

Estrogen receptor α polymorphism in a species with alternative behavioral phenotypes

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The evolution of behavior relies on changes at the level of the genome; yet the ability to attribute a behavioral change to a specific, naturally occurring genetic change is rare in vertebrates. In the white-throated sparrow (*Zonotrichia albicollis*), a chromosomal polymorphism (ZAL2/2^m) is known to segregate with a behavioral phenotype. Individuals with the ZAL2^m haplotype engage in more territorial aggression and less parental behavior than individuals without it. These behaviors are thought to be mediated by sensitivity to sex steroids, and the chromosomal rearrangement underlying the polymorphism has captured a prime candidate gene: estrogen receptor 1 (*ESR1*), which encodes estrogen receptor α (ER α). We therefore hypothesized that the behavioral effects of the ZAL2^m rearrangement are mediated by polymorphism in *ESR1*. We report here that (i) the *ESR1* promoter region contains fixed polymorphisms distinguishing the ZAL2^m and ZAL2 alleles; (ii) those polymorphisms regulate transcription efficiency in vitro and therefore potentially do the same in vivo (iii); the local expression of ER α in the brain depends strongly on genotype in a free-living population; and (iv) ER α expression in the medial amygdala and medial preoptic area may fully mediate the effects of genotype on territorial aggression and parenting, respectively. Thus, our study provides a rare glimpse of how a chromosomal polymorphism has affected the brain and social behavior in a vertebrate. Our results suggest that in this species, differentiation of *ESR1* has played a causal role in the evolution of phenotypes with alternative life-history strategies.

estradiol | testosterone | morph | reproductive tactics

Because the genetic basis of social behavior is complex and involves many genes throughout the genome, it has been difficult to link behavior with specific genes—particularly in vertebrates. The white-throated sparrow (*Zonotrichia albicollis*), a common North American songbird, represents a unique model for connecting genetic sequence with behavior (1). This species occurs in two plumage morphs (Fig. 1) that segregate absolutely with a rearranged chromosome 2 called ZAL2^m (2). ZAL2^m consists of at least two pericentric inversions (3) and is present in all white-striped (WS) individuals but never in tan-striped (TS) individuals. The rearrangement occurs equally in males and females, and almost all breeding pairs consist of one individual with and one without it (4). This disassortative mating system is the mechanism by which balancing selection acts to maintain ZAL2/2^m in the population, and consequently, homozygosity for ZAL2^m is rare (4, 5). Recombination between ZAL2 and ZAL2^m is profoundly suppressed (3), and this genetic isolation has resulted in the differentiation of alternative chromosome types (6).

Genetic differentiation of ZAL2/2^m is associated with a behavioral phenotype (1, 4); WS males engage in more territorial aggression and mate-finding than do TS males. In contrast, TS males show more nestling provisioning and mate guarding. In songbirds, territorial and parental behaviors typically depend on sex steroids; during the breeding season, WS birds have higher plasma testosterone (T) than do their same-sex TS counterparts

(7, 8). Morph differences in behavior cannot be entirely explained by these hormones, however, because the differences persist even when plasma levels are experimentally equalized (9). Individual variation in steroid-dependent behavior may be better explained by neural sensitivity to the hormones, for example by variation in the distribution and abundance of steroid receptors (10, 11).

The gene encoding estrogen receptor α (ER α), estrogen receptor 1 (*ESR1*), has been captured by the ZAL2^m rearrangement (3) and has therefore likely differentiated between the haplotypes. We hypothesized that this differentiation has affected cis-acting regulation of ER α expression, which could explain morph differences in behavior in this species. To test this hypothesis we first identified fixed polymorphisms in the *ESR1* allele and tested whether they affect transcription efficiency in vitro. We next compared the level of ER α expression between the morphs in vivo and tested whether that expression predicts territorial song or provisioning of nestlings. We found that polymorphisms in the ZAL2/2^m *ESR1* promoter have the potential to affect expression of ER α mRNA. Further, in a free-living population, ER α expression depends strongly on morph yet predicts both song and parental behavior independently of morph. Thus, our results illustrate a detailed chain of events linking a chromosomal rearrangement to changes in overt social behavior.

Results

Differentiation Between ZAL2 and ZAL2^m Has Led to Cis-Acting Polymorphisms. To investigate whether fixed polymorphisms between the ZAL2 and ZAL2^m haplotypes could affect *ESR1*

Significance

In this series of studies, we provide a rare illustration of how a chromosomal polymorphism has affected overt social behavior in a vertebrate. White-throated sparrows occur in two alternative phenotypes, or morphs, distinguished by a chromosomal rearrangement. That the morphs differ in territorial and parental behavior has been known for decades, but how the rearrangement affects behavior is not understood. Here we show that genetic differentiation between the morphs affects the transcription of a gene well known to be involved in social behavior. We then show that in a free-living population, the neural expression of this gene predicts both territorial and parental behavior. We hypothesize that this mechanism has played a causal role in the evolution of alternative life-history strategies.

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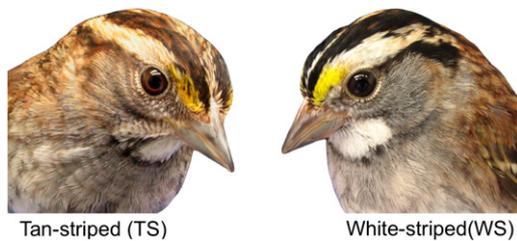


Fig. 1. Plumage polymorphism in white-throated sparrows. Birds of the TS morph (Left) have alternating brown and tan stripes on the crown, whereas WS birds (Right) have black and white stripes.

expression, we compared predicted transcription factor binding to the *ESR1* promoter between the haplotypes. TFSEARCH, a software program that locates potential transcription factor binding sites (12), predicted the binding of several transcription factors known to regulate ER expression, such as GATA-3 (13) and Oct-1 (14). Notably, differences between the ZAL2 and ZAL2^m *ESR1* promoter sequences cause variation in predicted transcription factor binding to these elements (Fig. 2A). Predicted binding sites for HSF1 and retinoid related orphan receptor α are present in the ZAL2 *ESR1* promoter but are eliminated by SNPs within the ZAL2^m promoter. Conversely, several sites are predicted exclusively within the ZAL2^m *ESR1* promoter, most of which were gained within a region corresponding to the DNase hypersensitive region of the mammalian *ESR1* promoter (Fig. 2A). At least one of these transcription factors, PBX1, is thought to affect ER expression (15), indicating that differentiation of the *ESR1* promoter sequences may drive differences in ER α expression.

Cis-Acting Polymorphisms Have the Potential to Regulate ER α Gene Expression. To assess whether the cis-acting polymorphisms we identified have the potential to modify ER α gene expression, we prepared constructs with the *ESR1* promoter sequence from the ZAL2 or ZAL2^m haplotypes upstream of firefly luciferase, and transfected them into HeLa cells (*SI Materials and Methods*). The constructs with the ZAL2^m allele produced ~50% more luciferase activity than the construct with the ZAL2 allele [$F_{(1,191)} = 7.505$; $P = 0.007$; Fig. 2B]. Experiments were run at four different concentrations of the construct, but the concentration had no effect, nor did it interact with the main effect of construct. Overall, this assay demonstrated that the differences in promoter sequence between the ZAL2 and ZAL2^m alleles of *ESR1* have the potential to modify gene expression in vivo.

Many of the brain regions containing ER α mRNA are rich in aromatase (16), which converts T to estradiol (E2). We therefore tested whether the local E2 concentration alters ER α promoter efficiency and, if so, whether that change depends on haplotype. In a second series of experiments, although we replicated the effect of construct [$F_{(1,143)} = 4.033$; $P = 0.047$], adding E2 to the cells had no effect [$F_{(1,143)} = 0.311$; $P = 0.578$; Fig. 2C]. Further, the effect of construct did not depend on the presence or absence of E2 [$F_{(1,191)} = 0.006$; $P = 0.941$]. Thus, we found no evidence that E2 regulates its own receptor via the cis-acting elements in the promoter region we analyzed, or that such regulation depends on haplotype. E2 may nonetheless regulate ER α expression via other mechanisms, such as alternative promoters or transcription factors not present in our preparation, which themselves may be expressed in a morph-dependent way.

As is the case for most mRNAs, the transcription of ER α mRNA depends on many factors both cis- and transacting. The ZAL2^m rearrangement is likely to have captured elements that may interact with *ESR1* and differentially regulate transcription, none of which were available in our in vitro preparation. Thus, we cannot draw conclusions about the direction of the effect or the details of in vivo regulation, only that the promoter sequence

we analyzed contains enough variation to affect transcription even without those elements.

ER α Gene Expression Depends on Morph in a Free-Living Population. The results above demonstrate that under in vitro conditions, ER α mRNA expression is regulated in an allele-specific way. To test for such regulation in vivo, we quantified ER α mRNA expression in the brains of 79 free-living, behaviorally characterized white-throated sparrows during the breeding season near Argyle, Maine. We focused our analysis on nine distinct brain regions, several of which make up an E2-sensitive social behavior network (17, 18). To control for type I error due to multiple tests, we first conducted an omnibus multiple analysis of covariance (MANCOVA) on all of the ER α values for each sex. These tests showed a significant effect of morph [males: $F_{(9, 28)} = 24.914$; $P < 0.001$; females: $F_{(9, 17)} = 14.835$; $P < 0.001$], even when plasma concentrations of T and E2 were controlled as covariates. There was no effect of in situ hybridization (ISH) run, plasma T, or plasma E2 on ER α mRNA expression in either sex, nor were there any interactions between ISH run and morph.

Because the overall MANCOVAs showed significant effects of morph, we then conducted univariate ANCOVAs on the ER α values for each region of interest in each sex. The results are plotted in Fig. 3. In both sexes, ER α mRNA was expressed in the medial amygdala (MeA) at much higher levels in WS than TS birds. ER α mRNA expression was higher in WS birds also in the paraventricular nucleus (PVN) in both sexes, and in HVC of males. In contrast with those regions, ER α expression was higher in TS than WS birds in the ventromedial hypothalamus, medial bed nucleus of the stria terminalis (BSTm), and the ventrolateral portion of the caudal lateral septum (LSc.vl). The effect was particularly striking in LSc.vl, a region in which Fos and Egr-1 expression is negatively correlated with territorial aggression in

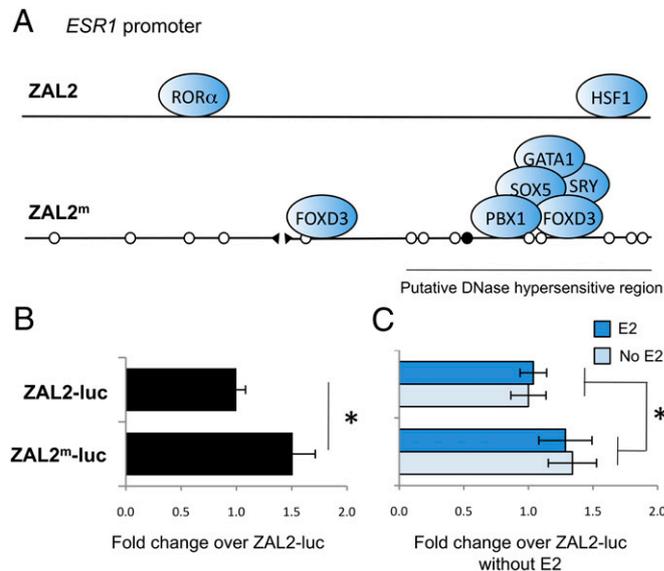


Fig. 2. Differentiation of the *ESR1* promoter sequence has led to changes in transcription efficiency. (A) Predicted loss or gain of transcription factor binding sites. SNPs are indicated by white circles, insertions by black circles, and deletions by gaps, compared with the ZAL2 haplotype. The sequence alteration that potentially confers binding of PBX1 and several other transcription factors is located within a region corresponding to the mammalian DNase hypersensitive region of the *ESR1* promoter, indicating that these changes have likely occurred within an active region for transcription factor binding. (B) In HeLa cells, the ZAL2^m construct inserted upstream of luciferase (luc) resulted in significantly more expression compared with the ZAL2 construct ($P = 0.007$). (C) E2 added to the cell culture (1 μ M) did not alter transcription efficiency for either construct (E2 \times construct interaction, $P = 0.941$).

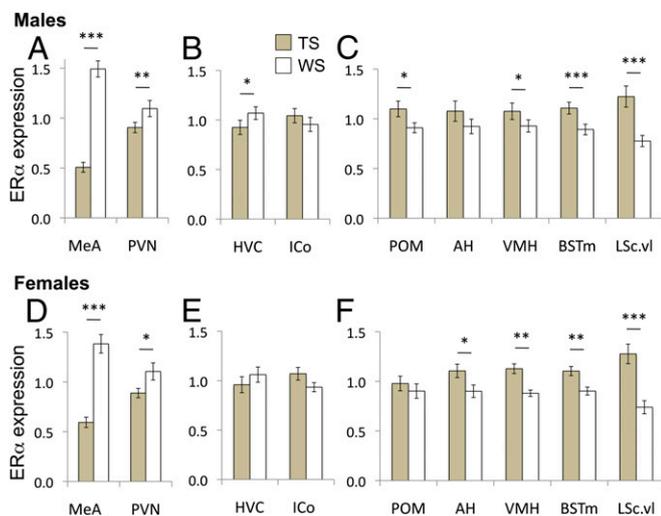


Fig. 3. Morph differences in ER α mRNA expression in the brains of male (A–C) and female (D–F) white-throated sparrows. Values for each region were normalized to the series mean, and means and SEMs for the normalized values are plotted. Relative ER α expression was higher in WS than TS birds in MeA and PVN in both sexes (A and D) and in HVC in males (B). In the hypothalamus, BSTm, and LSc.vl, however, ER α expression was higher in TS than WS birds (C and F). AH, anterior hypothalamus; HVC, used as a proper name; ICo, intercollicular nucleus; VMH, ventromedial hypothalamus. * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$. $n = 46$ males (23 WS, 23 TS), 33 females (17 WS, 16 TS). These samples included all of the behaviorally characterized birds in the study (peak territorial and parental), plus three birds (two WS males and one TS female) for whom no reliable behavioral data were collected.

song sparrows (*Melospiza melodia*) and in which we previously demonstrated a morph difference in both vasotocin and vasoactive intestinal peptide innervation (reviewed in ref. 19). There were morph differences in the same direction in both the medial preoptic area (POM) and the anterior hypothalamus, but these were significant only in the males and the females, respectively.

Overall, in most of the hypothalamic and dorsal diencephalic regions, ER α expression was significantly higher in the TS than in the WS birds. These results suggest that in these regions, ER α mRNA expression may be under similar transcriptional control. In contrast, WS birds had higher levels than TS in MeA, PVN and, in males, HVC, suggesting that the local environment interacts with the cis-acting mechanisms we have identified (Fig. 2) to regulate transcription of this gene in a region-dependent way. The pattern of morph differences was remarkably similar in both sexes, with no meaningful variation between males and females. The transcriptional mechanisms that mediate morph differences in ER α expression therefore do not seem to vary according to sex.

ER α Gene Expression Predicts Territorial Song and Parental Behavior.

We next asked whether ER α expression could explain morph differences in behavior. Our model is shown in Fig. 4. Using mediation analysis with bootstrapping (20, 21), we tested whether the predictive power of the indirect effect of morph on behavior via ER α expression (*ab* path) was greater than that of the direct path (not via ER α expression, *c'* path). Males showed robust morph differences in singing induced by simulated territorial intrusion [STI; $t_{(21)} = 2.479$; $P = 0.022$] and nestling provisioning [$t_{(10)} = 2.319$; $P = 0.043$; *SI Materials and Methods*]. Thus, the *c* path, which is the relationship between morph and behavior, was satisfied for both behaviors in males. In females the *c* path was satisfied for singing [$t_{(8)} = 2.501$; $P = 0.037$]. As in previous studies (22), however, we did not detect a morph difference in female provisioning rate [$t_{(18)} = 0.616$; $P = 0.546$]. Thus, the *c* path was satisfied in females only for song.

To reduce the number of regions in which we tested for mediation effects, and thus minimize type I error, we performed the analysis only for regions for which the *a* and *b* paths were satisfied when controlling for multiple tests (*SI Materials and Methods* and *Table S1*). The results are described below and in Table 1. The independent contributions to behavior made by plasma T, morph, and ER α expression in the regions we considered are plotted in Fig. 5.

Male song. In males, ER α expression was related to both morph and song (*ab* paths) only in MeA and PVN (Fig. 3A and *Table S1*). Mediation analysis (Table 1) confirmed that paths *a* and *b* were significant and that the *c'* path (direct effect of morph not mediated by ER α expression) was not. The confidence intervals (CIs) did not span zero for either region. This result shows that ER α expression in MeA or PVN are possible mediators of the effect of morph on singing behavior. Further, neither plasma T nor E2 could be mediators: in both cases, the *a* and *b* paths for both hormones were nonsignificant, and all CIs spanned zero. Overall, our results suggest that morph differences in the vocal response to STI can be explained by variation in ER α expression in MeA and PVN, and that plasma sex steroids do not explain vocal responses.

Examination of the individual contributions of ER α expression, plasma T, E2, and morph to variation in male singing behavior (Fig. 5B–D and F–H) revealed that when the sex steroids and morph were held constant, there was still a significant correlation between song and ER α expression in both MeA and PVN. Finally, when ER α expression and sex steroids were controlled, the morph difference in singing behavior disappeared. These results confirm our findings in the mediation analysis, suggesting that variation in ER α expression in MeA and PVN, not plasma sex steroids, can completely explain morph differences in singing behavior.

Female song. Females do not respond as vigorously to STI and are more difficult to capture; thus our sample size was smaller for females than for males. We were unable to detect significant correlations between singing and ER α expression in any region of interest after correcting for multiple comparisons (*Table S1*). There were trends, however, for singing to correlate positively with ER α expression in PVN and MeA, suggesting that the mechanisms underlying morph differences in territorial vocal responses may be similar in both sexes.

Provisioning in males. The indirect paths for provisioning trips were satisfied by ER α expression in POM only (Fig. 3A and *Table S1*). The *a* and *b* paths were significant for POM, and the significant effect of morph on trips was eliminated when the mediation effect of ER α expression in POM was considered (compare *c* and *c'* in Table 1). The CI for POM did not span zero, suggesting that ER α expression acts as a true mediator. As was the case for the song analysis above, neither plasma T nor E2 showed significant *a* or *b* paths, and the CIs spanned zero in all cases. These results indicated that ER α expression in POM is a possible mediator of the morph difference in nestling provisioning trips and that sex steroids are not potential mediators.

Examination of the individual contributions of ER α expression, plasma T, E2, and morph to variation in male provisioning behavior (Fig. 5J–L) revealed that when plasma sex steroids and morph were held constant, a significant correlation remained between ER α expression in POM and provisioning trips. When ER α expression in POM was controlled, the morph difference in provisioning behavior disappeared. These results confirm our findings in the mediation analysis, suggesting that variation in ER α expression in POM, and not plasma sex steroids, can completely explain morph differences in parental behavior. Although our sample sizes were small, the relationship between ER α expression in POM and provisioning trips was quite strong. This relationship should be explored in future studies.

Alternative Promoter Use Does Not Vary by Haplotype. To determine whether ER α mRNA is processed differently in the two morphs, we looked for evidence of alternative splice isoforms from each

Table 1. Results of mediation analysis

| Variable | | a | | b | | c | | c' | | CI | df |
|----------|-----|-------------|--------|-------------|-------|-------------|-------|-------------|-------|----------------|----|
| | | Coefficient | P | Coefficient | P | Coefficient | P | Coefficient | P | | |
| Song | MeA | 4.351 | <0.001 | 5.630 | 0.017 | 10.417 | 0.022 | -14.639 | 0.156 | 2.389, 45.956 | 22 |
| | PVN | 6.282 | 0.049 | 0.666 | 0.041 | 10.417 | 0.022 | 4.92 | 0.304 | 0.691, 12.117 | 22 |
| Trips | POM | -16.680 | 0.037 | 0.093 | 0.003 | -1.741 | 0.042 | 0.023 | 0.973 | -3.503, -0.510 | 11 |

The effect of morph on singing in response to STI (c path, Fig. 4) was reduced and no longer significant (c' path) when the ab path including ER α expression in the MeA or the PVN, which were both significant, was considered. Similarly, the effect of morph on provisioning trips was reduced and no longer significant when the ab path including ER α expression in the POM was considered. These results are consistent with the hypothesis that ER α expression in MeA, PVN, and POM fully mediates morph differences in behavior.

haplotype. Two alternative first exons were noted (Fig. S1), but they were each transcribed from both haplotypes (SI Results).

The ZAL2 and ZAL2^m ER α Alleles Encode Alternative Protein Isoforms.

We observed two fixed differences driving a Val73Ile and Ala552Thr polymorphism in ZAL2^m allele of the ER α protein (Fig. S2). On the basis of their locations and the ability of ER α to tolerate heterogeneity at these sites, we do not expect either polymorphism to impact ligand binding or interaction with transcriptional coactivators (SI Results).

Discussion

In this series of studies, we have assembled a vertically integrated model of how a change in genetic sequence has affected overt social behavior in a vertebrate. In white-throated sparrows, because of a lack of recombination between ZAL2 and ZAL2^m (3), fixed polymorphisms have accumulated and driven the evolution of alternative phenotypes that differ in plumage (Fig. 1), territorial behavior, and parental behavior. Here we showed that the promoter sequence of *ESR1*, which encodes ER α , has been altered by the rearrangement (Fig. 2A). We then showed that this differentiation affects transcription efficiency in vitro (Fig. 2B) and therefore could do so in vivo. We demonstrated further that in a free-living population, the neural expression of ER α mRNA differs between individuals with and without the rearrangement (Fig. 3). Finally, we showed that in the brain regions MeA and PVN, both of which are associated with aggression in birds (19, 23–25), ER α expression predicts territorial singing. Similarly, nestling provisioning is predicted by ER α expression in POM, a region associated with avian parental behavior (26). In both cases, ER α expression predicts behavior even when genotype is controlled (Fig. 5), and genotype has no further predictive value for behavior when ER α expression in these regions is controlled (Fig. 5 and Table 1). These results are consistent with the hypothesis that differentiation of *ESR1* has played a causal role in the evolution of phenotypes with alternative life-history strategies.

WS birds invest more in mating effort, whereas TS birds invest more in parental effort. This life-history tradeoff is believed to be mediated in part by T, which increases singing and mate-finding and decreases parental behavior in many seasonally breeding sparrows (27–30). In free-living populations of white-throated sparrows, plasma T levels are higher in WS birds (7, 8), which have the ZAL2^m rearrangement, than in TS birds, which do not (2, 31). Therefore, we might expect morph differences in social behavior to be driven by T alone. Exogenous administration of sex steroids, however, stimulates more singing in WS than TS birds of both sexes, despite producing identical plasma levels (9). This result strongly suggests that sensitivity to plasma steroid manipulations differs between the morphs. Other authors have suggested that steroid-sensitive behaviors are often better correlated with steroid receptors than with plasma steroid levels (10, 11, 32–34). In dark-eyed juncos (*Junco hyemalis*), a relative of white-throated sparrows, aggressive responses to STI were positively correlated with ER α mRNA expression in the ventral telencephalon, which contains MeA, and negatively correlated with it in the hypothalamus (11). It is thus interesting that in our

study, the more aggressive morph showed higher ER α expression in MeA but lower expression in most of the hypothalamic regions we looked at (Fig. 3). We did not find simple correlations between territorial singing and ER α expression in regions other than MeA and PVN, but we suspect that any such relationship may be masked by the strong effect of genotype on expression.

By far the most striking morph difference in ER α expression occurs in MeA (Fig. 3A and D). In both sexes, expression levels in this region were nonoverlapping between the morphs; in other words, individuals could be assigned to a morph simply by the level of ER α expression in MeA. Moreover, expression was related to territorial behavior even within morph (Fig. 5B). MeA is a gateway for sensory information to enter the social behavior network; in rodents it receives massive projections from the olfactory bulb and is critical for initiating social responses to pheromonal signals (35). In birds, MeA receives projections from both the auditory system and the song system (36), thus serving as an important hub for the integration of communication signals and the social behavior network. MeA lesions disrupt behavioral responses to social signals in ring doves and Japanese quail (37, 38) and inhibit male-directed song in zebra finches (25), suggesting an important role in the processing of social stimuli.

We are not the first to suggest a role for ER α expression in the MeA in the evolution of life-history tradeoffs. Cushing et al. (32) worked with two populations of prairie voles (*Microtus ochrogaster*), one from a monogamous, biparental Illinois population and another from a Kansas population with less male parental care and more promiscuity. Compared with the Illinois males, the Kansas males had higher levels of ER α mRNA expression in MeA. Importantly, experimental overexpression of ER α in MeA profoundly inhibited paternal behavior and increased interest in novel females (38). Together with these and other studies in rodents (e.g., ref. 39), our results suggest that ER α in MeA may underlie the evolution of a suite of complex correlated traits that constitute a “personality” (40) or “behavioral syndrome” (41) that maximizes territoriality and mate-seeking while minimizing prosocial behaviors, such as monogamy and parenting. Direct

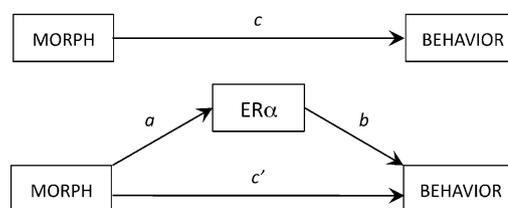


Fig. 4. Hypothesized model in which ER α expression mediates the effect of morph on behavior. To demonstrate that the relationship between morph and behavior (c path; Upper) may be mediated by ER α expression, we aimed to show a significant relationship between morph and ER α expression (a path) and between ER α expression and behavior (b path). Mediation analysis with bootstrapping (20, 21) was then used to test whether the inclusion of ER α expression reduces or eliminates the direct relationship between morph and behavior (c' path).

protocol (48). Tissue from each sex and behavioral study was run separately. After hybridization, autoradiographic film was placed against the slides, exposed for 3 d protected from light, developed, and scanned at 2,400 dpi on a digital scanner. Using ImageJ (National Institutes of Health), the gray value of the ER α mRNA signal was obtained in each region of interest in two to four consecutive sections, which in this series were 140 μ m apart. Background measurements were taken in nearby regions containing no obvious signal, and the difference between the signal and the background was used in the analysis. To test for effects of morph, we first entered the corrected gray values for each region of interest in all birds into a single MANCOVA for each sex, with morph and ISH run as between-subjects variables and plasma T and E2 as covariates. We found highly significant effects of morph for both sexes (Results) and no interactions between ISH run and morph. These tests were thus followed by univariate tests for effects of morph on ER α expression within each region of interest.

To test whether ER α expression may mediate the effects of morph on behavior, we performed mediation analysis with bootstrapping and bias-corrected confidence estimates (20, 21). This analysis was performed for the regions for which there was a significant effect of morph on ER α expression

and a correlation between that expression and behavior (two regions for the peak territorial males and one for the parental males). In each model we included plasma T and plasma E2 as possible alternative mediators. We obtained 95% CIs for each indirect effect with 5,000 bootstrap samples.

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