Gut bacteria mediate aggregation in the German cockroach

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Aggregation of the German cockroach, Blattella germanica, is regulated by fecal aggregation agents (pheromones), including volatile carboxylic acids (VCAs). We demonstrate that the gut microbial community contributes to production of these semiochemicals. Chemical analysis of the fecal extract of B. germanica revealed 40 VCAs. Feces from axenic cockroaches (no microorganisms in the alimentary tract) lacked 12 major fecal VCAs, and 24 of the remaining compounds were represented at extremely low amounts. Olfactory and aggregation bioassays demonstrated that nymphs strongly preferred the extract of control feces over the fecal extract of axenic cockroaches. Additionally, nymphs preferred a synthetic blend of 6 fecal VCAs over a solvent control or a previously identified VCA blend. To test whether gut bacteria contribute to the production of fecal aggregation agents, fecal aerobic bacteria were cultured, isolated, and identified. Inoculation of axenic cockroaches with individual bacterial taxa significantly rescued the aggregation response to the fecal extract, and inoculation with a mix of six bacterial isolates was more effective than with single isolates. The results indicate that the communal gut microbiota contributes to production of VCAs that act as fecal aggregation agents and that cockroaches discriminate among the complex odors that emanate from a diverse microbial community. Our results highlight the pivotal role of gut bacteria in mediating insect–insect communication. Moreover, because the gut microbial community reflects the local environment, local plasticity in fecal aggregation pheromones enables colony-specific odors and fidelity to persistent aggregation sites.

Significance

There is great interest in elucidating the diverse roles of microbes in biology, in general and, specifically, in mediating animal communication. We demonstrate that the gut bacterial community plays a pivotal role in production of aggregation pheromones in the German cockroach. The feces of normal and gut bacteria–inoculated cockroaches emit highly attractive volatile carboxylic acids (VCAs) that elicit aggregation whereas bacteria-free feces contain few VCAs and is relatively unattractive. VCAs may reflect the gut microbiota and, in turn, the cockroach’s local environment, explaining why divergent chemical structures have been proposed as aggregation pheromones. This new insight emphasizes the importance of gut microbes in insect–insect communication and highlights the plasticity of the chemistry and function of fecal aggregation pheromones.


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Diverse microbial communities inhabit the alimentary tract and other tissues of many insect species. Their effects on the host vary, ranging from facultative provision of essential nutrients to stimulation of the immune system and exclusion of pathogenic microbes (1–6). Insect-symbiotic associations, some obligatory, are common, where hosts are nutritionally and immunologically dependent on their symbiotic microbes: Buchnera in aphids (7), nitrogen-fixing bacteria in termites (8), Blattabacterium in cockroaches (e.g., ref. 9), lactic acid bacteria in honey bees (10) and Wolbachia, which affects sex determination (11), immune function (e.g., ref. 12) and nutrition (13) in many insect species. The alimentary tract, and especially the hindgut of many (possibly all) insects, is persistently colonized by opportunistic, facultative, and commensal microbiota largely structured by exogenous (diet and local environment) and endogenous (gut environment) factors. The commensal gut microbiota can modulate various aspects of insect biology, including behavior (e.g., refs. 14–16), host–parasite and host–pathogen interactions (e.g., refs. 2 and 4), and various life history traits (1, 17).

The German cockroach, Blattella germanica is a major pest of the built environment, where it can acquire and transmit pathogens, contaminate food, and produce allergenic proteins that cause human morbidity (18, 19). The German cockroach lives in aggregations (20), and contact with conspecifics accelerates nymphal development (21) and reproductive maturation in both sexes (22, 23). Younger nymphs benefit from coprophagy in aggregations (24), and gregarious behavior may also facilitate mate location, predator avoidance, thermoregulation, and prevention of water loss. Fidelity to the resting aggregation site may also facilitate group foraging in the rapidly changing human environment. Aggregation behavior is mediated by at least two types of chemical cues: endogenous compounds produced by the insect and compounds contained in feces. Cuticular hydrocarbons facilitate aggregations (25), and salivary compounds contribute to dissolution of aggregations (26); both are examples of endogenous signals. Feces-associated compounds function as powerful attractants and arrestants in all life stages of the German cockroach (27, 28).

Identification of the fecal aggregation pheromones of cockroaches has been fraught with controversy. Candidate pheromones are thought to be endogenously produced by rectal pads (29), with arrestment agents, including blattellastanoside A and B (30) and volatile carboxylic acids (VCAs) (31, 32), and attractants, including ammonia, alkyl amines, amino alcohols, alcohols (33), and VCAs (31, 32). However, the chemical profiles of aggregation-inducing agents vary greatly among reports. The structures of blattellastanosides may be an artifact of chemical isolation and fractionation (34). Some compounds are inconsistently detected in feces, and behavioral responses to them range from attraction to neutral to avoidance (32, 35). More than 150 compounds, including 57 carboxylic acids, have been identified from feces of the German cockroach...
(31). Because methylation decreased the aggregation response (31), a mix of VCAs was considered the likely aggregation stimuli (32). Symbiotic and commensal bacteria modulate the production of sex pheromones in grass grub beetles (36) and Drosophila (15) and the aggregation pheromone in locusts (37). We hypothesized that the fecal VCAs that mediate aggregation in the German cockroach originate from the bacterial community in the feces, and, because gut-associated bacteria are acquired from the environment, we posited that both the VCA profiles and the behavioral responses to them depend on environmental conditions. Our behavioral assays and chemical analysis revealed that the feces of axenically reared cockroaches (no microorganisms in the alimentary tract) contained many fewer VCAs and failed to elicit aggregation behavior. Inoculation with fecal aerobic bacteria rescued the aggregation activity of fecal extracts of axenic cockroaches. A synthetic blend of VCAs was an effective aggregation stimulus for German cockroaches. We propose that gut bacteria impact the production of fecal VCAs as aggregation agents and that cockroaches use fecal VCAs from commensal microbes as aggregation cues that reflect their colony odor.

Results

Environmental Microbes Contribute to Feces-Associated Aggregation Agents. We used first and fifth instar nymphs in behavioral assays because they are highly motivated to aggregate during the phophostasis. First instar nymphs sheltered equally under two water-treated filter papers in a Petri dish, but these stimuli failed to elicit upwind orientation in older nymphs in an olfactometer (Fig. 1). Both young and older nymphs were significantly attracted to, and arrested in a dose-dependent manner by, extracts of adult female feces and in orientation assays that required walking toward the stimulus and choosing between it and sterile water (solvent). Water extracts of feces stimulated significantly more fifth instar nymphs to walk upwind and to prefer the extract over the sterile water (Fig. 1B).

To test whether the aggregation response was influenced by bacteria associated with feces, we generated sterile and control (nonsterile) feces (Table S1). Egg cases were i) surface-sterilized and maintained under axenic conditions with sterilized cockroach feces, food, and water (axenic group) or ii) maintained with nonsterile feces and food and water (control group). The sterilization procedure eliminated environmental bacteria but not vertically transmitted endosymbiotic (intracellular) bacteria in the fat body. In the second procedure, cockroaches could ingest environmental bacteria, including the fecal bacteria excreted by their colony members. Because both groups reached the adult stage approximately at the same time, it seemed that environmentally acquired microbes did not contribute significantly to cockroach nutrition and development. In two-choice sheltering assays, first instar nymphs sheltered under extracts of control feces (CF) and axenic feces (AF) more than in shelters treated with sterile water (Fig. 2A). However, when given a choice between the control and axenic feces, they significantly preferred the extract of control feces (Fig. 2A and B), and they responded to this extract faster than to the axenic feces (Fig. S1). Fifth instar nymphs also preferred the control over the axenic feces in olfactometer tests (Fig. 2C), and odors of control feces stimulated significantly more nymphs to respond than odors emanating from axenic feces (Fig. S2). These results indicate that attractants and arrestants that mediate aggregation in the German cockroach are associated with fecal microbes and that the feces of axenically reared cockroaches is much less attractive than feces of cockroaches with an active gut microbial community.

VCAs in Feces Act as Aggregation Agents. To explore candidate compounds in feces that mediate aggregation behavior, we analyzed VCAs by gas chromatography-flame ionization detection (GC-FID) and GC-MS. VCAs have been suggested as aggregation pheromones in the German cockroach (e.g., refs. 31 and 32), but results have been disparate and inconclusive. Of the 40 VCAs identified in control nonsterile feces, 31 were found in lower amounts (>twofold difference) or were not detected at all in the axenic group; 15 of these compounds occurred at >20-fold higher amounts in nonsterile feces (Fig. 3 and Table S2). Only three related compounds, decanoic acid, 4-methoxybenzoic acid, and 3,4-dimethoxybenzoic acid, were found in considerably larger amounts in nonsterile feces (<onelfold difference) (Table S2).

We conjectured that the most underrepresented VCAs in axenic feces contribute most as aggregation agents. A blend of six major compounds (Tables S2 and S3 and Fig. 3), designated Mix-NCSU, was significantly preferred over the solvent vehicle control and increased the number of nymphs that responded in a dose-dependent manner (Fig. 4). We also prepared Mix-G, a previously reported effective blend of six fecal VCAs (32) (Tables S2 and Fig. 3). Notably, three of these compounds were not detected in our control group, heptanoic acid and tetradecanoic acid occurred in low amounts, and only 3-phenylpropanoic acid was well represented in both blends (Tables S2 and S3 and Fig. 3). At the highest dose (10 μg) Mix-G stimulated nymphs to walk upwind in the olfactometer, but they had no preference for this blend at any dose (Fig. 4). In a direct comparison of the two six-compound blends, 100% of the nymphs responded with a significant preference for Mix-NCSU.

Inoculation of Axenic Feces with Bacterial Isolates from Control Feces Rescues the Aggregation Response. Because fecal VCAs are common metabolites of gut microbial communities (e.g., refs. 38 and 39), we hypothesized that bacterial inoculation of sterile feces

**Fig. 1.** Orientation to and aggregation of nymphs on fecal extracts. (A) Aggregation preference of first instar nymphs under filter paper shelters in two-choice bioassays. Groups of 10 first instars (n = number of groups) were tested in Petri dish assays with sterile water (SW) and female feces (FF) at different concentrations of feces extract (feces mass extracted in mg per filter paper). Aggregation index is the percentage of first instars that chose each of the filter papers. Asterisks indicate a significant preference for feces extract (sign test, P < 0.05). The total percentages of nymphs that sheltered under both stimuli were compared by Tukey’s WSD, and different letters denote significant differences (P < 0.05). (B) Orientation and choice assays of individual fifth instar nymphs (n = total individuals) to treated filter papers in two-choice olfactometer bioassays. Preference index is the percentage of nymphs that chose each of the filter papers. Asterisks indicate a significant preference for feces extract (exact binomial test, P < 0.05). Statistical analyses could not be conducted for SW vs. SW because none of the nymphs responded. In both A and B, the total percentage of nymphs that responded to both stimuli were compared by Tukey’s WSD, and different letters indicate significant differences among the treatments (P < 0.05).

**Table 1.** 1st instars tested in groups

<table>
<thead>
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<th>Treatment</th>
<th>Mass (mg)</th>
<th>P value</th>
<th>% responding (%)</th>
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<tbody>
<tr>
<td>SW</td>
<td>0</td>
<td>1.000</td>
<td>98.0 ± (20)</td>
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<tr>
<td>SW</td>
<td>0.8</td>
<td>0.344</td>
<td>100 ± 0 (10)</td>
</tr>
<tr>
<td>SW</td>
<td>1.6</td>
<td>0.039</td>
<td>100 ± 0 (10)</td>
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**Table 2.** 5th instars tested individually

<table>
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<th>Treatment</th>
<th>Mass (mg)</th>
<th>Preference index (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>SW</td>
<td>0</td>
<td>0 (15)</td>
</tr>
<tr>
<td>SW</td>
<td>1.0</td>
<td>0.004</td>
</tr>
<tr>
<td>SW</td>
<td>2.0</td>
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would rescue the aggregation response. Bacteria from feces of the control colony were cultured and identified by PCR amplification and sequencing of 16S rDNA (Table S4). Although aerobic bacteria were found in the control feces, none were detected in the feces of the axenic cockroaches. The concentration of bacteria (cfu per mg) was $7.87 \pm 0.38 \times 10^6$ on trypticase soy agar (TSA), $2.56 \pm 0.21 \times 10^3$ on MacConkey agar (MAC), and $5.15 \pm 0.17 \times 10^2$ on modified Enterococcus agar (mENT). We detected six bacterial species in four genera (Enterococcus, Weissella, Pseudomonas, and Acinetobacter), all of which represent environmental and commensal bacteria (Table S4). Interestingly, the bacterial community was dominated by Enterococcus avium, and no typical enteric bacteria (Enterobacteriaceae) were detected. The low cfu count on MacConkey agar represented Pseudomonas and Acinetobacter sp. In Conroy et al. (2018), necromones (48), and food attractants (49). Broad disparities among studies as to which chemicals guide aggregation behavior in cockroaches suggest that aggregation agents likely operate differently from sex pheromones. Species specificity is encoded in

Fig. 2. Microbes contribute to orientation and aggregation responses to feces extracts. (A) Groups of 20–30 first instar nymphs (n = number of groups) were tested in two-choice sheltering assays in Petri dishes with sterile water (SW) and fecal extracts of control (CF) and axenic (AF) cockroaches at different concentrations of feces extract (feces mass extracted in mg per filter paper). Asterisks represent significant differences in aggregation index (sign test, P < 0.05). (B) To eliminate the effect of social interactions of nymphs, individual first instar nymphs (n = total individuals) were tested in the same sheltering assays, with the asterisk denoting significant differences in their sheltering preference ($\chi^2$ test, P < 0.05). (C) Fifth instar nymphs were tested in two-choice olfactometer assays, as in Fig. 18, and significant preferences are denoted by asterisk ($\chi^2$ test, P < 0.05). Statistical analyses could not be conducted for SW vs. SW because only 2 of 20 nymphs responded. In A–C, the total percentages of nymphs that responded to both stimuli were compared by Tukey’s WSD, and different letters represent significant differences among treatments (P < 0.05).

Fig. 3. Carboxylic acids extracted from control nonsterile and axenic feces. (A) Gas chromatograms of the control and axenic extracts. Chemical names and percentage composition of each total extract are listed in Table S2. The control group had 65 µg of VCAs per 100 mg of feces, which was fourfold the VCA content of the axenic group. (B) Fold ratio (FR) is the peak area of each compound in the control group divided by its peak area in the axenic group. FR = 1 indicates no effect of the treatment whereas FR > 1 indicates that the axenic condition decreased a particular compound relative to the control extract. Arrows indicate the compounds that were included in the synthetic VCA mixtures for Fig. 4. G, Mix-G (32); N, Mix-NCUS. Three compounds from Mix-G were not detected in our chromatograms (Tables S2 and S3).
sex pheromones by chemical components and their overall blend ratio. Cockroach fecal VCAs that serve as aggregation agents, on the other hand, seem much less species-specific (e.g., ref. 50), and variation in their quality and quantity may depend to a large extent on environmental factors such as food quality, ingested microbes, and the cockroach strain. Thus, some VCAs were found in relatively large quantities in our investigation (e.g., butanedioic acid) but were not detected in other studies. Conversely, some carboxylic acids [e.g., 2-hydroxypropanoic acid (lactic acid)] were previously described as prominent aggregation agents (51) but were not detected in our GC-MS analysis.

In support of the idea that the composition of aggregation signals is plastic was the observation that synthetic blends consisting of equal amounts of VCAs (i.e., Mix-NCSU and Mix-G) elicited aggregation activity in cockroaches regardless of the blend ratio. Nevertheless, cockroaches in our assays preferred a mix of six VCAs that reflected the faecal composition of the host colony (32). Although it still remains unclear whether the variation in VCAs indicates that VCAs act as pheromones with intraspecific variation or as signature mixtures, as in ant colony odors (16), these results strongly suggest that the VCAs act not only as aggregation agents, but also as a means for cockroaches to discriminate their own colony from other colonies that emit unfamiliar VCAs.

**Gut Bacterial Community Influences Fecal VCA Profiles.** We hypothesized that VCA emissions are related to the gut/feces microbiota and that across-colony variation in VCA profiles could be the result of differences in environmentally acquired gut microbial communities. Because elimination of horizontally acquired gut microbes did not affect the period of nymphal development, these microbes do not seem to have major short-term effects on nutrition or performance (the sterilization procedure did not eliminate vertically transmitted endosymbiotic bacteria). However, elimination of gut microbes dramatically diminished the attractiveness of their feces in aggregation bioassays, and the feces of axenically reared cockroaches had much lower amounts of VCAs. Moreover, inoculation of axenic cockroaches with bacteria isolated from cockroach feces rescued the attractiveness of feces in aggregation bioassays, and this response intensified with the complexity of the bacterial inoculate: A mix of six bacterial isolates was significantly more attractive than single species inoculates. Cockroach feces likely contains other bacteria that did not grow aerobically and on TSA. This observation reflects the fact that fresh cockroach feces stimulated aggregation significantly more than fresh axenic feces inoculated with the mixture of six bacterial isolates.

At least three nonmutually exclusive mechanisms could function in the bacteria-dependent production of VCAs: Commensal bacteria may stimulate the cockroach to produce VCAs, they may function within a consortium of other microorganisms that produce VCAs, or the gut bacteria unaided produce the VCAs either before or after feces is excreted. These diverse mechanisms of semiochemical production have not been uncoupled in insects (52). Some bacteria (e.g., *Pantoea agglomerans* and other Enterobacteriaceae) have been shown to produce guaiacol as an aggregation pheromone component of the locust *Schistocerca gregaria* (37), and metabolites associated with *Enterobacter cloacae* and the fungus *Mycotropa microspora* stimulate aggregation behavior in the firebrat *Thermobia domestica* (47). Because cockroach feces contains highly volatile constituents yet it remains attractive to nymphs long after it is excreted, it is likely that bacteria in feces continue to produce VCAs. The bacterial isolates tested in our study, including *E. avium*, *W. cibaria*, *Pseudomonas sp.*, and *Acinetobacter sp.*, are tolerant of a wide range of environmental conditions and would be capable of continued metabolism in the excreted feces. The isolates that we tested individually, *E. avium* and *W. cibaria*, have fermentative metabolism and are capable of producing various VCAs (53, 54). We therefore suggest that the VCAs that serve as aggregation agents in the German cockroach are not endogenously produced by the cockroach but rather are produced by commensal gut bacteria obtained from the environment.

Recently, the gut microbiota of the German cockroach has been characterized (55). The embryo contained only vertically transmitted maternal *Blattabacterium* (Bacteroidetes) endosymbionts and no gut bacteria, but diverse environmental bacteria colonized the gut of first instar nymphs and the bacterial load increased 100-fold in the second instar. The bacterial community remained largely stable through the rest of nymphal development and in the adult male although gradual changes in the microbial diversity resulted in significant differences between nymphs and adult males (55). Together with our results and extensive evidence of coprophagy, especially in neonates

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**Fig. 4.** Orientation responses of fifth instar nymphs to synthetic mixtures of carboxylic acids. Orientation assays were conducted in two-choice olfactometers with individual nymphs (n = total). The significance of the preference index was tested with $\chi^2$ tests (asterisks, $P < 0.05$). Statistical analyses could not be conducted for some assays because few nymphs responded. The percentage of tested nymphs that responded to both stimuli is also shown, and different letters indicate significant differences among treatments (Tukey’s WSD, $P < 0.05$). Synthetic Mix-G was prepared according to ref. 32. Mix-NCSU consisted of six major VCAs in the control group that showed >10x abundance (fold-ratio) relative to axenic feces (Table S2 and Fig. 3).

**Fig. 5.** Differential orientation of fifth instar nymphs toward fecal extracts of bacteria-inoculated cockroaches. Individuals (n total) were tested with sterile water (SW), extracts of control feces (CF), axenic feces (AF), and feces from bacteria-inoculated axenic groups (In-Mix6, In-1, and In-2). The bacterial isolates are listed in Table S4. The preference index was derived from orientation assays in two-choice olfactometers and was statistically tested with a $\chi^2$ test (asterisks, $P < 0.05$). The percentages of nymphs that responded to either stimulus in the choice tests are shown, and different letters indicate significant differences among treatments (Tukey’s WSD, $P < 0.05$). The results indicate that environmental bacteria contribute to the production of fecal aggregation agents and that multiple bacteria species are involved in producing attractants.

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(24), the German cockroach most likely acquires bacteria through its diet and by ingesting conspecific feces in aggregations. The omnivorous and coprophagous habits of cockroaches are expected to generate highly variable gut microbiomes that emit highly variable blends of fecal VCAs. Within aggregations, however, it is possible that coprophagy promotes a preference for VCAs produced by the local gut bacterial community and thus may drive preference and fidelity to specific aggregation sites. It is not surprising, therefore, that nympha in our study were attracted more to VCAs from their own colony (Mix-NCSU) than to VCAs that had been reported as aggregation agents in another colony (Mix-G). This difference in odor preference suggests that nympha may discriminate familiar from unfamiliar odors, as do members of social insect colonies.

### Information Content of Aggregation Cues

Aggregation stimuli guide the accumulation and persistence of individuals at a fixed location, and semiochemicals that influence aggregation can operate differently in different ecological and evolutionary contexts (16). Aggregation signals are pheromonal in nature and mediate communication between proper signalers and proper responders. Aggregation cues, on the other hand, may be used by conspecifics to eavesdrop on inadvertently emitted cues for their own benefit. Gregarious and social insects, for example ants, use both aggregation cues (e.g., colony odor, signature mixtures) and signals (e.g., queen pheromones) in different contexts (16). Our study suggests that cockroach fecal VCA profiles act as highly variable signature mixtures because they are produced by a locally determined and highly variable gut microbial community. This variability of a signature mixture is in stark contrast to the much less variable species-specific pheromones, such as queen pheromones in ants and sex pheromones in moths. The VCAs might provide the German cockroach with explicit information about the physiological status of the colony (health, infections, demography) and environmental conditions, such as population density. Moreover, when these emissions are associated with feces, they can convey information about food quality and the associated microbes. Young nymphs are especially dependent on such information because they need to colonize their gut with beneficial microbes and they are more susceptible to abiotic and biotic hazards, such as desiccation and predation. This study tested only a mixture of six VCAs selected by their relative representation in normal and axenically produced feces. Interestingly, the axenically produced feces did not completely lose its attractiveness to first instar nymphs in aggregation bioassays (Fig. 2). Therefore, we cannot exclude the possibilities that some VCAs are produced by the cockroach itself or by nonbacterial gut microbes that were not eliminated by our sterilization procedures. Moreover, other fecal components, such as by-products of nitrogen metabolism, have been suggested as aggregation pheromones (33), and it is possible that ammonia and related compounds convey reliable information about nitrogen availability. Proteins are a limited resource for cockroaches, and this lineage of insects evolved diverse and highly efficient strategies to acquire, preserve, and recycle nitrogen (56). Members of the gut microbiota likely play prominent roles in producing and emitting these cues as well.

To define the function of fecal VCAs and the contribution of the gut microbial community, future work will need to determine whether the six VCAs of Mix-NCSU are necessary and sufficient and in what ratios. Comparative studies of fecal VCAs of cockroach colonies with different gut microbiota will reveal whether fecal odors mediate colony and site recognition and fidelity.

### Materials and Methods

#### Insects

A laboratory strain of *B. germanica* (Orlando Normal, collected in a Florida apartment >60 y ago; American Cyanamid) was reared on water and food pellets (Purina No. 5001 Rodent Diet; PMI Nutrition International) at 27 ± 1 °C, 40–70% relative humidity, and light:dark = 12:12 photoperiod.

Fecal Materials from Control and Axenic Cockroaches. To define the function of fecal VCAs and the contribution of the gut microbial community, future work will need to determine whether the six VCAs of Mix-NCSU are necessary and sufficient and in what ratios. Comparative studies of fecal VCAs of cockroach colonies with different gut microbiota will reveal whether nympha in our study were attracted more to VCAs from their own colony (Mix-NCSU) than to VCAs that had been reported as aggregation agents in another colony (Mix-G). This difference in odor preference suggests that nympha may discriminate familiar from unfamiliar odors, as do members of social insect colonies.

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### Materials and Methods

#### Insects

A laboratory strain of *B. germanica* (Orlando Normal, collected in a Florida apartment >60 y ago; American Cyanamid) was reared on water and food pellets (Purina No. 5001 Rodent Diet; PMI Nutrition International) at 27 ± 1 °C, 40–70% relative humidity, and light:dark = 12:12 photoperiod.
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