

A loss-of-function nonsynonymous polymorphism in the osmoregulatory TRPV4 gene is associated with human hyponatremia

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Disorders of water balance are among the most common and morbid of the electrolyte disturbances, and are reflected clinically as abnormalities in the serum sodium concentration. The transient receptor potential vanilloid 4 (TRPV4) channel is postulated to comprise an element of the central tonicity-sensing mechanism in the mammalian hypothalamus, and is activated by hypotonic stress in vitro. A nonsynonymous polymorphism in the *TRPV4* gene gives rise to a Pro-to-Ser substitution at residue 19. We show that this polymorphism is significantly associated with serum sodium concentration and with hyponatremia (serum sodium concentration ≤ 135 mEq/L) in 2 non-Hispanic Caucasian male populations; in addition, mean serum sodium concentration is lower among subjects with the *TRPV4*^{P19S} allele relative to the wild-type allele. Subjects with the minor allele were 2.4–6.4 times as likely to exhibit hyponatremia as subjects without the minor allele (after inclusion of key covariates). Consistent with these observations, a human *TRPV4* channel mutated to incorporate the *TRPV4*^{P19S} polymorphism showed diminished response to hypotonic stress (relative to the wild-type channel) and to the osmotransducing lipid epoxyeicosatrienoic acid in heterologous expression studies. These data suggest that this polymorphism affects TRPV4 function in vivo and likely influences systemic water balance on a population-wide basis.

association study | osmoregulation | sodium | transient receptor potential | cell volume regulation

Systemic osmolality is among the most tightly regulated of physiological parameters. In humans, aberrant water balance is associated with neurological dysfunction and death. Even subtle changes in systemic osmolality cause reversible defects in coordination and cognition (1, 2). Clinically, water balance is reflected in the serum (or plasma) sodium concentration. Water excess relative to total body sodium content results in hyponatremia, the most prevalent electrolyte abnormality in hospitalized patients (reviewed in refs. 3 and 4).

In mammals, systemic water balance is regulated via the renal water-conserving role of the hormone arginine vasopressin. Release of arginine vasopressin from the posterior pituitary into the circulation is governed by the hypothalamic sensor(s) of systemic osmolality. Ample evidence suggests that the transient receptor potential channel, TRPV4, comprises an element of the central sensor of low osmolality. TRPV4 is the mammalian ortholog of a *C. elegans* osmosensing protein (5, 6). In rodents, the channel is expressed in the osmosensing nuclei of the brain (5), among other sites. In vitro, TRPV4 is activated by hypotonicity (5–7) and by a number of lipid agonists, including phorbol ester derivatives (8); the channel also participates in cell regulatory volume decrease (9, 10). Osmotic and mechanical sensitivity of TRPV4 is ultimately conferred by the arachidonic acid metabolites and epoxyeicosatrienoic

acids (EET), following phospholipase A₂ activation (11–13). Other signaling pathways involving inositol trisphosphate (14, 15), SRC-family tyrosine kinases (16, 17), and sensitization by coapplication of different stimuli (18, 19) also impact the TRPV4 response to osmotic and mechanical stimulation. In vivo, TRPV4 participates in the regulation of arginine vasopressin release in mouse, where targeted deletion of the *TRPV4* gene gives rise to aberrant systemic osmoregulation (20, 21).

Exceedingly rare Mendelian gene defects in the kidney collecting duct-specific water channel (aquaporin-2; *AQP2* gene) and arginine vasopressin receptor-2 (*AVPR2* gene) cause profound water wasting (22, 23) or water retention (24), although without major repercussion at the population level. To date, no human mutation in an osmosensing TRP channel has been shown to impact osmoregulation, and no polymorphisms impacting systemic water balance have been reported for any gene. We hypothesized that a nonsynonymous polymorphism in the human *TRPV4* gene might impact water balance on a population-wide basis.

Results

We tested for an association between serum sodium concentration and a nonsynonymous single nucleotide polymorphism (SNP) in the *TRPV4* gene. This polymorphism, rs3742030, gives rise to a nonconservative amino acid substitution (i.e., Pro-to-Ser) at residue 19; it was the only *TRPV4* nonsynonymous SNP for which minor allele frequency was reported in the International HapMap data set at the time these studies commenced (25). Banked genomic DNA from a panel of healthy elderly subjects (the Healthy Aging cohort) in the National Institutes on Aging-funded Layton Aging and Alzheimer's Disease Center database at Oregon Health and Science University (26) was genotyped for the presence of this allele (see *Methods*). Characteristics of this cohort are presented in Table 1. Among non-Hispanic Caucasian subjects in this cohort ($n = 219$ successful genotypes), the *TRPV4*^{P19S} allele appeared to be over-represented in subjects with the lowest serum sodium concentrations (Fig. 1*A*). A similar phenomenon was observed in the African American subjects from this cohort (Fig. 1*B*; $n = 72$). Of note, the prevalence of the heterozygous state for this allele in Caucasian

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Table 1. Characteristics of the Healthy Aging cohort and of the non-Hispanic Caucasian and African American subjects who were successfully genotyped

	<i>n</i>	Ethnicity	% Male	Age	Serum Na ⁺	Serum glucose
Healthy Aging (total)	465	80.9% Non-Hispanic Cauc. 18.1% African American 0.4% Asian 0.4% Native American 0.2% Hispanic	37.6	80.7 ± 9.1 ^a	138.2 ± 2.7	105 ± 33
Healthy Aging Genotyped non-Hispanic Caucasian	219	100% non-Hispanic Caucasian	37	81.8 ± 9.2 ^a	138.5 ± 3.2	101 ± 23
Healthy Aging Genotyped African American	72	100% African American	24	72.8 ± 6.5	137.7 ± 2.3	118 ± 58

Characteristics of the Healthy Aging cohort and of the successfully genotyped non-Hispanic Caucasian and African American subjects, including number of subjects per group (*n*), self-reported ethnicity, percent of subjects that were male, age (mean ± SD), and laboratory values (mean ± SD). Not all subjects were genotyped, owing to availability of genomic DNA. Subgroups include (i) all successfully genotyped non-Hispanic Caucasian subjects and (ii) all successfully genotyped African American subjects.

^aTwo subjects were excluded from these calculations because a numerical value for age was not reported. Serum creatinine was not determined in this cohort.

subjects (i.e., Utah residents with ancestry from northern and western Europe; CEU) and in the Yoruba in Ibadan, Nigeria (YRI), in the International HapMap Project data set (25) is 0.017 and 0.100, respectively.

Prevalence of hyponatremia (serum sodium concentration ≤135 mEq/L) by genotype and ethnicity is shown in Fig. 1E. Hyponatremia was associated with the TRPV4^{P19S} allele ($P = 0.05$ and 0.01 for the non-Hispanic Caucasian and African American populations, respectively, via Pearson's χ^2 analysis). For each cohort, the mean serum sodium concentration was significantly lower in the TRPV4^{P19S}-positive subjects (by 1.6 and 2.4 mEq/L; $P = 0.05$ and 0.014 for the non-Hispanic Caucasian and African American populations, respectively, by *t* test; Fig. 1F). We sought to further quantify the effect of this allele upon systemic water balance in the larger non-Hispanic Caucasian population using the covariates of age, sex, and serum glucose concentration; glucose exerts an osmotic effect independent of serum sodium concentration (27) and age may be associated with hyponatremia (28). The strength of association between serum sodium concentration (as a continuous variable) and rs3742030 genotype was determined by linear regression using the above covariates. Presence of the rs3742030 minor allele (i.e., the TRPV4^{P19S} allele) was significantly associated with serum sodium concentration for males ($P = 0.0024$) but not for females (P value = 0.40). Prevalence ratio calculations indicated that male subjects with the minor allele were 6.45 times as likely to exhibit hyponatremia as male subjects without the minor allele (95% CI: 1.22–34.25; P value = 0.029) after inclusion of the covariates; for female subjects, the prevalence ratio was 1.76 (95% CI: 0.52–6.0; P value = 0.37; Table 2).

A larger male population was sought for replication of these findings. Banked genomic DNA was obtained from subjects enrolled in the Osteoporotic Fractures in Men Study (MrOS; see *Methods*), a prospective U.S. cohort study of 5,995 community-dwelling men aged 65 years and over (29). Subjects with abnormal kidney function (i.e., serum creatinine > 1.3 mg/dL) and serum glucose ≥150 mg/dL were excluded because renal insufficiency and marked hyperglycemia independently impact serum sodium concentration (27, 30). In addition, the majority of participants in MrOS were non-Hispanic Caucasian; only subjects of this self-reported ethnicity were selected for the replication study. Characteristics of these subjects ($n = 4305$) are shown in Table 3. Serum sodium concentration followed a roughly normal distribution (Fig. 1D). All subjects with the lowest serum sodium concentration (i.e., ≤138 mEq/L, corresponding to the lowest decile, or ≈1.5 SD units below the population mean) and highest serum sodium concentration (i.e., ≥145 mEq/L, approximating the highest decile, or ≈1.5 SD units above the population mean) were genotyped for the TRPV4^{P19S} allele, as was as a random selection of subjects with sodium concentration approximating the sample mean (141–142

mEq/L; see *Methods*). This approach was adopted to ensure maximal representation of the population extremes, vis-à-vis serum sodium concentration; note that not all members of the “low” sodium MrOS group have hyponatremia (i.e., serum sodium concentration ≤135 mEq/L), and our subsequent analysis takes this into account. Characteristics of these subgroups are shown in Table 3. Prevalence of the TRPV4^{P19S} allele expressed as a function of serum sodium concentration is shown in Fig. 1C; prevalence of the TRPV4^{P19S} allele in the “low,” “mean,” and “high” serum sodium concentration groups in this cohort was 6.1% ($n = 444$), 4.2% ($n = 448$), and 3.7% ($n = 408$), respectively (Fig. 1D *Inset*). Mean serum sodium concentration was 0.9 mEq/L lower in subjects with the TRPV4^{P19S} allele (Fig. 1F; $P = 0.04$ via *t* test). Serum sodium concentration was again significantly associated with the TRPV4^{P19S} allele ($P = 0.019$), as determined by linear regression analysis using the covariates of age, serum glucose, serum creatinine, and recruitment center (Table 2). Subjects with the minor allele were 2.43 times as likely to exhibit hyponatremia as subjects without the allele (95% CI: 1.17–5.06; P value = 0.017) after inclusion of the covariates in this exclusively male population (Table 2).

We sought to establish that the aberrant water balance associated with the TRPV4^{P19S} allele was not attributable to another polymorphism in tight linkage disequilibrium. All TRPV4 exons and exon-intron boundaries were resequenced from 10 hyponatremic subjects with the TRPV4^{P19S} minor allele; no other synonymous or otherwise functional polymorphisms were detected. In addition, no polymorphisms in strong linkage disequilibrium with rs3742030 impacting coding or splicing were identified in haplotype analysis (<http://www.hapmap.org/>; International HapMap Project, release 21) (25). Of note, no subjects with 2 copies of the rs3742030 minor (TRPV4^{P19S}) allele were identified in the Healthy Aging or MrOS populations.

In aggregate, these data suggested that the TRPV4^{P19S} allele may be causal for hyponatremia in the study cohorts. We hypothesized that the variant channel would be less responsive to hypotonicity in vitro; decreased sensitivity of a hypotonicity sensor in vivo would be permissive with respect to water excess. Therefore, we set out to functionally evaluate the impact of the TRPV4^{P19S} polymorphism in a heterologous expression system. We first tested the subcellular distribution of TRPV4^{WT} and TRPV4^{P19S} by confocal immunofluorescence microscopy in HEK293 cells transiently transfected with a cDNA coding for full-length wild-type human TRPV4, or with a cDNA mutated to incorporate the TRPV4^{P19S} polymorphism. TRPV4^{WT} and TRPV4^{P19S} showed similar levels of expression and localization to the plasma membrane, as determined via confocal immunofluorescence microscopy ([supporting information \(SI\) Fig. S1](#)) and via cell surface biotinylation experiments ([Fig. S2](#)). No

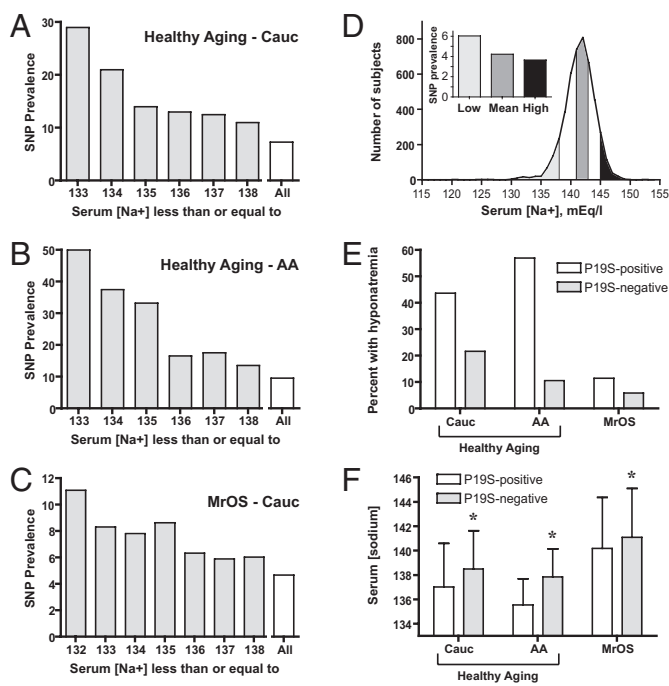


Fig. 1. Presence of the TRPV4^{P19S} allele is associated with hyponatremia. Prevalence of the TRPV4^{P19S} allele among genotyped non-Hispanic Caucasian (Cauc) (A) and African American (AA) (B) subjects in the Healthy Aging cohort from the Layton Center for Aging and Alzheimer’s Disease, and from the genotyped non-Hispanic Caucasian subjects in the Osteoporotic Fractures in Men Study (MrOS) (C), expressed as a function of serum sodium concentration. Depicted is the prevalence of the heterozygous genotype as percent of total number of subjects with serum sodium concentration at or below the indicated level. “All” denotes prevalence for the entire genotyped population. Note the change in y-axis scale in A–C. (D) Distribution of serum sodium concentration (binned as integers) for all Caucasian subjects in the MrOS cohort with creatinine ≤ 1.3 mg/dL and glucose < 150 mg/dL ($n = 4,409$). Prevalence of the TRPV4^{P19S} polymorphism is shown in the inset bar graph, where Low corresponds to $[Na^+] \leq 138$ mEq/L (\approx lowest decile), Mean is $[Na^+] 141$ or 142 mEq/L, and High represents $[Na^+] \geq 145$ mEq/L (\approx highest decile); bars are keyed to the frequency distribution via shading (see *Methods*). (E) Prevalence of hyponatremia, defined as serum sodium concentration ≤ 135 mEq/L, among subjects with one (P19S-positive) or no (P19S-negative) TRPV4^{P19S} alleles in non-Hispanic Caucasian (Cauc; $n = 219$) and African American (AA; $n = 72$) subjects in the Healthy Aging cohort, and in non-Hispanic Caucasian MrOS subjects ($n = 1,300$). (F) Mean serum sodium concentration (\pm SD) in the 3 cohorts, expressed as a function of the presence or absence of one TRPV4^{P19S} allele. Sodium concentration was significantly lower (by 0.9–2.4 mEq/L) in all 3 groups of TRPV4^{P19S}-positive subjects relative to TRPV4^{P19S}-negative subjects; $P = 0.05$, 0.014, and 0.04 via t test for the non-Hispanic Caucasian and African American Healthy Aging subjects and for the non-Hispanic Caucasian MrOS cohort, respectively.

TRPV4 was immunodetectable in HEK293 cells transfected only with GFP (Fig. S3).

Whole-cell cationic currents recorded from HEK293 cells exposed to a mild hypotonic shock (corresponding to a 15% reduction in osmolality) were markedly diminished in the TRPV4^{P19S} transfectants relative to cells transfected with the wild-type TRPV4 (Fig. 2A and B), whereas the response to the synthetic TRPV4 agonist 4 α -phorbol 12,13-didecanoate (4 α PDD) was unaffected by the polymorphism (Fig. 2A and B). Plots of current-voltage relationship obtained at the indicated time points in Fig. 2A and B are shown in Fig. 2C and D, respectively. Whole-cell cationic currents activated by 4 α PDD (in TRPV4^{WT}- and TRPV4^{P19S}-expressing cells) and 15% hypotonicity (in TRPV4^{WT} cells) presented outward rectification similar to that previously described for TRPV4 (6, 8, 31). In aggregated data, mean current density in response to the

mild hypotonic stress was significantly less in the TRPV4^{P19S} variant allele than in wild-type TRPV4 (Fig. 2E). Interestingly, the responses to a more pronounced degree of hypotonicity (corresponding to a 30% reduction in medium osmolality; Fig. 2E) did not differ significantly between the 2 alleles. Exposure to 30% hypotonic solution did not activate significant whole-cell cationic currents in GFP-transfected HEK293 cells (Fig. S4). Importantly, the TRPV4^{P19S} allele exerted a dominant negative effect with respect to the wild-type allele. When cotransfected in a 1:1 ratio (i.e., mimicking a human subject heterozygous for the TRPV4^{P19S} allele of this autosomal gene), the variant allele suppressed the response of the wild-type allele to 15% hypotonicity (Fig. 2E).

TRPV4^{P19S} channels also showed a decreased response to the osmotransducing messenger, epoxyeicosatrienoic acid (156 nM; Fig. 2F and G). These data indicate that the TRPV4^{P19S} allele codes for a variant channel that exhibits reduced responsiveness to mild hypotonic stress (i.e., such as that likely to be encountered in vivo) and to the intracellular lipid messenger, epoxyeicosatrienoic acid, but not to more-pronounced hypotonic stress or to the synthetic agonist 4 α PDD.

Discussion

We find that a nonsynonymous polymorphism in the central sensor of hypotonicity, TRPV4, is associated with hyponatremia (i.e., relative water excess) and with serum sodium concentration in 2 male non-Hispanic Caucasian cohorts. Subjects with the minor allele were 6.45 or 2.43 times as likely to exhibit hyponatremia as subjects without the minor allele (after inclusion of key covariates). Mean serum sodium concentration among subjects with one copy of the minor allele was significantly lower (by 0.9–2.4 mEq/L). No other functional polymorphisms in linkage disequilibrium with rs3742030 were identified. Consistent with these data, the variant allele was associated with loss of channel function in response to modest reductions in osmolality and to the osmotransducing lipid messenger epoxyeicosatrienoic acid, but not to marked hypotonicity or the synthetic agonist 4 α PDD. In addition, insofar as oligomerization is required for TRPV4 channel function (31), our data further suggest a dominant-negative effect of the variant TRPV4^{P19S} allele.

We infer that this nonsynonymous polymorphism is likely to be causal for hyponatremia, potentially via reducing the hypothalamic osmolality set point. It is unclear why such an association would be stronger in male subjects. Little is known about the relationship between sex and water balance. In one study, male sex was associated with mild or moderate hyponatremia at presentation to hospital or during hospitalization (32); however, women may be more susceptible to permanent brain damage in response to acute hyponatremia (33). It is conceivable that sex hormones influence TRPV4 function in vivo, as has been observed for TRPM6 in vitro (34).

Although mammalian osmoregulation is incompletely understood, abundant data point to a role for TRPV4 as a component of the central osmosensing mechanism. TRPV4 was cloned on the basis of its homology with the *C. elegans* neural tonicity-sensing channel OSM-9 (5, 6). TRPV4 is activated by hypotonicity in vitro, and perturbations of even a few mOsmol/kg H₂O were sufficient to achieve this effect (5–7); such exquisite sensitivity closely parallels the in vivo mechanism whereby a change of only a few mOsmol/kg H₂O influences release of arginine vasopressin. In rodents, TRPV4 is expressed in the blood–brain barrier-deficient central osmosensing nuclei (5, 35), and targeted deletion of the TRPV4 gene gives rise to aberrant osmoregulation in murine models (20, 21). In addition, an as-of-yet unidentified splice variant of the closely related TRPV1 channel likely represents the central sensor of hypertonicity (36). In aggregate, these data strongly support a role for TRPV4 in the regulation of systemic water balance.

With respect to the TRPV4 gene, association of a loss-of-function allele specifically with hyponatremia warrants comment. This would

Table 2. Association of serum sodium concentration with presence of the TRPV4^{P19S} allele

Cohort	Covariates	Sex	n	Association, P value	Prevalence ratio for hyponatremia
Healthy Aging	Age, glucose	M	76	0.0024	6.45 (1.22–34.25); <i>P</i> = 0.029
		F	130	0.40	1.76 (0.52–6.0); <i>P</i> = 0.37
MrOS	Age, glucose, creatinine, recruitment center	M	1,300	0.019	2.43 (1.17–5.06); <i>P</i> = 0.017

Strength of association of serum sodium concentration with presence of the TRPV4^{P19S} allele in non-Hispanic Caucasian subjects genotyped in the Healthy Aging and MrOS cohorts, as tested via linear regression analysis on available covariates (shown) and stratified by sex (see *Methods*). For the Healthy Aging cohort, subjects with missing age data (*n* = 2) were excluded from this analysis; in addition, subjects with serum glucose \geq 150 mg/dL (*n* = 11) were excluded to maintain consistency with inclusion criteria for the genotyped MrOS cohort. Prevalence ratios (and 95% confidence intervals) were calculated for the presence of hyponatremia (serum sodium concentration \leq 135 mEq/L) as a function of the presence of the TRPV4^{P19S} allele, and incorporating available covariates. Male subjects with the TRPV4^{P19S} allele in the Healthy Aging and MrOS cohorts were 6.45 and 2.43 times as likely, respectively, to exhibit hyponatremia as were subjects lacking the allele.

be the expected phenotype, based upon the *in vitro* hypotonicity responsiveness of both heterologously expressed (5–7) and natively expressed (37, 38) TRPV4 channels. Reduced sensitivity to systemic hypotonicity would fail to trigger corrective measures (i.e., release of arginine vasopressin). However, TRPV4-null mice exhibit a variable phenotype. Mizuno et al. (20) noted no difference in plasma sodium concentration or in circulating levels of arginine vasopressin in TRPV4^{-/-} mice, relative to their wild-type littermates. Provocative testing with water loading (via gavage) also failed to uncover a defect. Hyperosmotic challenge in this model—via simultaneous water restriction and *i.p.* propylene glycol—resulted in an enhanced arginine vasopressin response (20). Liedtke and Friedman (21) similarly noted no gross difference in plasma osmolality in TRPV4-null mice, compared with wild-type; however, when mice were single housed and fluid deprived, the TRPV4^{-/-} mice exhibited a 5 mOsmol/kg H₂O increment in plasma osmolality (21). Opposite the findings of the Mizuno group, these investigators noted a blunted arginine vasopressin response to osmotic challenge (albeit with a different stimulus, *i.p.* hypertonic NaCl) (21). Importantly, during chronic treatment with exogenous vasopressin analog, the TRPV4^{-/-} mice exhibited a much more robust drinking response and much more dramatic fall in blood osmolality; the net effect was hypotonicity in the TRPV4^{-/-} mice, relative to both their own baseline and that of their wild-type littermates (21). In sum, they drink too little in the absence of unregulated vasopressin and too much in the presence of unregulated vasopressin. Therefore, hypofunctioning of the TRPV4 allele(s) predisposes to hyponatremia in the presence of constitutive vasopressin action. These data, coupled with our own, suggest that presence of the TRPV4^{P19S} allele may synergize with human conditions marked by chronically upregulated vasopressin level or vasopressin effect in promoting hyponatremia.

The molecular mechanism through which the Pro-to-Ser substitution at residue 19 reduces osmoresponsiveness of the human TRPV4 channel is unclear. Because introduction of this serine gives rise to a high-probability context for protein phosphorylation

(NetPhos prediction server; <http://www.cbs.dtu.dk/services/NetPhos/>) (39), it is tempting to speculate that this residue undergoes posttranslational modification only in the variant allele.

In the present cohorts, the presence of hyponatremia was assigned based upon serum sodium concentration; no assessment had been made as to whether subjects were symptomatically hyponatremic at the time their laboratory studies were performed. Although the rate of change in serum sodium concentration may impact the development of symptoms (40), even modest “stable” hyponatremia leads to impaired functioning of the central nervous system (e.g., refs. 1 and 2). Screening for the presence of the TRPV4^{P19S} allele may be justified in human subjects as an index of propensity to aberrant water balance, irrespective of their present serum sodium concentration. Although we have no direct evidence that the presence of this allele synergizes with environmental risk factors in the development of overt hyponatremia, screening may be valuable in subjects predisposed to hyponatremia by virtue of their postoperative state, medication usage, or recreational activities (4). Of note, the greater frequency of this allele among the Yoruba of Nigeria (25) and among African American subjects (present data) may reflect the selective advantage of a modest water excess (i.e., a lower set point for systemic osmolality) in conferring protection from symptomatic water deficit in hot environments in which water access may be unpredictable.

Methods

Genotyping: Healthy Aging Cohort. Banked genomic DNA was obtained from the Healthy Aging cohort of the National Institutes on Aging-funded Layton Aging and Alzheimer’s Disease Center database at Oregon Health and Science University (26). Individuals in this Healthy Aging cohort represented nondemented control subjects for longitudinal studies of the determinants of Alzheimer’s disease and other dementing conditions in the elderly (26). Genomic DNA was subjected to phi29-based whole-genome amplification (REPLI-g kit; QIAGEN). The TRPV4 exon of interest was PCR amplified using primers bracketing the TRPV4^{P19S} polymorphism (rs3742030); the amplicon was then subjected to sequencing with one of the original amplification primers in an automated sequencing platform (Applied Biosystems; Vollum Institute for Advanced Biomed-

Table 3. Characteristics of the MrOS cohort and of the serum sodium concentration subgroups successfully genotyped

	n	% Male	Age	Ethnicity	Serum sodium	Serum creatinine	Serum glucose	BI, %	MN, %	PA, %	PI, %	PO, %	SD, %
MrOS Low Sodium	444	100	74.3 \pm 6.0	non-Hispanic Caucasian	136.6 \pm 2.0	0.95 \pm 0.17	102 \pm 12	10	19	18	12	19	22
MrOS Mean Sodium	448	100	73.5 \pm 5.7	non-Hispanic Caucasian	141.5 \pm 0.5	0.97 \pm 0.15	100 \pm 12	16	18	12	19	18	17
MrOS High Sodium	408	100	73.5 \pm 5.9	non-Hispanic Caucasian	145.6 \pm 1.0	0.97 \pm 0.15	100 \pm 12	25	15	12	23	12	12
All MrOS	4,305	100	73.5 \pm 5.8	non-Hispanic Caucasian	141.4 \pm 2.7	0.97 \pm 0.15	101 \pm 12	16	18	13	19	15	18

Characteristics of the MrOS cohort and of the MrOS Low, Mean, and High serum sodium concentration subgroups, including number of subjects per group (*n*), percent of subjects that were male, age (mean \pm SD), self-reported ethnicity, and laboratory values (mean \pm SD). The last 6 columns indicate percent of subjects from each MrOS recruitment site, where BI, MN, PA, PI, PO, and SD represent the MrOS Birmingham, Minneapolis, Palo Alto, Pittsburgh, Portland, and San Diego recruitment sites, respectively. Subgroups include all successfully genotyped non-Hispanic Caucasian subjects; they were drawn from the “All MrOS” pool based upon serum sodium concentration, as explained in *Methods*. “All MrOS” includes all subjects from the original MrOS cohort (*n* = 5,995) who fulfilled the following criteria: (i) serum sodium, creatinine, and glucose concentrations were determined; (ii) ethnicity was self-reported as non-Hispanic Caucasian; (iii) serum creatinine was \leq 1.3 mg/dL; and (iv) serum glucose was <150 mg/dL.

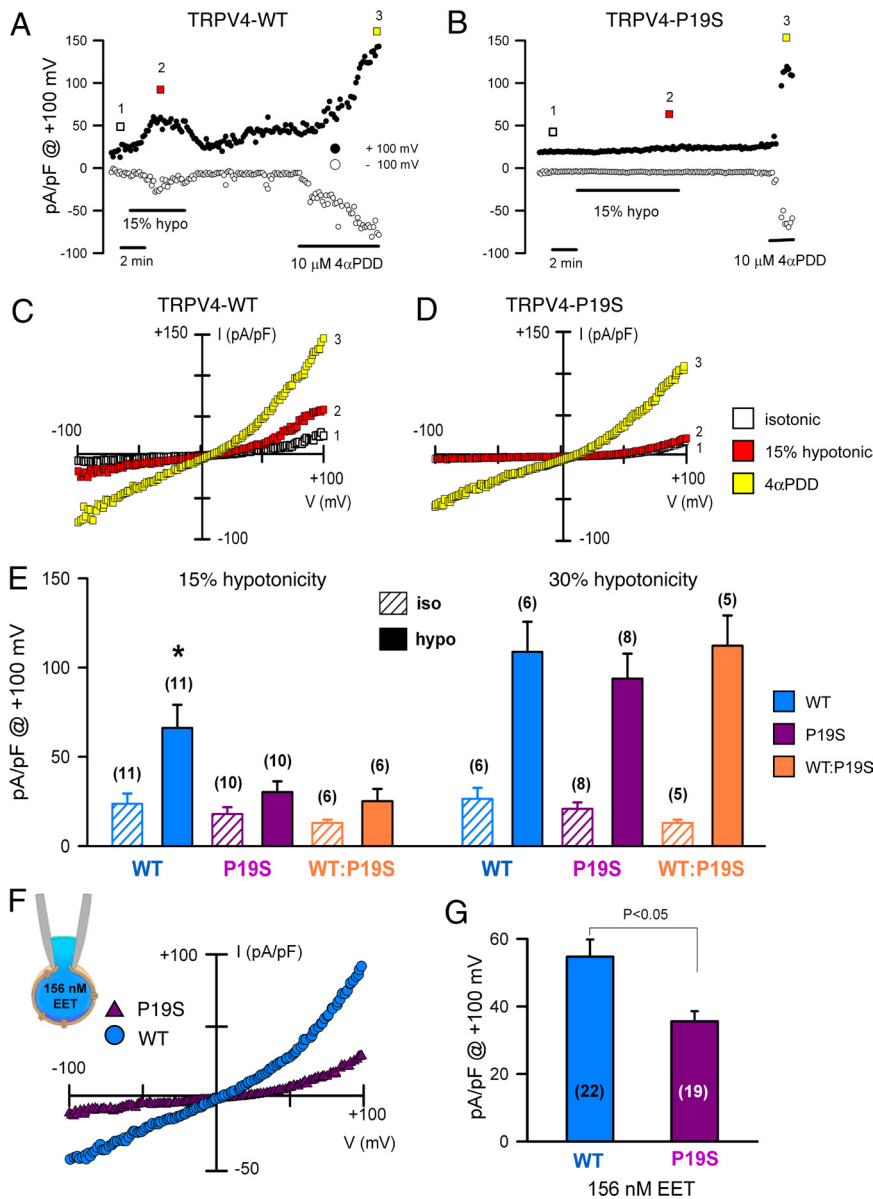


Fig. 2. The TRPV4^{P19S} allele is hypofunctioning in vitro. Time courses for whole-cell currents at -100 mV and $+100$ mV in HEK293 cells transfected with human TRPV4^{WT} (A) and TRPV4^{P19S} (B) exposed to 15% hypotonicity and then 4 α -phorbol 12,13-didecanoate (4 α PDD; $10 \mu\text{M}$). (C and D) Corresponding whole-cell current/voltage relationships recorded at the times indicated by the color-coded boxes in A and B, respectively. (E) Mean current density (expressed as pA/pF at $+100$ mV) of TRPV4^{WT} (WT) and TRPV4^{P19S} (P19S) and of an equimolar ratio of the 2 alleles (WT:P19S) upon exposure to mild (i.e., 15%; *Left*) and more pronounced (i.e., 30%; *Right*) hypotonicity. (F) Representative current/voltage relationship at peak (maximum) currents from TRPV4^{WT} and TRPV4^{P19S} transfectants loaded with 156 nM epoxyeicosatrienoic acid (EET) in the pipette solution, and the mean responses (G). Data are expressed as the mean \pm SEM of the number of experiments shown in brackets. * $P < 0.05$, relative to other transfectants in presence of 15% hypotonicity, via one-way ANOVA and Tukey post hoc.

ical Research). Presence of the TRPV4^{P19S} allele was detected by inspection of electropherograms using FinchTV software (Geospiza). Genomic DNA from a total of 299 subjects was genotyped for the presence of the TRPV4^{P19S} allele. For 8 subjects, genotyping was not successful (i.e., insufficient sample), leaving 291 successful genotypes (219 Caucasian and 72 African American subjects).

Genotyping: Osteoporotic Fractures in Men (MrOS) Study. The Osteoporotic Fractures in Men (MrOS) Study was designed to assess the determinants of fracture in 5,995 healthy community-dwelling U.S. male subjects over 65 years of age (29). Subjects were recruited from 6 centers (see Table 3); details were previously published (41). Banked serum and genomic DNA were obtained by the parent study from 5,532 subjects; all were male. Serum sodium, creatinine, and glucose were measured in all subjects on a single instrument using thawed, previously frozen serum (Clinical Laboratory, Portland VA Medical Center). Subjects with serum creatinine >1.3 were excluded from further analysis because abnormal renal function may lead to impaired water excretion (e.g., ref. 30). Subjects with serum glucose ≥ 150 mg/dL were excluded because the independent osmotic effect of hyperglycemia depresses serum sodium concentration, rendering the measurement less reliable (e.g., ref. 27). Genomic DNA from 1,524 subjects was requested from the parent study, and 1,449 samples were received. These represented subjects in 1 of 3 groups, based upon serum sodium concentration (see Fig. 1D). The “low” sodium concentration group was designed to include all subjects with serum sodium concentration ≤ 138 mEq/L, and the “high”

sodium concentration group included all subjects with sodium ≥ 145 mEq/L. These groups approximated the lowest and highest deciles (or ≈ 1.5 SD units) of the MrOS population, in terms of serum sodium concentration. The population mean for serum sodium concentration in nonexcluded non-Hispanic Caucasian MrOS subjects (Table 3) was 141.4 mEq/L; for the “mean” group, we genotyped every third subject when subjects with serum sodium concentration of 141 and 142 mEq/L were ordered by serum sodium concentration, and then by coded alphanumeric identifier (sodium concentrations were “binned” as integers at the time of reporting by the clinical laboratory). Banked genomic DNA was subjected to phi29-based whole-genome amplification and genotyped for the presence of the TRPV4^{P19S} allele in a blinded fashion using a custom-designed real-time PCR-based assay directed against SNP rs3742030 (Applied Biosystems). Of 1,449 samples obtained from the parent study, 26 samples could not be genotyped (i.e., insufficient quantity of DNA). The successfully genotyped non-Hispanic Caucasian subjects ($n = 1,304$) were used for replication.

For both Healthy Aging and MrOS, All genotyping studies using human DNA were approved by the Institutional Review Board of the Portland VA Medical Center, or were deemed exempt by this body under Code of Federal Regulations, Title 45—Public Welfare, Department of Health and Human Services; Part 46—Protection of Human Subjects; Paragraph 46.101(b)(4)—i.e., Exemption 4.

Statistical Analysis. Unadjusted association between one copy of the variant allele and the presence of hyponatremia was determined via χ^2 contingency table

analysis with the Fisher exact probability test (see figure legends). In the case of the MrOS cohort, the Yates correction for small cell number was applied because of the large size of the population. Comparison between mean serum sodium concentration in the presence and absence of the TRPV4^{P195} allele was performed via two-tailed *t* test for the Healthy Aging populations (non-Hispanic Caucasian and African American), and via one-tailed *t* test for the confirmatory MrOS population. Hyponatremia was defined as serum sodium concentration ≤ 135 mEq/L. Prevalence ratios were calculated in SAS using all covariates (see below) using a binomial distribution with a log link function for the MrOS cohort, and a Poisson distribution with a log link function for the Healthy Aging cohort (where there was a lack of converge with the Poisson distribution).

For linear regression analysis to test the association between serum sodium concentration as a continuous variable and rs3742030 genotype in the non-Hispanic Caucasian Healthy Aging cohort, the data set was filtered to eliminate genotyped subjects with glucose ≥ 150 mg/dL ($n = 11$) to preserve consistency with the tested MrOS samples (where subjects with serum glucose ≥ 150 mg/dL were excluded). In addition, 2 subjects were missing data on age; therefore, the final numbers for analysis were 76 males and 130 females. Covariates for linear regression included sex, age, and serum glucose concentration; the latter 2 may impact serum sodium concentration (27, 28). Note that there was no serum creatinine determination for this data set. For female subjects, age and glucose concentration were significantly associated with serum sodium concentration ($P < 0.0001$ and $P = 0.006$, respectively); for male subjects, age was associated with serum sodium concentration ($P = 0.0045$).

In the non-Hispanic Caucasian subset of the MrOS cohort, the unadjusted association between hyponatremia (sodium ≤ 135 mEq/L) and the low, mean, and high sodium groups did not reach statistical significance ($P = 0.22$, Pearson's χ^2 test). For linear regression analysis in this cohort, no subjects with serum glucose ≥ 150 mg/dL were genotyped, and hence none required exclusion from the final analysis. Covariates for linear regression included age, serum glucose concentration, serum creatinine concentration, and recruitment center. Age and creatinine level were significantly associated with hyponatremia (P value = 0.026 and < 0.0001 , respectively). One recruitment center (B, Birmingham) was associated

with hyponatremia ($P = 0.022$), whereas glucose concentration and other recruitment centers were not significantly associated with hyponatremia.

No adjustment was made for multiple comparisons because rs3742030 was the only polymorphism genotyped in these populations. Of note, no subjects homozygous for the TRPV4^{P195} allele were identified in any study population, although only approximately 3 would be expected by Hardy-Weinberg equilibrium using the allelic frequency in the largest population (MrOS).

Cell Transfection, Immunodetection, and Electrophysiological Recordings. Human TRPV4 cDNA was amplified from human kidney mRNA, cloned (with its native stop codon intact) into the mammalian expression vector pcDNA3.1/V5-His-TOPO, and confirmed by complete sequencing. The TRPV4^{P195} polymorphism was introduced via site-directed mutagenesis (QuikChange; Stratagene), and the entire cDNA was confirmed by sequencing. Cationic currents were registered using the patch-clamp technique in whole-cell configuration. Full details are provided in *SI Methods*.

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