as a three-gas system (NO/O<sub>2</sub>/CO<sub>2</sub>) (16), which includes a role for bioactive NO derived from RBCs in hypoxia-regulated vasodilation (i.e., O<sub>2</sub> delivery) (17), provides a basis for understanding why increasing bulk O<sub>2</sub> content alone can fail to improve tissue perfusion (18). In addition to releasing NO bioactivity, RBCs may also stimulate NO production from the endothelium by releasing ATP (19). Endothelial NO is thought to influence settling points in tissues (basal tone), but RBC-derived NO may effect demand-coupled changes in blood flow, which are endothelium independent (20–22). Inasmuch as RBCs tend to traverse the microcirculation “in series,” impaired capillary transit of single cells (as might result from impaired vasodilation) may impede microcirculatory flow at large.

Tissue perfusion is matched with metabolic demand through a physiological response, termed hypoxic vasodilation, in which local blood flow is coupled to desaturation of hemoglobin (Hb) (22–24). Hb within RBCs is thus a principal sensor and transducer of this response (20, 21, 25, 26). Specifically, it is proposed that the conformational changes incurred upon binding and release of O<sub>2</sub> from the hemes are intimately linked to binding and release of NO from cysteine residues in Hb, and that the released NO is liberated from RBCs in the form of bioactive S-nitrosothiols (SNOs). There is further appreciation that NO derived from nitrite may participate in RBC vasodilation through its conversion into SNOs (16, 17, 27, 28). [Note, however, that NO itself cannot escape sequestration by excess hemes of Hb (24).] Thus, RBCs may dilate blood vessels through a SNO-based mechanism as blood transits from arteries to veins (20, 29, 30). By extension, blood flow (and O<sub>2</sub> delivery) would be negatively impacted by conditions that reduce circulating levels of SNO-Hb.

Hb conformation is regulated not only by O<sub>2</sub>, but also by CO<sub>2</sub> and pH. Notably, banked RBCs are stored in an acidic isotonic solution (~pH 6.5), which accelerates SNO-Hb decay (31). We and others previously reported that storage of blood leads to marked losses in SNO-Hb within 1 d (32, 33), which are paralleled by losses in the ability of RBCs to effect hypoxic vasodilation (32). Blood is >80% depleted in SNO-Hb by 7 d and remains low thereafter [whereas, nitrite levels do not decline during storage (34)]. We further showed that the defect in RBC-mediated vasodilation could be corrected by selectively repleting SNO-Hb (32, 35), but this has only been demonstrated with very

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small amounts of blood (1 mL). Restoration of the hypoxic vasodilatory capacity of banked blood raises the possibility that such an intervention might improve tissue oxygenation following transfusion (36). We therefore tested this postulate in four distinct and complementary transfusion paradigms.

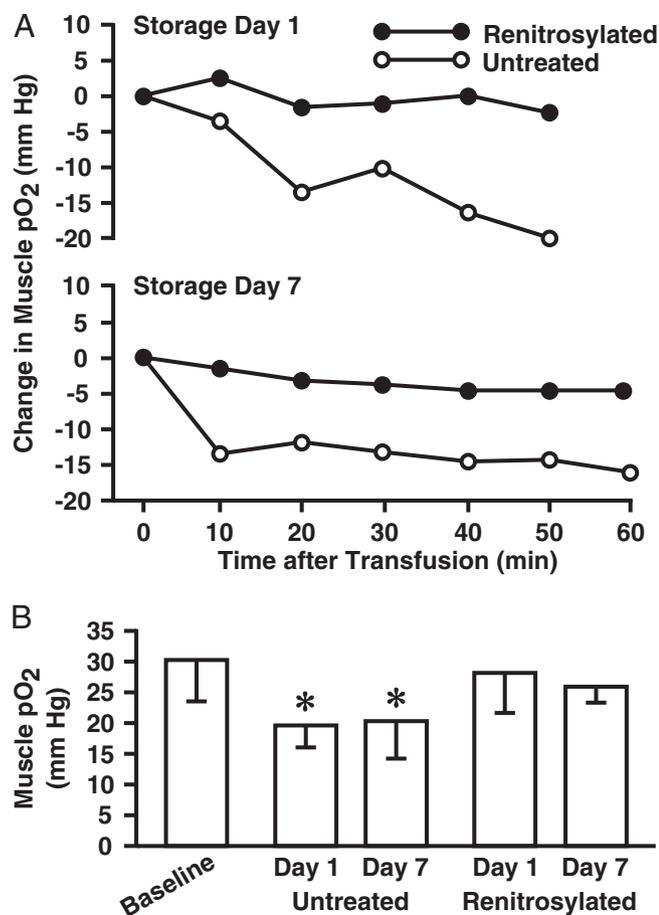
## Results

**Study 1: Top-Up Transfusion in Mice.** After 1 d of storage, rodent blood is depleted of SNO-Hb by more than 70% (37, 38). As an initial test of the effects of renitrosylation, we measured tissue oxygenation (using  $pO_2$  electrodes inserted into skeletal muscle) following transfusion of stored untreated or renitrosylated blood. Renitrosylation of blood in these initial experiments used an established NO methodology (*Materials and Methods*) that increases SNO-Hb concentrations without increasing nitrite (32, 35, 39). Normovolemic mice received the human equivalent of one unit (200  $\mu$ L) of RBCs [ $\sim$ 10% of estimated blood volume (40)] that had been stored for 1 or 7 d. Representative and group oxygenation responses of the mouse thigh muscle bed are presented in Fig. 1. Basal muscle  $pO_2$  under anesthesia was  $32.0 \pm 7.3$  mm Hg ( $n = 17$ ). Administration of stored, SNO-depleted RBCs produced progressive declines in muscle  $pO_2$ . At the end of monitoring,  $pO_2$  was  $19.9 \pm 6.9$  mm Hg for 1-d-old blood and  $20.2 \pm 10.4$  for 7-d-old blood (both  $P < 0.05$  vs. baseline). In

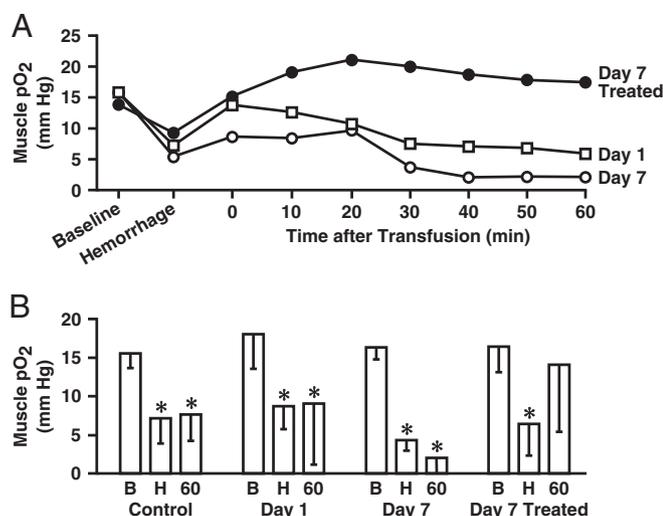
contrast, RBCs stored for 1 or 7 d, and then renitrosylated immediately before transfusion, produced no significant change in  $pO_2$  ( $28.3 \pm 11.3$  and  $26.1 \pm 4.1$  mm Hg for RBC days 1 and 7, respectively;  $P > 0.05$ ). As an additional control, we sought to infuse RBCs procured from “Cys93-deficient” mice that should be refractory to SNO-Hb formation (41). However, our on-going characterizations of these strains have revealed that these mice exhibit normal levels of SNO-Hb (*Discussion* and Fig. S1).

**Study 2: Hemorrhage and Transfusion in Rats.** Controlled hemorrhage provides a relevant model of tissue ischemia in which to test the effect of stored blood. In anesthetized rats, 25–30% of the estimated blood volume was removed to reach the target mean arterial pressure (MAP) of 55 mm Hg. Changes in rat skeletal muscle oxygenation in response to blood loss and transfusion are presented in Fig. 2. Hemorrhage produced significant declines in muscle  $pO_2$  across all treatment groups ( $P < 0.05$  compared with starting levels). Animals received untreated RBCs stored for 1 or 7 d or renitrosylated RBCs stored for 7 d. Although transfusion of both untreated and renitrosylated RBCs restored MAP, only renitrosylated (SNO-Hb repleted) blood was accompanied by improvements in thigh muscle  $pO_2$  (from a nadir of  $6.3 \pm 4.1$  to  $13.8 \pm 8.5$  mm Hg 60 min after transfusion; Fig. 2B). In the groups that received untreated RBCs stored for 1 or 7 d, muscle  $pO_2$  remained at or near the hemorrhage-induced lows, and thus were significantly lower than the baseline values ( $8.9 \pm 7.9$  mm Hg compared with a starting level of  $17.7 \pm 4.4$  mm Hg for day 1 blood, and  $2.0 \pm 2.3$  mm Hg vs.  $16.1 \pm 1.5$  mm Hg for day 7 blood, both  $P < 0.05$ ). These differences in tissue oxygenation response were reflected in metabolic parameters measured in snap-frozen hind-limb muscle biopsies procured 60 min after transfusion (Table 1). Notably, muscle lactate and lactate/pyruvate ratio increased after infusion of SNO-depleted RBCs, but not after infusion of SNO-repleted RBCs, and creatine phosphate content was preserved after infusion of SNO-repleted RBCs, but not after infusion of SNO-depleted RBCs.

**Study 3: Intraoperative Transfusion of Anemic Sheep.** Large animals allow for assessments of hemodynamic responses to transfusion over prolonged periods of time. Two days after bloodletting (target Hb of  $\sim$ 9 g/dL), adult sheep ( $n = 7$  per group) were anesthetized and instrumented with peripheral and central catheters. Hemodynamic monitoring and organ blood flow determinations were made as each animal received two units of leukocyte-depleted packed ovine RBCs that had been stored for 14 d. After transfusions, there were initial declines in systemic vascular resistance (SVR) in both the control (untreated blood) and treatment (renitrosylated blood) groups (Fig. 3A). However, although vasodilatation persisted in the group that received renitrosylated blood, it reversed in the group that received untreated RBCs. By the end of the monitoring period, SVR had returned to the pretransfusion level in the control group and was significantly higher than in sheep that received SNO-Hb-repleted blood ( $P < 0.05$ ). These higher SVR values correlated with higher MAP readings in the control animals versus animals receiving renitrosylated blood (Fig. S2). Stroke volume (Fig. 3B) rose in the renitrosylated group, whereas following an initial rise, it returned to baseline in sheep given untreated RBCs. Pulmonary arterial pressure (Fig. 3C) increased above baseline early after transfusion, but by the end of monitoring the within-group (compared with baseline) and between-group values were not significantly different. Similarly, pulmonary vascular resistance did not differ within or between groups (Fig. S2). Arterial  $pO_2$  was not different between groups. However, venous  $O_2$  saturation ( $SvO_2$ ) declined in the group that received renitrosylated blood (indicating improved  $O_2$  extraction by tissues) and increased in the control group (Fig. 3D). This  $SvO_2$  response was reflected in group differences in  $O_2$  extraction: by the end of the



**Fig. 1.** Mouse transfusion and muscle  $pO_2$ . (A) Representative time courses of skeletal muscle  $pO_2$  changes following receipt of 200  $\mu$ L of untreated (○) or renitrosylated (●) allogenic blood stored for 1 or 7 d. (B) Mean  $pO_2$  values ( $\pm$ SD) at baseline ( $n = 17$ ) and 50–60 min after transfusion with 1- or 7-d-old untreated or renitrosylated blood ( $n = 3$  for each condition). An asterisk denotes a significant reduction in  $pO_2$  values in the untreated cohorts compared with baseline.



**Fig. 2.** Rat hemorrhage/transfusion and muscle  $pO_2$ . (A) Representative time courses of skeletal muscle  $pO_2$  changes from baseline to hemorrhage and then in response to allogeneic transfusion with untreated RBCs stored for 1 or 7 d ( $\square$  and  $\circ$ , respectively) or renitrosylated RBCs stored for 7 d (treated;  $\bullet$ ). Monitoring was conducted for 60 min after transfusion. (B) Mean muscle  $pO_2$  values ( $\pm$ SD) at baseline (B), after hemorrhage (H), and 60 min after transfusion with untreated or renitrosylated RBCs ( $n = 5$ –7 per group). An asterisk denotes a significant difference in  $pO_2$  values compared with baseline within each group.

monitoring period the median values (plus first and third quartile deviations) were 15.4% (12.2%, 20.7%) in the treated group but only 7.7% (6.8%, 10.7%) in the control group ( $P < 0.05$ ).

Organ blood flow was assessed using the microsphere technique. Flow to internal organs (liver, adrenals, spleen) (Table S1) had trended upward at the end of transfusion and had returned to baseline by 4 h posttransfusion. The kidney showed the most notable treatment-dependent response. Pretransfusion renal blood flow was  $2.9 \pm 1.3$  and  $0.41 \pm 0.29$  mL $\cdot$ min $^{-1}\cdot$ g $^{-1}$  in the cortex and medulla, respectively. In animals that received renitrosylated blood ( $n = 7$ ), flow to the kidney cortex rose at the end of transfusion (Fig. 4A). At 4 h posttransfusion, cortical flow remained significantly higher than baseline ( $142 \pm 32\%$ ); blood flow was also higher than in the untreated control group ( $n = 6$ ), whose renal blood flow had declined to anemic baseline values ( $78 \pm 42\%$ ;  $P < 0.05$ ). A similar response was seen in the kidney medulla where at 4 h posttransfusion, control blood flow was  $122 \pm 77\%$  of the pretransfusion level compared with  $229 \pm 112\%$  for renitrosylated blood ( $P < 0.05$ ). These differences in blood flow had functional corollaries (Fig. 4B). By the end of the

**Table 1.** Rat thigh muscle metabolic parameters

	Control	Hemorrhage	SNO-Hb-depleted	SNO-Hb-repleted
ATP	$5.6 \pm 0.7$	$4.8 \pm 0.4$	$4.9 \pm 0.9$	$4.9 \pm 0.7$
ADP	$0.4 \pm 0.1$	$0.4 \pm 0.1$	$0.4 \pm 0.1$	$0.6 \pm 0.2^*$
CrP	$17 \pm 3$	$24 \pm 6^*$	$20 \pm 7$	$25 \pm 2^*$
Cr	$11 \pm 3$	$10 \pm 3$	$15 \pm 3$	$12 \pm 2$
Pyr	$0.06 \pm 0.02$	$0.07 \pm 0.02$	$0.05 \pm 0.01$	$0.05 \pm 0.01$
L	$2.5 \pm 0.8$	$3.3 \pm 1.5$	$4.3 \pm 2.6^*$	$2.6 \pm 1.4$
L/Pyr	$39 \pm 8$	$47 \pm 22$	$87 \pm 65^*$	$51 \pm 33$
CrP+Cr	$30 \pm 5$	$35 \pm 8$	$37 \pm 7^*$	$38 \pm 2^*$

Muscle metabolic markers under control ( $n = 7$ ), hemorrhage ( $n = 9$ ), and transfusion conditions ( $n = 10$  for both). Values followed by an asterisk (\*) indicate a significant difference from control values ( $P < 0.05$ ). ADP, adenosine diphosphate; ATP, adenosine triphosphate; Cr, creatine; CrP, creatine phosphate; L, lactate; L/Pyr, lactate/pyruvate ratio; Pyr, pyruvate.

monitoring period, estimated glomerular filtration rate (eGFR) in the controls had declined from  $121 \pm 43$  to  $74 \pm 45$  ( $P = 0.004$ ; arbitrary units). In contrast eGFR did not change in animals receiving renitrosylated blood ( $112 \pm 29$  at the start and  $101 \pm 37$  at the end of monitoring;  $P = 0.653$ ).

**Study 4: Awake Transfusion of Anemic Sheep.** Awake sheep were transfused with two units of 14-d-old ovine RBCs, 3 d after blood-letting. Transfusion increased mean Hb concentrations to similar levels in control and treated groups: from  $9.1 \pm 1.7$  to  $10.4 \pm 1.5$  g/dL and  $9.5 \pm 1.0$  to  $10.3 \pm 1.0$  g/dL in the untreated and treated groups, respectively. MetHb levels were essentially unchanged by transfusion (e.g., going from  $0.70\% \pm 0.40$  to  $0.80\% \pm 0.46$  in the treated group). Hemodynamic assessments made over 16 h indicated that all animals were physiologically stable during the posttransfusion monitoring period and clinical chemistries identified no group differences.

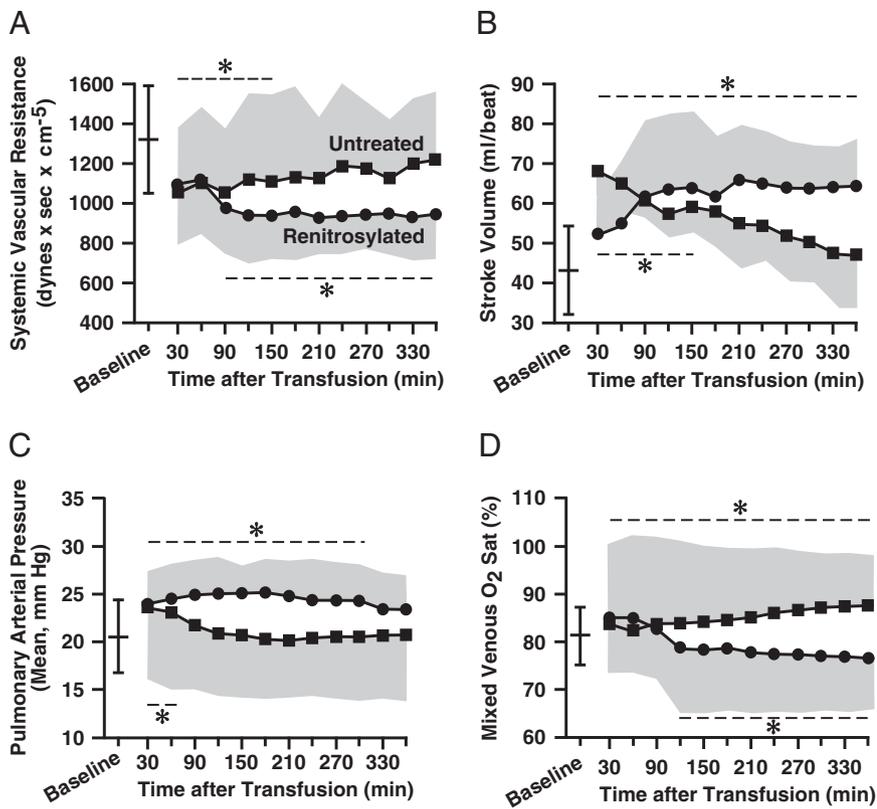
Blood  $O_2$  content was used to monitor changes in  $O_2$  utilization. Before transfusion, baseline arterial and venous (A-V) blood  $O_2$  content (expressed as mL  $O_2$ /100 mL blood) were similar for the two groups ( $13.5 \pm 1.2$  and  $9.0 \pm 1.8$  for the untreated;  $13.0 \pm 1.5$  and  $8.9 \pm 2.1$  for the treated; both  $n = 5$ ). Transfusion produced the expected rise in arterial blood  $O_2$  content in both groups. However, although venous  $O_2$  content rose in the untreated group, venous  $O_2$  content either stayed constant or declined in the group receiving renitrosylated blood. Thus, A-V  $O_2$  differences were significantly lower than baseline ( $P < 0.05$ ) in sheep receiving control transfusions (Fig. 5A) and significantly higher than baseline following transfusion of renitrosylated blood ( $P < 0.05$ ).

To augment the A-V  $O_2$  measurements, we directly recorded tissue  $pO_2$  with a needle probe placed in the hock muscle. Pretransfusion muscle  $pO_2$  values were similar between the two groups at  $22.0 \pm 8.1$  and  $22.5 \pm 7.3$  mm Hg. A median value was calculated at 3-h intervals to avoid overreliance on single tissue  $pO_2$  measurements. Group differences in  $O_2$  delivery after transfusion were reflected as change from baseline (Fig. 5B). For the untreated cohort ( $n = 4$ ), none of the differences in posttransfusion  $pO_2$  values were significantly different from baseline. However, in the group receiving renitrosylated-banked blood ( $n = 5$ ),  $pO_2$  values were significantly higher than baseline (four of the six blocks;  $P < 0.05$ ).

## Discussion

The present results build on the earlier discovery (32, 33) that storage diminishes the SNO-Hb-linked vasodilatory activity of blood that subserves hypoxic vasodilation (22). Experiments using four different transfusion paradigms across three different species demonstrated that banked blood deficient in SNO-Hb failed to correct anemia-induced reductions in blood flow and  $O_2$  utilization. Furthermore, in some settings, transfusion exacerbated anemia-induced deficits in tissue  $pO_2$ . Any one paradigm has its limitations, but taken together the data offer compelling support to the clinical evidence that standard transfusion regimens may do little to improve end-organ  $O_2$  delivery. In stark contrast, repletion of SNO-Hb at the time of transfusion resulted in sustained improvements in tissue  $pO_2$  and related parameters of  $O_2$  sufficiency, including blood flow and lactate levels.

Our findings provide evidence that adverse transfusion outcomes may reflect underlying defects in RBC function (e.g., impaired NO-based vasodilation) and are suggestive of a causal relationship between declines in microvascular  $O_2$  delivery and impairments in organ function. Renitrosylation could offer a unique approach to improve tissue oxygenation and a compelling strategy to directly address the adverse cardiovascular morbidity associated with transfusion (6). By extension, tissue  $O_2$  sufficiency may be a more relevant biomarker for therapeutic testing and posttransfusion outcomes than the current standard of circulating RBC survival time (42). Case in point are the results from



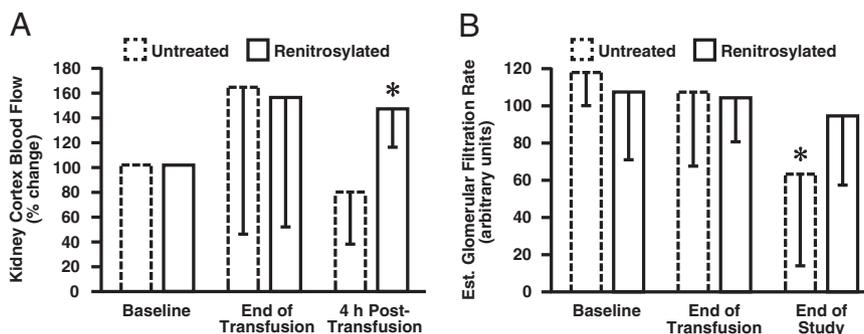
**Fig. 3.** Sheep hemodynamic responses to intraoperative transfusion. Mean time courses ( $\pm$ SDs, shown by the shaded envelopes) for various cardiovascular parameters following receipt of two units of untreated (■) or renitrosylated (●) packed RBCs ( $n = 5-7$ ). Group mean ( $\pm$ SD) baseline values are demarcated by the free-standing bar in each panel. The dashed lines and asterisk denote within-group datapoints that are significantly different ( $P < 0.05$ ) from their respective baseline values. (A) SVR initially declined in both groups but only remained reduced in sheep receiving treated RBCs. (B) Stroke volume (SV) in the untreated cohort initially rose then returned to baseline, but it remained elevated in the treated group. (C) Mean pulmonary arterial pressure (mPAP) rose in both groups then returned to baseline. (D) Mixed SvO<sub>2</sub> increased in the untreated group and declined in the treated group and these differences persisted throughout the monitoring session.

anesthetized anemic sheep where transfusion of renitrosylated RBCs, but not untreated blood, increased kidney blood flow and maintained GFR. Intraoperative blood transfusion is a well-recognized risk factor for acute kidney injury (AKI) (43-45), and the incidence of transfusion-associated AKI is amplified by preoperative anemia (44). Thus, occurrence rates of AKI may be a useful measure of the O<sub>2</sub> delivery capability of banked blood.

Adverse clinical responses to blood transfusion have been associated with or exacerbated by storage duration. Banked RBCs indeed undergo multiple biochemical changes during storage [loss of molecular modulators of O<sub>2</sub> binding, impaired RBC shape/flexibility, increased RBC adhesiveness, and hemolysis (46)], so it is notable that we were able to reverse impairments of oxygenation and organ dysfunction by SNO-Hb repletion, without correcting these other defects. Moreover, at least one

clinical study has linked transfusion of 3-d-old RBCs to mortality (2), a time point that is well before most storage-related biochemical changes occur (47), except for declines in SNO-Hb (32, 33). Our present studies and previous findings (47) show that infusion of even 1-d-old blood can decrease tissue oxygenation consistent with this rapid loss in NO bioactivity.

Mechanisms of RBC vasodilation merit comment. We originally described an NO-based mechanism by which RBCs can relax blood vessels under hypoxia (30, 35). In this model, thiols of Hb deploy NO bioactivity: relaxations by human RBCs are (i) inhibited by prior depletion of SNO-Hb, (ii) potentiated by thiols, and (iii) dependent on cGMP (i.e., mediated by SNOs), and yet unaffected by the absence of endothelium or endothelial nitric oxide synthase (37). Furthermore, declines in SNO-Hb in hypoxic RBCs were commensurate with measured release of



**Fig. 4.** Sheep renal responses to intraoperative transfusion. (A) Mean percent change ( $\pm$ SD) from baseline in cortical kidney blood flow (KBF) following receipt of two units of untreated (dashed line,  $n = 6$ ) or renitrosylated (solid line,  $n = 7$ ) ovine RBCs that had been stored for 14 d. Blood flow measurements were taken immediately at the end of transfusion and then again 4 h later. KBF in the group that received untreated RBCs was significantly less than flow in the group that received treated cells. (B) Mean ( $\pm$ SD) eGFR at baseline and after transfusion. By study end, eGFR was significantly less than baseline in the group that received untreated RBCs ( $P = 0.004$ ; arbitrary units). In contrast eGFR did not change in animal receiving renitrosylated blood ( $P = 0.653$ ).



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